

RESOURCES

And supports for families.....



...in Ketchikan, Alaska

RESOURCES AND SUPPORTS FOR FAMILIES IN KETCHIKAN

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Updated October 2013

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Section I - Supports for All Families

Alcoholics Anonymous

907-225-5154

PO Box 9275, Ketchikan, AK 99901

Alcoholics Anonymous is for support for recovery from alcoholism. Daily meetings are held at 1736 Tongass Ave. at 8pm, Sunday mornings at 10am, and Monday, Wednesday and Thursday evenings at 5:30. The second and last Friday of the month will be a potluck speaker meeting at 7:30pm. There are also meetings Monday through Saturday at 503 Mission St. at 12:00pm. Meeting schedules are available at those locations.

Al-Anon

907-821-0740

Courage to Change AFG

Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope with one another, in order to solve their common problems and help others do the same.

Meets on Wednesdays at 6:00 pm at the Presbyterian Church, 2711 2nd Avenue.
Ketchikan, AK 99901

Child Support Services Division

Anchorage

907-269-6900 or 800-478-3300

Fax. 907-787-3220

Web site: www.csed.state.ak.us

550 W. Seventh Ave. Suite 310

Anchorage, AK 99501

Hours: 7:00-5:15 M-F

Payments can be sent to:

Child Support Services Division (CSSD)

P.O. Box 100380

Anchorage, AK 99510-0380

KIDSLINE: (907)269-6900 or 800-478-3300

TTY/TDD hearing/speech impaired: (907)269-6894 or 800-370-6894

Southeast Regional Office, Juneau

907-465-5887 Fax. 907-465-5190

Hours: By appointment 8:30-5:00

open to public 9:00-1:00pm, M-F

240 Main St., 1st floor

Juneau, AK 99801-0402

Information on all aspects of child support including calculation of payments, establishing paternity, enforcement procedures, out of state and foster custody issues, medical insurance, alimony and spousal support, and wage withholding. Help in determining and enforcing payment of child support.

Child Care Facilities – Licensed

<p>AVG Day Care (licensed home) Girlie Mendoza 1075 Jackson Street, Ketchikan, AK 99901 Phone: 907-617-6221</p>	<p>Clover Pass Christian Preschool & Daycare (licensed center) Trisha Lanham 105 North Point Higgins Road, Ketchikan, AK 99901 Phone: 907-247-2350</p>
<p>First City Kid Care (licensed center) Kimberly Stacy 320 Bawden St., Suite 115, Ketchikan, AK 99901 Phone: 907-247-4386</p>	<p>Gerber, Rebecca (approved provider) Rebecca Gerber 3420 Denali Ave, Ketchikan, AK 99901 Phone: 907-220-0800</p>
<p>Jody’s Daycare (licensed group home) Jody Nall 318 Alder St. Ketchikan, AK 99901 Phone: 907-254-4697</p>	<p>Little Village Learning Center (licensed center) Tory Shultz 615 Stedman St. Upper Floor, Ketchikan, AK 99901 Phone: 907-225-5852</p>
<p>Liz’s Daycare (licensed group home) Jessie (Liz) Hook 488 N. Point Higgins Rd., Ketchikan, AK 99901 Phone: 907-225-9786</p>	<p>Palmer Daycare Regina (Gina) Palmer 3450 Hawkins, Ketchikan, AK 99901 Phone: 907-225-4602</p>
<p>PeaceHealth Ketchikan Medical Center Child Development Center (licensed center) Pat Stack 130 Washington St., Ketchikan, AK 99901 Phone: 907-225-4871</p>	<p>Peeps and Cheeps (licensed home) Alanna Wright 192 Forest Park Drive, Ketchikan, AK 99901 Phone: 907-247-8825</p>
<p>Taylor Made Child Care (licensed group home) Cynthia Taylor 5411 Densley Dr., Ketchikan, AK 99901 Phone: 907-617-5106</p>	<p>Tia’s Tyke Town (licensed home) Theresa Kimmel 415 Tower Rd., Ketchikan, AK 99901 Phone: 907-225-9595</p>
<p>Wee-Ones Daycare (licensed group home) Andrea (Ande) Williams 151 Forest Park Dr., Ketchikan, AK 99901 Phone: 907-225-3722</p>	

CCTHITA/ Saxman Social Services

907-225-2518
 Fax. 907-247-2504
 Social Services/ Indian Child Welfare Act
 Saxman City Hall
 2706 South Tongass Highway
 Ketchikan, AK 99901

Resource for families that are suffering from abuse or home issues in Saxman. Families can receive help to get what is needed to provide a safe home for the family members. Help and information about the Indian Child Welfare Act (ICWA).

Filipino Community Center

907-225-9093
2414 Tongass Ave., Ketchikan, AK 99901
PO Box 6244, Ketchikan, AK 99901

Gateway Center for Human Services - AKEELA

907-225-4135
Fax. 907-247-4135
Web site: www.akeela.us
3050 Fifth Ave., Ketchikan, AK 99901
Hours: M-Thurs. 8:00-6:30 Fri 8:00-5:00

State of Alaska grantee for Mental Health and Substance Abuse Services mandated to provide program components for Seriously and Emotionally Disturbed (SED) Youth, Adults with Serious and Persistent Mental Illness and an array of Substance Abuse Services. General mental health services include marriage and family counseling as well as individualized services. Other services include outpatient, psychiatric emergency services, child and youth services, child and youth rehabilitation services, psychological and psychiatric evaluation and school-based programs. Substance Abuse services include detoxification and residential services for adults; intensive outpatient and inpatient services for youth and adults; court screening services, inmate counseling; and array of aftercare services and community presentations on chemical dependency.

Ketchikan Area Arts and Humanities Council

907-225-2211
Fax: 907-225-4430
330 Main St., Ketchikan, AK 99901
Web site: www.ketchikanarts.org
(also on Facebook)
Hours: M-F 9:00-5:00, Sat. 11:00-3:00 (except for the last Saturday of the month)
Contact: Kathleen Light

A non-profit organization that sponsors a wide variety of visual and performing arts experiences and opportunities throughout the community. KAAHC is an information and technical support resource for arts groups and individuals. Supports art education and community wide events such as the Blueberry Arts Festival and the Wearable Art Show. Supports local artists and runs the Mainstay Gallery.

Ketchikan Big Brothers Big Sisters

907-247-3350
Fax: 907-225-3351
306 Main St. Suite 317, Ketchikan, AK 99901

Ketchikan Car Seat Program

907-225-9616

Contact: Margi Sullivan

Infant size car seats available at reduced rates for new babies who might otherwise go home without a car seat. Car seat training for parents, families or child care workers to teach proper car seat position. Individual and group sessions available.

Ketchikan Gateway Borough Parks and Recreation Department

907-225-9579

Fax: 907-247-3394

601 Schoenbar Rd.

E-mail: parksandrec@kgbak.us

Web site: www.borough.ketchikan.ak.us/parks_and_rec/parks.htm

On Facebook as Ketchikan Parks and Recreation

Recreation Center Hours: Summer- M-F 5:45-9pm, Sat. 7am-9pm, Sun. noon-5pm

Winter- M-Sat. 5:45am-10:00pm, Sun. noon-5pm

Recreational classes, special events and workshops for preschoolers, children, teens, adults, and seniors at the Gateway Recreation Center and around the community. The Recreation Center is a sports facility with 2 gymnasiums, racquetball/squash courts, art rooms, public showers, outdoor skate park, canoe, BBQ and ski rentals, and more. Also schedules local swimming pool (including sauna, weights and showers). Brochure appears in the weekend edition of the Daily News 4 times a year. Hanging basket sponsorships. Fees depend upon activity, vouchers available for low income families and discounts for students.

Ketchikan Gateway Borough School District

907-225-2118

Fax: 907-225-2356

Web site: www.kgbsd.org

On Facebook as Ketchikan Gateway Borough School District

Central office email: costaff@kgbsd.org (each school has their own email as well)

333 Schoenbar Rd., Ketchikan, AK 99901

Central Office Located 2610 Fourth Ave., Ketchikan, AK 99901

Hours: 8:00-4:30, M-F

Manages all Ketchikan public schools and school staff. Provides maintenance of all school buildings, and transportation through Laidlaw Contractors (907-225-3806). Runs the district kitchen. Also provides district wide Indian Education, specialized education for children 3-21 years of age, and Gifted and Talented programs. School building locations:

School	address	phone/fax
Charter School	410 Schoenbar Rd	907-225-8568/907-247-8568
Fawn Mtn. Elementary	400 Old Homestead Rd	907-228-2200/907-247-4741
Houghtaling Elementary	2940 Baranof Ave	907-225-4128/907-225-7925
Point Higgins Elementary	981 N. Point Higgins Rd	907-247-1500/907-247-1558
Tongass School of Arts	410 Schoenbar Rd Suite 202	907-225-5720/907-225-8822

and Sciences

Schoenbar Middle School	217 Schoenbar Rd.	907-228-7200/907-247-5138
Ketchikan High School	2610 Fourth Ave.	907-225-9815/907-247-5761
Revilla high School	3131 Baranof Ave	907-225-6681/907-247-6611
Ketchikan Regional Youth Facility (KRYF)	3058 Fifth Ave	907-225-8900/907-247-8900
Fast Track Virtual School	2610 Fourth Ave., Ketchikan, AK	907-225-2128
District Kitchen	217 Schoenbar Rd. Ketchikan, AK	907-225-3570
District Maintenance	333 Schoenbar Rd. Ketchikan, AK	907-225-2416

Pamela Christianson M.S CCC-Speech and Language Pathologist

Patty Elliott OTRL (Occupational Therapist)

Ketchikan Hospice

907-225-8914

Fax: 907-247-8941

126 Washington St.

Contact: Carena Wood

Support and services to those with a terminal illness. Grief support, end of life care and community education regarding death, dying and grief issues. Skilled Nursing, physical therapy, occupational therapy, speech therapy, social work, home health aids, installation of lifeline emergency call system unit.

Ketchikan Indian Community

907-225-5158

2960 Tongass Ave., Ketchikan, AK 99901

Web site: www.kictribe.org

Hours: 8:00-5:00 M-F

Services for enrolled tribal members including the following: Economic development program, education and support services, Johnson-O'Malley program, Indian Education program, employment training, and home buyer program. Also provides the General Assistance Training Opportunities Program (GATO), with services listed below. No charge for any service.

Classroom Training: Provides GATO clients who do not possess employable skills, with vocational training opportunities. Contact Pete Jensen and Danielle Ludwigsen

Job Readiness: Prepares tribal members to enter the work force as valued employees. Clients are assessed in areas of Career Inventory prior to job placement and classroom training. Also assists individuals to seek work independently. Contact Pete Jensen

OJT (On the Job Training): Places GATO clients with an employer who will train the client, or give them the experience necessary to obtain unsubsidized employment. Contact Pete Jensen.

General Assistance: A temporary financial assistance program for eligible KIC tribal members when no other resources are available. Funded by the Bureau of Indian Affairs (BIA). Specific rules and regulations apply. Contact Elizabeth DeWitt

Ketchikan Indian Community (KIC) Social Services/ Behavioral Health

907-228-4917

Fax: 907-228-4920

Web site: www.kictribe.org

Hours: 8-5 M-F (after hours triage system 1-888-635-3275)

Provides a variety of social services and weekly groups for Tribal members. Provides referrals and coordination of services with other providers. Programs listed below.

Social Services Administrator- Craig Ward

Elders Program- Sue Pickerell

Clinical Social Services: Medical social services, mental health evaluations, crisis intervention and family counseling. Contact Craig Ward/

Tribal Alcohol Program: Drug and alcohol assessments, adult and youth substance abuse outpatient programs, individual counseling, residential referral services, weekly sober support groups, annual cultural camp, and recreational youth groups.

Domestic Violence Programs: Advocacy services, talking circles (men's/women's), domestic violence education groups (WISH), batterer's re-education group.

Indian Child Welfare Act (ICWA): Works toward keeping Native children in their Native environment. They assist with State of Alaska cases and child placement. They also help coordinate with the Family Protection Team that works toward family preservation.

Fetal Alcohol Syndrome (FASD) Diagnostic and Prevention Team:

Community support team for diagnosis and prevention of FASD.

Batterers Intervention: State certified batterers' intervention program services. Works with batterers to help them identify and take responsibility for their abusive behaviors and the effects of their abuse on their intimate partners and children. These are important first steps in the transition to a non-abusive lifestyle.

Ketchikan Indian Corporation (KIC) Technical Education Program

907-225-5158

Fax:

615 Tongass Avenue, Ketchikan, AK 99901

Web site: www.jobs.state.ak.us

Chas Edwardson

Hours: 8:00-5:00 M-F

Ketchikan Job Center

907-225-3181 or 907-247-JOBS (907-247-5627)
Fax: 907-247-0557
2030 Sea Level Dr. Suite 220, Ketchikan, AK 99901
Web site: www.jobs.state.ak.us
Email:
Job seekers – Ketchikan.jobcenter@alaska.gov
Employers - ketchikan.employers@alaska.gov
Hours: 8:00-5:00 M-F

Job Center includes: Employment services, Job Training Program, and office of Division of Vocational Rehabilitation. Services provided include employment interviewing, testing and assessment, employee recruitment, employment referrals, temporary worker recruitment, resume and application forms assistance, vocational counseling, and internet access for job search. They provide access to Federal and State job listings as well as statewide private sector listings. Ketchikan Job Center can provide community leaders with labor market information, and employers with qualified applicants. For unemployment insurance claims and information call 1-888-252-2557.

Ketchikan Public Health Center

907-225-4350
Fax 907-247-0978
Web site: www.hss.state.ak.us/dph/nursing/default.htm
Email: susan.bergmann@alaska.gov (Nurse Manager for the Ketchikan office)
3054 Fifth Ave., Ketchikan, AK 99901
Hours M-F 8:00-5:00. Teen drop in – Mondays 2:00-4:00.

Services provided include: well child exams, parenting information, adult and child immunizations, blood pressure screening, reproductive health services (including pap smears, birth control methods, and referral for mammograms. STD/HIV testing/counseling, pregnancy testing/counseling/follow-up, prenatal and newborn home visits, breastfeeding counseling/support, health education materials and presentations, communicable disease investigation and follow-up, and specialty clinics (including cardiac, genetics, and neurodevelopmental). No charge for children's services, sliding fee scale available for adults. No one is denied service due to inability to pay.

Ketchikan Public Library

907-225-3331, Children's library 907-225-0370
Fax: 907-225-0153
Web site: www.firstcitylibraries.org
E-mail: library@firstcitylibraries.org
1110 Copper Ridge Lane, Ketchikan, AK 99901
Hours: M-W 10-8, Th-Sat 10-6, Closed Sunday

Ketchikan Public Library is a member of the First City Libraries network, which includes college and all public school libraries. Literature and reference materials for adults and children are available. Other collections include videos, CD's, CD-ROM's , and cassettes. Patrons are encouraged to ask librarians for help with the Catalog or with finding materials. Internet access is available for library cardholders only and for a 1 hour limit per day. Internet time must be reserved. The access to the library catalog is

available through the web site. Story time for toddlers and preschoolers, consult children's librarian. They provide a monthly calendar of events. The library also has a variety of video resources regarding early childhood development and parenting.

Parents As Teachers Program (PAT)

907-617-4502
Fax: 907-247-7499
2725 Tongass Ave. Ketchikan, AK 99901

PAT is a home-based program for families with children prenatal to age 3 with emphasis on child development and parent involvement. PAT holds one parent/child group per month. They have child development information for parents. Bi-monthly home visits. Program uses Ages and Stages Questionnaires that the parents complete; child monitoring system.

Park Ave Temporary Housing (PATH)

907-225-4194
Emergency Contact: 907-220-2260
628 Park Ave., Ketchikan, AK 99901
Contact: General Manager Donna Chaffin or Manager/Maintenance Gerry Edenshaw

Hours: 7 am–9 am **Closed** between 9 am – 5 pm – Open 5 pm – 10 pm daily.
Open to any man or woman or family as a sleeping shelter. Open seasonal hours. Provides connection to employment opportunities and works with other organizations to provide resources for transportation (out of town if needed). \$3.00/day for individuals, \$6.00/day for families, but no one turned away due to inability to pay. It is best to call first, especially families.

Rendezvous Senior Day Services

907-247-1961
Fax: 907-247-1963
E-mail: rendezvous@kpunet.net
2441 First Ave., Ketchikan, AK 99901
Hours M-F 8-5
Thrift store phone: 907-247-1960

Provides adult-based services for frail elderly or persons with disabilities who are at risk at home, or are in need of assistance in one or more daily living activities. Has a medical equipment loan closet. Operates a thrift store - 2727 Tongass Avenue - (store hours are M-F, 10-5; Sat 10-5; Sun 11-4). Services based on a sliding fee scale.

Ketchikan Senior Center

907-225-6575
Fax: 907-247-6575
1016 Water St., Ketchikan, AK 99901
Hours: M-F 8-5:00 (stop answering the phone at 4:00 pm)

Ketchikan Senior Center provides meals and other social activities for persons 60 and older. Transportation is provided for pick-up and delivery of medications and transportation to and from Dr's appointments. The Ketchikan Senior Center provides meals to Rendezvous adult day care center, and to home-bound residents allowing the residents to remain independently in their own homes. They also provide accessible transportation and the Para-Transit system, which runs parallel to the city bus schedule. ADA card required and a day ahead notice necessary to access Para-Transit system.

- ✓ Ketchikan Senior Center is run by Catholic Community Services – please see their website for more information. To locate Ketchikan click on Ketchikan under Services by City. <http://www.ccsjuneau.org>

University of Alaska Southeast, Ketchikan

907-225-6177 or 1-888-550-6177
Fax: 907-225-3624
2600 Seventh Ave., Ketchikan, AK 99901
Web site: www.uas.alaska.edu/ketchikan
Email: ketch.info@uas.alaska.edu

The University of Alaska Ketchikan provides certificate, associate, bachelor and master degree programs in a variety of interests' areas both locally and to students via state-of-the-art distance delivery. In addition, UAS Ketchikan provides technical training in welding, health care, maritime and other skilled professions at the UAS Ketchikan Technical Center. UAS Ketchikan is part of the statewide University of Alaska system.

Women In Safe Homes (WISH)

907-225-9474 or 1-800-478-9474
2002 First Ave., Ketchikan, AK 99901
Fax: 907-225-907-2472 or 907-228-4098 to reach the advocates
E-mail: info@wishak.org
Web site: www.wishak.org

Provides services to victims of domestic violence, sexual assault, child abuse, and other violent crimes. Primarily a crisis shelter which houses 32 women and children in a shared home setting. Services for men also. 24-hour crisis line and individual and group support for adults and children. Free child care provided. Support and prevention services include:

WISH Family Services Parenting Program: Parenting education and support provided individually, in a group setting, or through a yearly parenting class. In-home parenting education. Referrals much come through OCS, but need not have any other OCS involvement.

Advocacy: Available 24 hours a day to provide personal support and/or emotional, legal, or medical advocacy.

Children's Program: Serves children of all ages in the shelter and in the community through advocacy, personal support, support groups, counseling, and outdoor activities. Groups include: art activities for all ages, support for victims of domestic violence, and support for elementary age victims of sexual assault. Summer and Winter schedules.

Education Program: Education and technical assistance to schools and other agencies providing information on domestic violence, sexual-assault, date rape, dating violence, child abuse, elder and vulnerable adult abuse, conflict resolution, personal safety, second step (alternatives to violence) and other violent crimes. If a presentation is needed or further information please call the office. Parenting classes are also provided by WISH.

Prevention/Education Program: WISH is proud to be a part of the domestic violence prevention program Domestic Violence Prevention Enhancement and Leadership through Alliances (DELTA), funded by the Centers for Disease Control and Prevention.

Legal Advocacy: Legal Advocates are not lawyers and cannot give legal advice, but legal advocates can:

- Help you fill out paperwork
- Help you understand the civil and criminal process
- Outline and prioritize the legal options that are available
- Prepare you for a hearing/trial
- Give support before, during, and after the trial
- Refer you to Alaska's pro-bono program (if applicable) All legal advocacy services are free of charge.

Section II Services Based on Assessment, Diagnosis or Risk

Center for Community

1-800-478-6970, 1-800-790-3650 or 1-907-747-6960

Fax: 1-907-747-4868

700 Katlian, Suite B

Sitka, AK 99835

Contact: Connie Sipe

Providing in-home personal care, chore and respite services for people of all ages who are disabled, ill, or elderly. Care coordination and Choice Medicaid waiver services available. Contact Sitka office for Ketchikan services.

Community Connections

907-225-7825 or 1-800-478-7825

Fax: 907-225-1541

721 Stedman St., Ketchikan, AK 99901

Office Hours M-F 8-5

Executive Director: Bess Clark

We provide individualized home and community services for families and individuals who experience a disability, or are at risk. Financial assistance is offered or is available to cover most costs. Programs include the following:

Early Learning Program (ELP): Provides family-centered, home-based services to promote the development of children from birth to three years of age. Services include developmental screening and assessment, occupational, physical, and speech therapy, specialized instruction, plus service coordination and other individualized services. Contact Laurie Thomas.

Children's Mental Health Program (CMH): Comprehensive mental health services to children and families including comprehensive psychological assessments and individual, family and group therapy. Services can include intensive experiential skill building in group, individual, and family therapy. In addition to traditional mental health services, clinicians regularly provide consultation services to families and other agencies on various topics, and include parent education and early childhood mental health consultation. Referrals can be made by other social services agencies, the school district or by parents and families directly. Clinicians are available for questions about the program and services, informal consultation, and general questions pertaining to the field of children's mental health. Contact Abbie Blackshire.

Services for Children and Adults with Developmental Disabilities (DD): Provides individualized assistance to families and individuals including: service coordination, family support, supported/assisted living, specialized foster care, community living support, respite care, and personal care attendant services. Contact Maxwell Mercer. Short-term assistance also available for newly identified or underserved persons and their families. Contact Patricia Gardner.

Older Alaskan and Adult Resource Services (OARS): Provides individualized assistance including Care Coordination, Respite Care, Chore Services and Personal Care Services. Contact Patricia Gardner or Reed Harding.

Vocational Resources: Provides assistance to adults with any disability who are seeking employment. Community based services, which include vocational evaluation, job development, placement, follow-up, work adjustment training, on the job training, supported employment and job coaching. Contact: Lance Haynes.

Disability Law Center

1-907-586-1627 or 1-800-478-1234 (for initial intake)

Fax: 1-907-586-1066

230 South Franklin St, Suite 206, Juneau, AK 99801

Web site: www.dlcak.org

Representation and advocacy for individuals with disabilities, or parents, who have legal problems relating to their or their child's disability. Examples include Social Security appeals, housing complaints, Medicare and Medicaid denials, and AKA complaints. Fee for some services, contact office for information.

Division of Senior and Disability Services (DSDS)

1-907-465-3372 or 1-866-465-3165

Fax: 907-465-1170

240 Main St. Suite 601

Juneau, AK 99801

Web site: www.hss.state.ak.us/dsds

The state agency that determines eligibility and provides funding for an array of home and community based support services. Regional office serves SE Alaska from Yakutat south. In the Ketchikan area, Community Connections can be point of contact.

Love Inc.

907-247-5462

Contact: Lisa

Open Monday 11:00-2:00, Tuesday from 9:00-12:00 and Wednesday from 1:00-4:00 for client assistance.

Love Inc. can assist with housecleaning, transportation, budgeting or almost anything else. Give them a call and find out what they can help with. Many other churches are involved with this program so if they can't help they might know someone else involved. Calling early can help to set up a time for assistance or transportation.

Social Security Administration

907-225-5200, or 1-800-478-5199

Fax: 907-225-8976

648 Mill St. Fifth floor (Federal Building), Ketchikan, AK 99901

Office hours: M-F 12-3:30

Contact: Kathleen Potts

Processing of applications for social security numbers, benefits for retirement, auxiliary benefits, survivor's benefits and social security and SSI disability claims. Determines SSI eligibility for persons who are aged (65+), blind or disabled and who meet the income and resource criteria. Meeting all criteria guaranties a minimum income.

Southeast Alaska Independent Living (SAIL)

907-225-4735 or 1-888-452-7245

Fax: 907-225-4753

Web site: www.sailinc.org

E-mail: Ketchikan@sailinc.org

602 Dock St. #107, Ketchikan, AK 99901

SAIL empowers seniors and people with disabilities by providing services and information to support you in making choices that will positively affect your independence and productivity in society. SAIL serves all seniors and people with physical and mental disabilities regardless of race, ancestry, color, religion age, marital status, sexual preference, gender and or income.

Tax Equity and Fiscal Responsibility Act (TEFRA) Option

1-907-550-7600 or 1-888-578-2547

Fax: 877-265-9549

Web site: www.qualishealth.org

E-mail: LYNDAB@qualishealth.org

741 Sesame St. suite 100

Anchorage, AK 99503-6632

TEFRA allows children to receive Medicaid for the care and treatment they require while living in their family's home. To qualify, a child must require an acute hospital level, or nursing facility level of care. Only the child's income is considered for Medicaid eligibility. Qualis Health, linked with the Division of Public Assistance, is the state agencies that process applications. Service coordinators at Community Connections can assist families through the application process.

Section III - Services based on financial eligibility

Alaska Housing Finance Corporation- Public Housing Division

907-225-6030

Fax: 907-225-1729

130 Bryant St. Suite 112 (Seaview Terrace Building) or P.O Box. 5124

Ketchikan AK, 99901

Web site: www.ahfc.us

Provides conventional, low-income, housing and rental assistance.

Alaska Legal Services

907-225-6420 or toll free to Juneau office is 1-877-525-6420

Fax: 907-225-6896

306 Main St. Suite 218, NBA Building

Ketchikan AK, 99901

Web site: www.alsc-law.org

E-mail: Ketchikan@alsc-law.org

Hours M-F 8-12, 1-5

Provides legal assistance to families, or individuals who have low income, in civil matters. By appointment.

State of Alaska Child Care Assistance Program

Southeast Regional Office

150 3rd St. suite 107

PO Box 110640

Juneau, AK 99811

907-465-4756 or 888-268-4632

Web site: <http://www.hss.state.ak.us/dpa/programs/ccare/parents.htm>

Application: <http://dpaweb.hss.state.ak.us/e-forms/pdf/cc/CC8.pdf>

The Child Care Assistance Program provides assistance with child care expenses for eligible families who are working or participating in an education or training program.

Bear Valley Apartments

907-225-2039

Fax: 907-247-2039

PO Box 870070 Wasilla, AK 99687

1300 N. Yorktown Dr. Suite M-1

Contact: Robert Otto

Accept Alaska Housing Vouchers.

Day Care, KIC

907-228-9365 or 1-800-591-0121
615 Stedman
Ketchikan, AK 99901
Office hours: 8-12 - 1-5 M-F (best to call for appointment)
Contact: Alice Ketah
- Little Village Learning Center
907-228-9326

Denali Kid Care

1-888-318-8890 or 1-907-269-6529 (in Anchorage)
Web site: www.hss.state.ak.us/dpa/programs/dkc
P.O. Box 240047, Anchorage AK, 99524-0047
Contact: Ketchikan Public Health Center locally in Ketchikan 907-225-4350
Broad health coverage for children and youth through age 18, and for pregnant women who meet income and other eligibility guidelines. A Medicaid expansion sponsored by the State of Alaska that makes it possible for children and teens of working and non-working families and for pregnant women to have health insurance.

State of Alaska - Division of Public Assistance

907-225-2135
Fax: 907-247-2135
2030 Sea Level Dr. Suite 301, Ketchikan, AK 99901
State wide web site: www.hss.state.ak.us/dpa
Office Hours: M-F 8-5

Various programs offer financial and health care assistance to qualified individuals and their families. Programs include the following:

Medicaid: Provides medical coverage for pregnant women, newborns, people under 21, and nursing home patients. People eligible for ATAP and APA (except Interim Assistance) will receive coverage.

Alaska Temporary Assistance Program (ATAP): Provides cash to children and their families when their lives are disrupted by death, continued absence, unemployment or incapacity of one or both parents. A family's income must be below limits set by State law, and the family's resources must not exceed \$2000.

Food Stamps: Program is designed to promote general health and welfare of Alaskan households by raising the level of nutrition.

General Relief Assistance: Provides aid for rent, utilities, and other expenses with proof of immediate need.

Chronic and Acute Medical Care (CAMA): Limited medical coverage for people not eligible for Medicaid or any other health care program. Covered services include inpatient hospitalization, nursing home care, and pregnancy related medical services.

Heating Assistance: Helps pay home heating bills to home owners and renters. Applications accepted November 1st through April 30th each year.

Adult Public Assistance (APA): Provides cash assistance to adults who are either physically or mentally disabled, blind, or at least 65 years of age. Individuals are required to apply for Supplemental Security Income (SSI, contact Social Security Administration 907-225-5200, or 1-800-478-5199).

Glacier Park Apartments

907-225-8672 (hearing impaired call 1-800-376-2840)
660 S. Yorktown Dr., Apt. #11 (enter through laundry area for office)
Ketchikan, AK 99901
Contact: Marsha George
Subsidized housing, two and four bedroom units. One, one-bedroom accessible unit.
Waiting list. Application required. Eligibility is based on income and family size.

Head Start

RurAL CAP: 907-225-7499 1001 Schoenbar Rd. Contact: Cindy Arriola	Tlingit & Haida: 907-225-8728 PO box 6037 Contact: Romaine Thomas
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Early childhood education, parent education, health and dental exams. Center-based preschool program for children 3-5 years of age. Screening and referral to other agencies as needed. Free. Transportation provided. In session for September through mid-May.

Weatherization Program

Alaska Community Development Corporation
1517 S Industrial Way STE 8, Palmer, AK 99645-6791
907-746-5680
800-478-8080 (Toll Free)
907-746-5681/800-478-1530 Fax
Email: tstevenson@alaskacdc.org
Email: ltice@alaskacdc.org
Web site: www.alaskacdc.org

The Weatherization Program is part of Alaska Community Development. Alaska Community Development Corporation (CDC) was founded in 1979. CDC is a non-profit corporation dedicated to improving the lives of Alaskans by working with communities, individuals, and other organizations to improve housing and conserve energy, and to further economic development throughout the state. The Weatherization Assistant Program provides energy conservation improvements to owners and renters. There is no cost to **qualified residents**. Landlords may be asked to participate financially. Call or write for application. There may be a waiting period.

Women, Infants and Children (WIC)

907-225-3392

Fax: 907-247-3392

3054 Fifth Ave (Public Health)

Contact: Laurie Williams or Janai Meyer

WIC is a supplemental nutrition program for pregnant, post-partum, and breastfeeding women and for infants and children up to age 5.

KIC Housing Authority Program

907-228-9222

615 Stedman St.

Ketchikan, AK 99901

Web site: www.kictribe.org/programs/housing

Assists tribal family members and families in purchasing homes, and maintaining a safe home for their family

Home Buy Down Assistance Program: Provides assistance to Tribal Members who are first time home buyers. Assistance with providing mortgage buy-downs, down payments and closing costs.

Emergency Rehabilitation Grant Program: Assisting homeowners that are low income in purchasing or repairing a single item. Must be necessary for safety and must be an emergency i.e. Water heater.

Elder Rehabilitation (65+): Assisting elders who meet certain income guidelines and are otherwise unable to afford home repairs.

Weatherization Program: The Weatherization Program is available to all Alaska's homeowners and renters with low-to-moderate household income. Qualified participants receive home weatherization upgrades at no cost.

Section IV Medical, Dental, Vision, and Prenatal Care

PeaceHealth Ketchikan Medical Center *

907-225-5171
 Fax: 907-228-8322 (administration)
 3100 Tongass Ave.
 24 hour service
 Web site: www.peacehealth.org

Provides a full range of medical services including emergency care, obstetrical care, therapy, home health, and rehabilitative services. In-patient care for seniors

Medical Clinics

PeaceHealth:

907-228-8140
 Fax: 907-228-8440
 212 Carlanna Lake Rd. Suite 100
 Ketchikan, AK 99901

Family Medicine:

Medical Doctors:
 Diane Liljegren, MD
 Andy Pankow, MD
 Richard Kincade, MD
 James Harrison, MD
 Christian Stowell, R.D. MD

KIC Tribal Health Clinic:

907-228-9200
 Fax: 907-247-4808
 Web site: www.kictribe.org
 2960 Tongass Ave. , Ketchikan, AK 99901

Medical Doctors
 Richard McGrath, MD
 Licensed Nurse Practitioners:
 Leslie Wheeless LPN

Internal Medicine:

Medical Doctors:
 Peter Rice, MD
 Cheryl Collier-Brown, MD
 William Silva, MD
 Rolfe, Charles Lee, MD
 Crews, Jennie R, MD
 Catherine Bjerum, M MD, MPH

Pediatric

Callisto Pediatric Clinic:

907-225-4463
 Fax: 907-228-8321
 212 Carlanna Lake Rd. Ste. 203
 Medical Doctors:
 Norman Herron, MD
 Elisa Rosier, MD
 David Johnson, MD

PeaceHealth General Surgery

907-225-7346
 Fax: 907-228-8325
 212 Carlanna Lake Rd. #204, Ketchikan,
 AK 99901
 Medical Doctors
 Deborah Harris, MD
 Michelle Strasen, MD
 Eric L. Garcia-Llorens, MD

Orthopedic Medicine

PeaceHealth Orthopedic Clinic
 907-225-2811
 212 Carlanna, #202, Ketchikan, AK
 99901
 Medical Doctors
 David Brown, MD
 Daniel Schlecht, PA

<p><u>Creekside Family Health Center</u></p> <p>Phone: 907-220-9982 Fax: 907-220-9972 320 Bawden Street #313, Ketchikan, AK 99901 e-mail: info@creeksidehealth.com Licensed Nurse Practitioners Lani Hill, FNP-BC Maureen Northway, FNP-BC Tammy Earnest, FNP</p>	<p><u>Cherish Health Clinic</u></p> <p>Mary Frances Building 320 Bawden St Suite 313, Ketchikan, Alaska, 99901 Phone: 907-220-9982 Fax: 901-220-9972 e-mail: CherishHealthClinic@gmail.com Medical Doctor Carol L. Alley MD</p>
<p><u>Harmony Health Clinic *</u></p> <p>Phone: 907-225-6699 Fax: 907-220-9972 1621 Tongass Ave, Ketchikan, AK 99901 Medical Doctor Jeanne Snyder MD</p>	<p><u>Internal Medicine & Family Practice</u> <u>William Anthes, MD</u></p> <p>3524 Tongass Avenue Ketchikan, AK 99901 Phone: 907-225-9830 3524 Tongass Ave., Ketchikan, AK William Anthes, MD Vicky Malurkar-Anthes, MD</p>
<p><u>SouthEast Alaska Prosthetics and Orthotics, LLC</u></p> <p>Elizabeth Einset, CPO PO Box 7561, Ketchikan, AK 99901 907-254-1276</p>	<p><u>Emergency Medicine</u></p> <p>PeaceHealth Ketchikan Medical Center 907-225-5171 3100 Tongass Ave., Ketchikan, AK 99901 Medical Doctors Donald J. Brock, DO Mark Raine, MD Molly Hutsinpiller, MD Scott Kirchner, MD Ernest Meloche, MD Karl Richey, MD Watterson, Martin N. MD</p>
<p><u>Psychiatry</u></p> <p>Dr. Brogdon, MD 907-228-7660 Fax: 907-228-8336 3100 Tongass Ave, 3rd floor, Ketchikan, AK 99901</p>	<p><u>Psychology</u></p> <p>Phone: 907-617-0169 Dr. Elisa Youngblood 1162 Jackson St., Ketchikan, AK</p>
<p><u>Ear, Nose and Throat Specialists</u></p> <p>Dr. Rockwell, MD 888-624-3561 for appointments 3100 Tongass Ave. Travels to Ketchikan once a month, call for appointments.</p>	<p><u>Midwifery, Prenatal and Well Woman Care, Obstetrics and Gynecology:</u></p> <p>PeaceHealth Ketchikan Medical Center Women's Health 907-228-7688 3100 Tongass Ave (hospital)</p>

	Sarah Archer, MD OB/GYN Marta Poore, CNM Rodney Batie, DO
Dentistry	
<u>George Shaffer, DMD</u> 907-225-9439 306 Main St, Suite 202 (Wells Fargo Building)	<u>Arne Pihl, DMD</u> 907-225-7445 1621 Tongass Ave, #301, Ketchikan, AK 99901
<u>David Albertson, DDS</u> 907-225-9631 130 Carlanna Lake Rd., Ketchikan, AK 99901	<u>Southeast Dental Group PC (Oral and Maxillofacial Surgery)</u> 907-586-9586 Ketchikan Office: 130 Carlanna Lake Road, Ketchikan, AK 99901 Charles Schultz, DDS
<u>KIC Tribal Health Dental Clinic</u> 907-228-9202 Fax: 907-247-4814 Web site: www.kictribe.org 2960 Tongass Ave, Ketchikan, AK 99901 Elmer Guerrero, DMD Mickinzy Broderick, DDS Ron Taylor, DDS	<u>Jason Evison, DDS PC</u> <u>Charles Reed, DDS MS</u> 907-225-8228 Fax: 907-225-8224 Cell: 907-254-0069 1621 Tongass Ave-103 Ketchikan, AK 99901
<u>Terry J Thompson DDS</u> 907-225-3031 Dock St 103, Ketchikan, AK 99901	<u>Southeast Pediatric Dentistry</u> 907-220-9231 21 Jefferson Way St. 102, Ketchikan, AK 99901
Orthodontics	
<u>Charles Reed, DDS MS</u> 907-225-7333 1621 Tongass Ave. Suite 103, Ketchikan AK	<u>Brent Tingey, DMD MS</u> 907-789-9683 130 Carlanna Lake Rd, Ketchikan AK
Audiology	
<u>Northland Audiology Clinic</u> 907-247-9300, toll free Juneau: 1-800-841-0243 320 Bawden St., Suite 304 (Mary Francis), Ketchikan, AK 99901 Email: nancy@northlandaudiology.com	
Vision Clinics	

<u>Ketchikan Eye Care Center</u>	
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907-225-2020
351 Carlanna Lake Rd.
Erik Christianson, OD
Rick Swearingen, OD

Prenatal Care, Classes and Support

Prenatal Medical Care

PeaceHealth Ketchikan Medical Center Women's Health (907-228-7688)
Prenatal Home visits, Ketchikan Public Health Center, (907-225-4350)

Prenatal Classes, Information and Support

Ketchikan Public Health Center (907-225-4350)
Prepared Childbirth classes, check with the UAS Ketchikan campus for current class information (907-225-6177)
Childbirth Orientation and Basic Breastfeeding class at PeaceHealth Ketchikan Medical Center. 6 weeks class, call for schedule (907-228-7688)
Lactation consultation, breast pump rentals, contact Lori Ortiz (907-225-7309)

Nutrition

Women, Infants and Children (WIC), Public Health Center (907-225-3392 or 907-225-4350)

Physical/Occupational and Speech Therapy in Ketchikan

Kelly Chick, Physical Therapy

5193 Borch St. Ketchikan, AK
907-247-7355

Ketchikan Pediatric Occupational Therapy

Jillian Malouf
5193 Borch St. Ketchikan, AK
907-225-7808

PeaceHealth Physical Occupational and Speech Therapy

3100 Tongass Avenue, Ketchikan, AK 99901
907-228-7655

Section V - Other Community Resources

Ketchikan Wellness Coalition –Healthy workforce, healthy community

Phone: 907-225-9355

Mailing Address: P O Box 23167, Ketchikan, AK 99901

Physical Address: 3054 Fifth Avenue #106

Here is a link to the Ketchikan Wellness Coalition website;

<http://www.ktnkwc.org/contact.html> Click on Resource on the left hand side to download the Resource guide.

Section VI - Telephone List of Resources

Health

Callisto Pediatric Clinic	907-225-4463
Cherish Health Clinic	907-220-9982
Creekside Family Health Clinic	907-220-9982
Denali Kid Care	1-888-318-8890
Gateway Center for Human Services	907-225-4135
Ketchikan Public Health Center	907-225-4350
PeaceHealth Ketchikan Medical Center	907-225-5171
KIC Tribal Health Clinic	907-228-9200
PeaceHealth Primary Care Clinic	907-228-8140
Tax Equity and Fiscal Responsibility Act (TEFRA) Option	907-550-7600

Education

Early Learning Program	907-225-7825
RurAL CAP Head Start	907-225-7499
Parents as Teachers	907-225-7497
Ketchikan Public Library	907-225-3331
Ketchikan School District	907-225-2118
Tlingit & Haida Head Start	907-225-
8728University of Alaska, Southeast	907-225-6177

Housing

Alaska Housing Finance Corporation	907-225-6030
Glacier Park Apartments	907-225-8672
KIC Housing Authority Program	907-228-5218
Park Avenue Temporary Housing	907-225-4194
Bear Valley Apartments	907-225-2039

Child Care

Alaska Child Care Assistance Program	888-268-4632
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Employment

Ketchikan Job Service Employment Center	907-225-3181
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Food/Nutrition

Salvation Army Soup Kitchen	907-225-5277
Women, Infants and Children (WIC)	907-225-3392

Transportation

Ketchikan Borough Transit System	907-225-8726
Laidlaw Contractors (school busses)	907-225-3806
Para-Transit System	907-225-6575

Support Services

Alaska Legal Services	907-225-6420
Alcoholics Anonymous	907-225-5154
Child Support Services Division/Juneau office	907-465-5887
Center for Community	1-800-478-6970
Community Connections	907-225-7825
Disability Law Center	907-586-1627
Office of Children's Services	907-225-6611

Division of Mental Health and Developmental Disabilities	907-465-3135
Division of Senior and Disability Services (DSDS)	907-465-3135
Ketchikan Car Seat Program	907-225-9616
Ketchikan Hospice	907-225-8914
Ketchikan Indian Community (KIC)	907-225-5158
KIC Social Services	907-225-4917
Love Inc.	907-225-5462
Rendezvous Senior Day Services	907-247-1961
Senior Services	907-225-6575
Southeast Alaska Independent Living (SAIL)	907-225-4735
Women In Safe Homes	907-225-9474
Saxman Social Services	907-247-2502x27
<u>Other Services</u>	
Division of Public Assistance	907-225-2135
Ketchikan Area Arts and Humanities Council	907-225-2211
Ketchikan Resource Center	907-247-5767
Parks and Recreation Department	907-225-9579
Social Security Administration	907-225-5200
Ketchikan Wellness Coalition	907-225-9355