

COMMUNITY RESOURCE GUIDE

SITKA, ALASKA

2007-2008

**Sitka Legislative Information Office
Legislative Affairs Agency
201 Katlian Street, Suite 200A
Sitka, AK 99835
907-747-6276**

<http://w3.legis.state.ak.us/laa/llo/sitka/sitka.php>

Email: Sitka_LIO@legis.state.ak.us

This **Community Resource Guide** was updated as of October 2007 as a joint effort by the Sitka Legislative Information Office and other Sitka organizations.

This is considered a living document and we expect changes will occur.

We apologize in advance for any errors.

If you would like your organization included in the next printing or a correction made, please email

Sitka_LIO@legis.state.ak.us

with the information.

The Sitka Legislative Information Officer, Marie Murray, would like to thank Pat Kehoe, Mim McConnell, Krisanne Rice, and Kathleen Everest at the Legislative Office, and all others who took time and effort toward the update of this document.

You can also view this document at:

<http://w3.legis.state.ak.us/laa/lio/sitka/sitka.php>

www.cityofsitka.com

<http://www.uas.alaska.edu/sitka/CommunityResourceGuide.htm>

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Emergency Numbers

Fire, Police or Medical Emergency

Call 911

Fire Department (Information/Business)
209 Lake Street

Phone: 747-3233 Fax: 747-7450

Police Department (Information/Business)
304 Lake Street

Phone: 747-3245 Fax: 747-1075
www.sitkapd.com

**Sitka Community Hospital
Nurses Station**
209 Moller Drive

Phone: 747-3241 Fax: 747-1760
Phone: 747-1701 Fax: 747-1769

**SEARHC - Mt. Edgecumbe Hospital
Southeast Alaska Regional Healthcare Consortium**
222 Tongass Drive

Phone: 966-2411 Fax: 966-8300

Crisis Line (24 hour line)

1-800-478-6511 747-6511

**National Response Center
(Oil and Toxic Chemical Spills)**

1-800-424-8802

**Poison Information Center
or on the web**

1-800-222-1222
www.1-800-222-1222.info/poisonHelp.asp

United States Coast Guard (Emergency)

1-800-478-5555

Child Care

Alaska, State of, Child Care Program Office

Phone: 747-6955 Fax: 747-6955

Contact: Margaret Swanson **www.hss.state.ak.us/dpa/programs/ccare/parents.html**
403 Lincoln Street, Suite 240 Hours: Mon. 3:30-7:00pm, Tues. & Thurs. 10:30-1:00pm.

Provides assistance with child care expenses for eligible families who are working or participating in an education or training program. They also provide a list of licensed home day cares serving children ages 6 weeks to 12 years in the Sitka area. Call for more information.

Licensed Home Care Providers

Contact: State of Alaska Child Care Program Office (above) for a list.

3-5 Preschool

Phone: 747-6898

Contact: Brenda Gillespie
505 Sawmill Creek Road
Preschool for 3-5 year olds during school year.

Betty Eliason Child Care Center

Contact: Kim Crews, Director
607 Lincoln Street

Licensed childcare and licensed preschool. Also provides before and after school care, Mon.-Fri., 7am - 6pm year-round. Rates based on age, and part-time or full-time care.

Phone: 747-5892 Fax: 747-5422

Mt. Edgecumbe Preschool

Contact: Lori Whitmill
129 Seward Street (adjacent to the Pioneer Home)
Provides education for 3-5 year olds.

Phone: 966-2675 Fax: 966-2674
www.mtedgecumbepreschool.org

SEARHC Child Care Center

Contact: Becky Workman, Child Care Manager
Provides day care, Mon.-Fri., 6:45 am-5:30 pm, babies -11 years, part-time and full-time.

Phone: 966-2449 Fax: 966-2457

Sheldon Jackson College Child Care Center

Contact: Lolly Miller
801 Lincoln Street (Attn: SJ Child Care)
Provides care for ages 1 month to eleven years. At present, there is no after school program.

Phone: 747-2527 Fax: 747-5249

Sitka Head Start

801 Lincoln Street, Yaw Building on Sheldon Jackson College campus
Program for preschool ages 3-5 years, Tuesday - Friday. Education, health and social services for children and families. Provides breakfast and lunch; transportation available.

Phone: 747-8356 (begins Sept)

Ventures Program-Community Schools

601B HPR (Baranof Elementary School, Room 17)
Before and after school program Monday through Friday. Open during in-service, holidays, and summer. Ventures uses a thematic approach integrating reading, science, writing, and math in daily activities.

Phone: 966-1317 Fax: 966-1452

Email: hornerk@mail.ssd.k12.ak.us

Churches

Assembly of God

214 Kimsham Street, Paster Bill Walsh

Phone: 747-5848 Fax: 747-3774

Email: agoffice@GCI.net

Baha'i Faith

2511 Sawmill Creek Road, Chairman Dorothy Shepard

Phone: 747-6998

www.sitkaak@bahai.org

Calvary Chapel Sitka

305 Moller (Meet at 3pm Yaw Chapel on Sunday)

Phone: 747-5454

www.Calvarysitka.org

Christian Science Group

Contact: Betty Henning

Phone: 747-8508 or 747-8745

Services 11am Sundays

Church of Christ

1113 Edgecumbe Dr.

Church Phone: 747-5859

Minister: 747-8678

Church of Jesus Christ of Latter Day Saints (Mormon) Bishop: 747-4953
105 Shotgun Alley

Eckankar-Religion of the Light & Sound of God Phone: 747-8902
1604 Davidoff, Suite 5 Contact: Lori Peterson Worship services held monthly

First Baptist Church Phone: 747-8684 Fax: 747-8684
514 Halibut Point Road Contact: Kerry Chadwick

First Presbyterian Church Phone: 747-3356
505 Sawmill Creek Road / P. O. Box 538 Contact: Randy Russell

Grace Evangelical Lutheran Church Phone: 747-6938
304 Tilson

Grace Harbor (formerly Trinity Baptist Church) Phone: 747-5706
1904 Halibut Point Road Contact: Paul McArthur

Jehovah's Witnesses Phone: 747-3373 or 747-7420
Kingdom Hall- 519 Monastery Street

Lighthouse Fellowship Phone: 747-4903
601 Alice Loop Please call 30 minutes prior to service for ride.

Quaker Worship Phone: 747-5039
Sundays, Pioneer Home Chapel

Salvation Army Phone: 747-3358 Fax: 747-3458
405 Sawmill Creek Road Contact: Lt. Rick Degroot

SEARHC Mt. Edgecumbe Hospital Chapel Chaplin: 966-8370
222 Tongass Drive Email: frank.ockert@searhc.org

Seventh Day Adventist Phone: 747-8855
1613 Halibut Point Road

Sitka Christian Center Phone: 747-6771 Fax: 747-5305
502 Hirst Street Contact: Pastor Bob Benton

Sitka Church of the Nazarene Phone: 747-8115 Pastor: 738-0472
305 Lake Street www.geocities.com/sitkanaz
Contact: Pastor Chuck Email: sitkanaz@ptialaska.net
Sunday worship services: 10:45am; evening Sunday School: 6pm

Sitka Jewish Community Phone: 747-3243
5316 Halibut Point Road Email: aryeh@searhc.org
Contact: Aryeh and Kay Levenson Shabbat dinners

Sitka Lutheran Church-ELCA
224 Lincoln Street / P.O. Box 598

Phone: 747-3338
www.sitkalutheranchurch.org

Contact: Pastor Jim Drury

Email: office.slcl840@gci.net

St. Gregory Catholic Church

605 Lincoln Street / P.O. Box 495

Youth mass held 11:00 a.m. every 3rd Sunday of the month.

Phone: 747-8371 Fax: 747-8401

St. Michael the Archangel Russian Orthodox Cathedral

223 Lincoln Street / P.O. Box 697

Phone: 747-8120

Gift Shop Fax: 747-8101

St. Peter's By the Sea Episcopal Church

611 Lincoln Street / P.O. Box 1130

<http://home.gci.net/~stpetersepiscopalchurch/>

Contacts: Fr. Dave Elsensohn, Rector; Fr. Gordon Blue, Asst Priest; Rev. Ann Parsons, Deacon; Rev. Kathryn Snelling, Deacon

Phone: 747-3977 Fax: 747-3869
After hrs: 503-805-1595

Email: St.Petersbythesea@gci.net

Unitarian Fellowship Building

408 Marine Street

Phone: 747-3363

United Methodist Church of Sitka

303 Kimsham Street

Phone: 747-8775 Cell: 738-0679
Parsonage: 747-8425

United Pentecostal Church

101 Cascade Creek / P.O. Box 35

Phone: 747-3669

Victory Christian Fellowship Bible

1007 Halibut Point Road

Phone: 747-5433

Education

Alaska Marine Safety Education Association (AMSEA)

Contact: Jerry Dzugan

2924 Halibut Point Road

Marine safety and survival, Coast Guard approved course for marine safety instructors and commercial fishermen. Programs and curriculum for recreational boaters and children.

Phone: 747-3287 Fax: 747-3259
www.amsea.org

Email: admin@amsea.org

**Home School Support/Respecting Educational Alternatives & Choices
in Homeschooling (REACH) (Grades K - 12)**

Contact: Connie Taylor-McCarty, Coordinator

Support for parents choosing to home school their children providing misc. workshops, lending library, testing and computer loans. Monthly newsletter mailed to participants.

Phone: 747-7514 Fax: 747-3049

Email: mccartyc@mail.ssd.k12.ak.us

Mt. Edgecumbe High School

1330 Seward Avenue

Bill Denkinger, Superintendent

Mt. Edgecumbe is a State-run boarding school for Alaskan high school students.

Phone : 966-2201 Fax: 966-2442**www.mehs.educ.state.ak.us**

Bernie Gurule, Principal

Public Safety Academy

877 Sawmill Creek Road

Phone: 747-6611 Fax: 747-5606**Dorm: 747-6611****SEER Center (SouthEast Enrichment Resource Center) Phone: 747-6224**

Contacts: Heidi Raffaele and John Feryok, Guides

Email: kids@ptialaska.net

303 Kimsham Street (located in basement of Methodist Church on Edgecumbe Drive)

A not-for-profit center offering hands-on learning enrichment sessions for children grades K-12. The day program offers children an opportunity to learn through project based, thematic units that emphasize all academic and social areas. The afternoon session for children ages 10-13 focuses on more in-depth learning with an emphasis on higher order thinking skills in literature, math, science, and the arts. The after school enrichment program for children ages 6-12 provides a hands-on learning opportunity that "lifts the roof off" typical lessons. Each month a new topic is explored. New sessions and topics to be added. Call for information.

Sitka Adult Basic Education at UAS (Learning Center)**Fax: 747-7737**

Teresa Holt, Director

Email: tftlh@usa.alaska.edu**Phone: 747-7785**

Contact: Lynne Davis

Email: tnjld@uas.alaska.edu**Phone: 747-7716**1332 Seward Ave. **www.uas.alaska.edu/sitka/LearningCenter/AdultEduOverview.htm**

Basic reading, writing, and math skills, GED tutoring, classes in English as Second Language, and workplace skills.

Sitka Community Schools**Phone: 747-8670 Fax: 966-1462**

Contact: Curt Ledford, Director

www.ssd.k12.ak.us/CommSchool/CSmain.htm

601 B Halibut Point Road (located at Blatchley Middle School)

Community education and recreation opportunities for people of all ages. (See page 20 & 27)

Sitka Education Consortium**Phone: 747-5262 Fax: 747-7510**

Contact: Karen Martinsen, Director

Email: martinsenk@mail.ssd.k12.ak.us

509 Lincoln Street (housed on SJ campus)

The consortium includes Mt. Edgecumbe High School, Pacific High School, Sitka High School, the University of Alaska Southeast, Sheldon Jackson College, Sitka Tribe of Alaska, and the City & Borough of Sitka with the goal of increasing and combining educational services and resources to maximize opportunities for students.

Sitka Native Education Program (SNEP)**Phone: 747-8561 Fax: 747-5774**

235 Katlian Street / P.O. Box 6210

<http://snep99835.tripod.com/index.htm>

Offers culture classes & tutoring to all school age children. Students learn about Native culture through drumming, singing, dancing and language studies. Preschool services include limited financial aid and van transportation.

**Sitka School District
District Office**

300 Kostrometinoff Street / P.O. Box 179
Steve Bradshaw, Superintendent
Randy Hawk, Assistance Superintendent

Baranof Elementary School (K-Grade 1)

Michelle Beach, Principal
305 Baranof Street

Keet Goshi Heen Elementary School

Bev Gillaspie, Principal (Grades 2-5)
307 Kashevaroff Street

Blatchley Middle School (Grades 6-8)

Charlie Robison, Principal
601 Halibut Point Road

Sitka High School (Grades 9-12)

Howard Wayne, Principal
1000 Lake Street

Pacific High School (Grades 9-12)

Kathy Blizzard, Principal
509 Lincoln Street (Alternative High School)

Phone: 747-8622 Fax: 966-1260
<http://www.ssd.k12.ak.us/>

Email: bradshaws@mail.ssd.k12.ak.us
Email: hawkr@mail.ssd.k12.ak.us

Phone: 747-5825 Fax: 747-3049
Email: beachm@mail.ssd.k12.ak.us

Phone: 747-8395 Fax: 966-1240
Email: gillaspieb@mail.ssd.k12.ak.us

Phone: 747-8672 Fax: 966-1460
Email: robisonc@mail.ssd.k12.ak.us

Phone: 747-3263 Fax: 747-3229
Email: wayneh@mail.ssd.k12.ak.us

Phone: 747-0525 Fax: 747-7310
Email: blizardk@mail.ssd.k12.ak.us

Sitka Seventh-day Adventist School (Grades 1-8)

1613 Halibut Point Road Contact: Ruth Millard

Phone: 966-2661
Email: sitkadaschool@ak.net

Colleges and Universities

Sheldon Jackson College 1-800-478-4556

Dr. David Dobler, President
801 Lincoln Street

The Board of Trustees of historic Sheldon Jackson College has decided to suspend academic operations for one year beginning June 29, 2007, while school officials determine a financially viable future for the 130-year-old school.

Phone: 747-5220 Fax: 747-2594
Admissions: 747-5208
www.sheldonjackson.edu

University of Alaska Southeast, Sitka Campus

Dr. Jeffrey Johnston, Campus Director
1332 Seward Street

One of three branch campuses of UAS, Sitka offers several associate degrees, certificates, Bachelor's degrees and creative programs. Extensive short courses and workshops are offered in response to community interest and business needs, including continuing education, adult basic education, and English as a Second Language. Post secondary advising is available for students regardless of intent to attend UAS.

www.uas.alaska.edu/sitka
Phone: 747-6653 Fax: 747-7768

University of Alaska Southeast, Community Education & Professional Development Program

Contact: Jill Hanson, Coordinator
1332 Seward Avenue

Phone: 747-7733 Fax: 747-7743

Provides short courses in personal and professional development, management skills, total quality improvement, communication, health care, women's issues, trade and technical topics, outdoor education, business, marine topics, and many others. Additionally coordinates a number of Elderhostels each year, facilitates cooperative training through local agencies; provides a variety of licensing and certification courses, and arranges custom training on request. Annual conference calendar includes Women & Wellness, Business Focus, Care of the Elderly, Real Estate/Construction Contractors, and Spring Alaska Naturalist Program.

University of Alaska Fairbanks, Cooperative Extension Anchorage www.uaf.edu

Bob Gorman, Resource Develop. Agent
Sitka Contact: Colleen Lawyer
801 Lincoln Street, Sitka

Phone: 786-6323/1-877-482-3223

Phone: 747-6065 Fax: 747-7171

Information, workshops on horticulture, pest management, home gardening, forest based enterprises, conflict resolution, youth/4H, rural development, board training, and home/energy construction.

University of Alaska Marine Advisory Program (MAP)

Main office: 1007 West 8th Avenue, Suite 100,
Anchorage, AK 99501

Phone: 274-9691 Fax: 277-5242

Email: map@sfos.uaf.edu

MAP provides information to work in Alaska's economy and society and has provided statewide marine and fisheries education for over 35 years.

Libraries

Kettleon Memorial Library

Cheryl Pearson, Director

Phone: 747-8708 Fax: 747-8755

Phone: 747-4020

Interlibrary loan information: Email: cathy@cityofsitka.com **Phone: 747-4025**

Tiffany Bryner, Youth Services Assistant

320 Harbor Drive

www.cityofsitka.com/dept/library/library

The public library of Sitka provides materials which aim to meet the informational and cultural needs of the community. The card catalog can be accessed online and items can be reserved for later pickup. Summer Reading Program and Reading Buddies offered for young readers.

Stratton Library, Sheldon Jackson College

Ginny Blackson, Interim Director
801 Lincoln Street

Phone: 747-5259 Fax: 747-5237

Email: vimlibrary@sj-alaska.edu

The College as well as the library has suspended academic operations for a year beginning June 29, 2007, while school officials determine a financially viable future for the 130-year-old school.

Alaska Library Association, Sitka Chapter

Contact: Kari Sagel
c/o Kettleon Memorial Library
320 Harbor Drive

Phone: 966-1411

www.akla.org

Elected Officials

The Honorable Sarah Palin Governor of Alaska

P. O. Box 110001
Juneau, AK 99811-0001

Phone: (907) 465-3500 Fax (907) 465-3532
Email: <http://www.gov.state.ak.us/govmailSP.php>
www.gov.state.ak.us

The Honorable Sean Parnell Lieutenant Governor of Alaska

P.O. Box 110015
Juneau, AK 99811-0015

Phone:(907) 465-3520 Fax: (907) 456-5400
Email: <http://ltgov.state.ak.us/email.php>
<http://ltgov.state.ak.us>

Senator Bert Stedman
State Capitol Building, Room 516
Juneau, AK 99801-1182
www.legis.state.ak.us/senate/24/SMN.htm

Email: Senator_Bert_Stedman@legis.state.ak.us

Juneau: (907) 465-3873 Fax: (907) 465-3922
Sitka: (907) 747-2952 Fax: (907) 747-5807
Ketchikan: (907) 225-8088 Fax: (907) 225-0713
Toll free: 1-877-463-3873

Representative Peggy Wilson

State Capitol Building
Juneau, AK 99801-1182

www.legis.state.ak.us/house/24/WLS.htm

Email: Representative_Peggy_Wilson@legis.state.ak.us

Juneau: (907) 465-3824 Fax: (907) 465-3175
Sitka: (907) 747-4665 Fax: (907) 747-5807
Wrangell: (800) 686-3824 Fax: (907) 874-3055
Toll Free: 1-800-686-3824

The Honorable Lisa Murkowski
United States Senate
709 Hart Office Senate Building*
Washington, D.C. 20510-0202

Phone: (202) 224-6665 Fax: (202) 224-5301
<http://murkowski.senate.gov/>
Email: go to her web page

The Honorable Ted Stevens
United States Senate
SH-522 Hart Senate Office Bldg*
Washington. D.C. 20510-0201

Phone: (202) 224-3004 Fax: (202) 224-2354
<http://stevens.senate.gov/>
Email: go to his web page

U.S. Congressman Don Young
2111 Rayburn House Office Bldg*
Washington. D.C. 20515-0201

Phone: (202) 225-5765 Fax: (202) 225-0425
<http://donyoung.house.gov>
Email: donyoung@mail.house.gov

Sitka Legislative Information Office

Marie Murray, Legislative Information Officer
201 Katlian Street, Suite 200A
Totem Square Inn (2nd Floor), Sitka, AK 99835
Send your Public Opnion Message on-line <http://www.legis.state.ak.us/poms/> during session.

Phone: (907) 747-6276
Fax: (907) 747-5807
Email: Sitka_LIO@legis.state.ak.us
www.legis.state.ak.us

**Since security constraints may delay mail to Washington D.C. you may come to the Sitka Legislative Information Office and fax your letters to the Congressional delegation. This service is also available to reach the Governor, your State legislators or officials.*

Fraternal and Professional Organizations

Alaska Longline Fishermen's Association

Contact: Linda Behnken, Executive Director
403 Lincoln Street, #237 / P. O. Box 1229

Representing longline fishermen in conservation and allocation issues at the local, state and federal level.

Phone: 747-3400 Fax: 747-3462

Email: alfafish@ptialaska.net

Alaska Trollers Association

Contact: Dale Kelley, Executive Director
130 Seward Street, #205, Juneau, AK 99801

Representing commercial salmon trollers in regulatory and policy arenas and working to ensure wholesome, sustainable seafood for consumers.

Phone: 586-9400 Fax: 586-4473

(in Juneau)

American Legion and Auxiliary Sitka Post 13

Contact: Bill Aragon, Club Manager
205 Lincoln Street

Community programs, Special Olympics, and recreational programs.

Phone: 747-8629 Fax: 747-8926

Baranof Arts and Crafts Association (BACA)

Contact: Melissa Harrison, President

Encourages beginning and established artists. Provides scholarship for a graduating high school senior with interest in visual arts. Members art for sale during summer months at the Harrigan Centennial Building downtown.

Summer Phone: 747-6536

Phone: 747-3033

Beta Sigma Phi Preceptor Theta Chapter

Contact: Jan Nelson, President

Phone: 747-3618

Cancer Support Group

See Sitka Cancer Survivors Society (page 10)

Chamber of Commerce

See Greater Sitka Chamber of Commerce below (page 9 & 22)

Delta Kappa Gamma

Contact: Jan Love

Organization to promote women in the educational workforce.

Phone: 747-5608

Email: bjmelove@gci.net

Elks Lodge #1662 (BPOE)

Contact: Jon Lowrance
412 Sawmill Creek Road

Phone: 747-3511 (club)

Fax: 747-6830

Greater Sitka Chamber of Commerce

Contact: Andrea Keikkala, Executive Director
P. O. Box 638

Meetings are 12 noon every Wednesday at the Westmark Sitka banquet room.

Phone: 747-8604 Fax: 747-7413

Email: chamber@ptialaska.net

The Island Institute

Contact: Carolyn Servid
P. O. Box 2420

Sponsors annual writers' symposium and hosts several visiting writers throughout the year. Initiates and facilitates town-meeting style discussions on sustainability and other pertinent community issues.

Phone: 747-3794 or 747-7671
www.islandinstitutealaska.org

Moose, Loyal Order of the

Contact: Neil Huff, Governor
337 Lincoln Street

Community service projects, scholarships and assistance.

Phone: 747-3344 Fax: 747-3427

Mt. Verstovia Masonic Lodge #18

Contact: Kenneth Stedman, Secretary
821 Phearson

Phone: 747-3651

Ocean Wave Quilters

Contact: Sabra Jenkins, President

Membership of quilt makers who meet September through May on the first Tuesday of every month. The public is invited to attend. Members sponsor quilt workshops throughout the year and an annual quilt show. Donations are made to help fund college scholarships, books to Kettleson Memorial Library, and other community service organizations.

Phone: 747-5071

Phi Delta Kappa

Contact: Jetta Budd, President
1718 Edgecumbe Drive

International educational fraternity dedicated to leadership, research and service.

Phone: 747-5438
Email: tjbudd@alaska.com

Provisional League of Women Voters

Contact: Karen Martinsen
P.O. Box 2653

Non-partisan, political organization encouraging informed, active participation of citizens in government and influencing public policy through education and advocacy.

Phone: 747-8999

Rainy Day Doll Makers

Contact: Tam Fondell, President

Group meets once a month on the third Tuesday at 7pm at a designated house. Group has a show-and-tell and sponsors visiting teachers for workshops. Meets all year round.

Phone & Fax: 747-5779

Sitka Cancer Survivors Society

Contact: Debra Lyons, Treasurer

A non-profit organization dedicated to education and awareness in coping with the effect of cancer on individuals and family members. The Board and its members are available to individuals and their family members during the difficulties of dealing with this disease. The contribution of benches and the Path of Hope is a gesture of support to the community.

Phone: 747-7244

Sitka Community Hospital Auxiliary

209 Moller

Mary Hames, President

Pauline Fredrickson, Secretary

The Auxiliary fundraises and campaigns for the needs of the Sitka Community Hospital and provides scholarships for healthcare students.

Phone: 747-6893

Phone: 747-8453

Sitka Economic Development Association (SEDA) Phone: 747-2660 Fax: 747-7688

Contact: Hugh Bevan, Executive Director

329 Harbor Drive, Suite 212

A private, non-profit group dedicated to improving the lives of Sitkans through the development of our economy; help foster a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life.

Sitka Emblem Club

Phone: 747-6326

Contact: Judy Blankenship

P. O. Box 275

Women's organization specializing in community service projects. Membership open to women over 21 and those interested in community service.

Sitka Historical Society

Phone: 747-6455 Fax: 747-6588

Contact: Robert Medinger

330 Harbor Drive

www.sitkahistory.org

Email: sitkahis@ptialaska.net

Encouragement of historic preservation, lectures, special research, projects and newsletter.

Sitka Pioneers Home Auxiliary

Phone: 747-8426

Russell Betterton, President

Contact: Florence Schutte

120 Katlian Street

Welcomes members who wish to help seek ways to support Pioneer Home residents, staff and programs.

Sitka Rotary Club

Phone: 747-8688

Contact: Linda Brandt

P. O. Box 1967

This organization lists its motto as "Service Above Self" and community service projects include scholarships, direct donations, vocational services (student and professional experiences), international services (youth exchange program), and local fund raising such as Rotary Roses. Meets 12 noon every Tuesday at the Westmark Sitka Banquet Room.

Sitka Shriners Club

Phone: 747-3651

Contact: Kenneth Stedman

Sitka Sportsman's Association

Phone: 747-8886

Contact: Robert Kluting

R.V. Park, indoor shooting range, Sitka Salmon Derby, skeet and trap shooting.

Sitka Woman's Club

Contact: Anna Winters
300 Harbor Drive

A service organization dedicated to supporting the best interests especially as they pertain to women and children in Sitka. Membership open to all women. Scholarships are available.

Phone: 747-8617**Society of American Foresters**

Contact: Richard Abt

Provides information and service to the community by persons in the field of forestry and other natural resource professions.

Phone: 747-4226**www.SAFnet.org/****Sons of Norway**

Contact: Patty Bickar

Norwegian cultural and heritage organization.

Phone: 747-8467 Fax: 747-4907**U.S. Coast Guard Spouses' and Women's Association (USCGSWA)**

Contact: P.O. Box 1164 (Attn: President)

The USCGSWA supports the morale and well-being of our service personnel's spouses and their families by engaging in many charitable, community and social activities.

Women of the Moose

Contact: Ruby Lanham

Phone: 747-3344**337 Lincoln Avenue**

Health and Human Services

Alaska, State of, Office of Children's Services (OCS)**Report Child Abuse: 1-800-478-4444****208 Lake Street, Suite 2G****Toll Free: 1-800-478-8605****Phone: 747-2802 Fax: 747-5542****Alaska Parent Line: 1-800-643-KIDS (5437)**

Child protective services, information & referral, foster care licensing, & foster care for children.

Advancing Our Community (AOC) Coalition

Contact: Matthew Turner and Kayla Boettcher

Advancing our Community, or AOC, is a group of community members who are committed to Sitka's wellbeing. Many of the members of AOC come from agencies or organizations that work directly with youth, families, and individuals. AOC is organized around the principals of collaboration and consensus. This group meets the first Wednesday of every month at Centennial Hall from 2:30-3:30 p.m. They sponsor several projects in town and facilitate the flexible funding account for families in need.

Phone: 747-3198**www.sitkaaoc.org****Alaska Care Line**

Counselors with a focus on suicide prevention.

Phone: 1-877-266-HELP (4357)**Alaska's Tobacco Quit Line**

Available 24-hours a day, 7-days a week, to help people quit tobacco use.

Phone: 1-888-842-QUIT (7848)

Alcoholics Anonymous

P. O. Box 2924

Group of men and women who share their experience, strength, and hope with others so that they may solve their common problem and help others to recover from alcoholism.

Phone: 747-8866

**Brave Heart Volunteers
(formerly Sitka's Faith In Action, Inc.)**

Contact: Auriella Hughes, Director

120 Katlian Street (adjacent to the Pioneers' Home)

Brave Heart Volunteers is a non-profit, community organization begun in 2001 as a response to health care gaps and to provide assistance with chronic illness and end-of-life care. Volunteer home visiting, family caregiver respite, and compassionate care services are provided for frail elders, homebound, isolated, disabled, critically ill, dementia, post-hospitalization and terminally ill. Companionship, shopping, laundry, and help with home chores and other daily activities is provided by volunteers. Other program services include volunteer training, orientation, and coordination; comprehensive end-of-life training and education for hospice volunteers; family caregiver information and support groups; grief and bereavement support groups; and a library and resource room. Our Tlingit name Yee gu.aa yáx x'wán means *be brave* and reflects the strong connection we feel with our care-receivers as their health changes and they face some of life's most difficult challenges. All services are offered free of charge.

Phone: 747-4600 Fax: 747-8840

www.ptialaska.net/~sfia/

Email: auriella.sfia@alaska.net

Center For Community

700 Katlian Street, Suite B

Phone: 747-6960 Fax: 747-4868

Contact: Connie Sipe, Director

- ◆ **Case Coordination** – Helping individuals and their families coordinate supportive and rehabilitative services. Wilma Gauthier, Contract Administrator, email: wgauthier@cfc.org
- ◆ **Supportive Living Services** – Providing support and instruction for people with developmental and other disabilities to acquire the skills they need to live in their own homes and participate in community life. Wilma Gauthier, email: wgauthier@cfc.org
- ◆ **Vocational Rehabilitation** – Job assessment, training and placement for people with disabilities and other personal barriers to employment. Margaret Andrews, Deputy Executive Director, email: mandrew@cfc.org
- ◆ **Infant Learning Program** – Early intervention education and developmental enhancement programs for children age birth to three years. Gail Trujillo, ELP Director and TYCW Coordinator, email: gtrujillo@cfc.org
- ◆ **Personal Care Services** – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Cary Reid, Contract Administrator, email: creid@cfc.org
- ◆ **Respite Care Services** – Providing a needed break for caregivers and families of people with disabilities, Alzheimer's and other dementia, and frail seniors. Trace Hodges, Regional Manager, email: thodges@cfc.org
- ◆ **Employment Enhancement Program** – Case management, job training, support services and job placement for people receiving public assistance. Referrals to this program come only from the Division of Public Assistance. Sharon Stitz, Program Manager, email: [sstitz@cfc.org](mailto:ssitz@cfc.org)

PFLAG (Parents, Families and Friends of Lesbian and Gays)

P.O. Box 32245, Juneau, AK 99803

Phone: 907-463-4203 (Juneau)

PFLAG promotes the health and well being of gay, lesbian and bisexual persons, their families, and friends through: support to cope with an adverse society; education to enlighten an ill-informed public; and advocacy to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.

Planned Parenthood of Alaska – Sitka Center

Phone: 747-3883 Fax: 747-8282

514 Lake Street , Suite B

www.plannedparenthoodalaska.org

Contact: Anne Williams

Hours: Tues & Thurs: 9am-5pm and Wed: 8am-noon

Providing low to no cost confidential and professional medical care for teens, women and men.

Gynecological examinations, contraceptive care, cancer screenings, sexually transmitted infection screening and treatment, HIV antibody screening, pregnancy testing, counseling, and referrals.

Raven’s Way

Phone: 966-8714 Fax: 966-8723

Contact: Anita Didrickson, Program Coordinator

Intake and referral: **1-800-770-3063**

222 Tongass Drive

www.searhc.org/ravensway/

Adolescent rehabilitation outdoor wilderness experience includes hiking, camping, climbing, repelling, kayaking, rope courses, initiative games, 12-step drug education, and Statewide referral. Forty-day residential treatment program. OCS (Office of Children’s Services) licensed.

Salvation Army

Phone: 747-3358 Fax: 747-3458

Contact: Lt. Rick & Denise Degroot

Store Phone: 747-4519

405 Sawmill Creek Road

Social service hours Tuesday – Friday 12:30-2:30 pm. Emergency food, energy and rental assistance. Youth and women’s activities; call for more information.

SEARHC Behavioral Health Prevention

Contact: Program Coordinator

Phone: 966-8753 Fax: 966-8770

222 Tongass Drive

SEARHC’s Behavioral Health Prevention provides substance abuse prevention services throughout SE Alaska. The department works with tribal and community based agencies to develop and implement prevention projects by providing technical support, capacity training, youth/adult partnerships, evaluation and sustainability.

Sitka Cancer Survivors Society

(See **Sitka Cancer Survivors Group** on page 10)

Sitka Community Hospital Home Health Agency

Phone: 747-1750 Fax: 747-1760

209 Moller Avenue

State licensed home health agency providing services to persons in their homes. Services include nursing, occupational therapy, physical therapy, home health aides, assistance obtaining medical supplies and equipment, and other support services.

Sitka Counseling and Prevention Services, Inc.

Contact: Robert I. George, Director

701 Indian River Road

“Promoting Wellness In Our Community” SCAPS contributes to the health of the community by providing caring, professional services designed to prevent and reduce the harmful impact of substance abuse.

Youth Services

- ◆ **Emergency Services** – Crisis intervention services can be accessed 24 hours a day by contacting staff at Sitka Community Hospital who will page the on-call clinician.
- ◆ **Child/Youth Program** – This program serves children and youth under the age of 21 who are diagnosed as severely emotionally disturbed.

Adult and Youth Services

- ◆ **Prevention** – Prevention services are offered within the Student Assistance Program at Blatchley Middle School.
- ◆ **Comprehensive Assessments** – Each assessment includes an individualized interview regarding the client’s bio-psycho-social-spiritual history and functioning.
- ◆ **Adult and Adolescent Alcohol/Drug Information School**
- ◆ **Adult and Adolescent Outpatient Treatment**
- ◆ **Low Intensity Residential Treatment – Aurora’s Watch** -Provides adult males a structured living environment free from alcohol or drugs.
- ◆ **Continuing Care** – Available to all clients who complete their individualized treatment programs and is free of charge.

Sitkans Against Family Violence (SAFV)

Chris Bauman, Director

P.O. Box 6136

Offers emergency housing to victims of domestic violence and sexual assault. Provides crisis intervention, children’s services, education, support groups and legal advocacy.

Phone: 747-3370 Fax: 747-3450

Toll free: 1-800-478-6511

www.safv.net

Sitka’s Faith In Action, Inc. (formerly SFIA) now Brave Heart Volunteers (see page 13)

Sitka Family Justice Center

Contact: Shannon Bousson, Director

429 Katlian Street

Phone: 747-3501 Fax: 747-7643

Hours: Monday-Friday, 8:30am-4:30pm or by appt

The Sitka Family Justice Center provides any victim of family violence in Sitka and our neighboring communities with multiple agency services at one location. Services may be provided by a civil attorney, domestic violence advocate, chaplain, mental health and substance abuse counselors, tribal court representative and/or a law enforcement officer. The Center provides as safe and secure location as possible for those seeking advice and help.

Sitka WIC Program

Contact: Clara Gray

222 Tongass Drive

Phone: 966-8352 Fax: 966-8806

<http://health.hss.state.ak.us/ocs/nutri>

A Special Supplemental Nutrition Program for Women, Infants, and Children - better known as the WIC Program - serves to safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

Sitka White Elephant Shop Inc.

Contact: Jan Nelson
P.O. Box 6571

Phone: 747-3618**Store: 747-3430**

A non-profit volunteer group dedicated to Sitkans meeting needs not met by other agencies.

Sitka Works

Contact: Sheila Finkenbinder, Director
212 Lake Street

Phone: 966-3066 Fax: 966-3055Email: work@sitkaworks.org**www.sitkaworks.org**

- ◆ **Sitka Business Resource Center** – Accelerating the growth and development of small and emerging businesses. Providing entrepreneurial training, technical assistance and support.
- ◆ **Employment Services** – Practical help in your job search and limited financial support for adults who are unemployed or under-employed.
- ◆ **MASST (Mature Alaskans Seeking Skills Training)** – Helping workers age 55 and older transitioning back into the workforce.

Sitka Youth Home

Contact: Christine Dembinsky, Program Coordinator
P.O. Box 664

Phone: 747-3682

The Hanson House is a residential youth home. Please call for information or referral.

Southeast Alaska Independent Living (SAIL)

Contact: Willow Griffin
514 Lake Street, Suite C

Phone: 747-6859 Fax: 747-6783Email: sitka@sailinc.org

A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with disabilities to live in the community of their choice as active, involved, productive and integrated individuals. See ORCA on page 27 for recreational activities available.

SouthEast Alaska Regional Health Consortium (SEARHC)**At Kaník Hít – Community Health Services**

222 Tongass Drive

Phone: 966-8710 Fax: 966-2489

For hospital and clinics see Medical Section of Community Resource Guide (page 19)

• **Behavior Health Prevention**
Program Coordinator

Phone: 966-8753

• **Bill Brady Healing Center**
Program Coordinator

Phone: 966-8360

• **Breast & Cervical Health Program**
Program Coordinator

Phone: 966-8743

• **Yéil Jeeyáx – Ravens Way**
Program Coordinator

Phone: 966-8714

• **Environmental Health**
Injury Prevention

Phone: 966-8866

• **Health Promotion**

Phone: 966-8736

• **WISEWOMAN Program**
Program Coordinator

Phone: 966-8746/966-8783

Youth Advocates of Sitka, Inc.

Contact: David Voluck, Executive Director
P.O. Box 664

Youth Advocates of Sitka, Inc. operates residential and youth focused community mental health services including Hanson House, a licensed 8-bed residential facility that provides 24-hour residential treatment for youth ages 10-18; BEAR, a day treatment program for K-12 students in collaboration with the Sitka School District; general mental health services for Mount Edgecumbe High School students; and a non-secure attendant care for youth in police custody.

Phone: 747-3687 Fax 747-3627

Media

Capital City Weekly

Lee Lechper, Publisher & General Mgr
Amanda Gragert, Editor
Karen Wright, Advertising Manager
P.O. Box 3275
134 N. Franklin Street, Juneau, 99801

Phone: 789-4144 Fax: 789-0987

Email: lee.leschper@morris.com
Email: amanda.gragert@capweek.com
Email: Karen.wright@capweek.com
www.capitalcityweekly.com

GCI

Dennis Lanham, Systems Manager
208A Lake Street
Scanner Channel 19

Phone: 747-3535 Fax: 747-4929

Email: residentialcustomerservice@GCI.net

KIFW 1230 AM & 103.1 FM

Blake Messer, Station Manager
611 Lake Street

Phone: 747-6626 Fax: 747-8455

www.kifw.com (1230 AM website)
www.rockthetongass.com (103.1 FM website)

North Star Television Network

Dan Etulain
520 Lake Street
KSCT Access Channel 5, KTNL NBC, CBS Affiliate

Phone: 747-8200 Fax: 747-8440

Email: foxnet@ptialaska.net

Raven Radio, KCAW (FM 104.7) (FM 90.1)

Ken Fate, General Manager
2 Lincoln Street, Suite B

Phone: 747-5877 Fax: 747-5977

www.KCAW.org
Email: ravenradio@ak.net

Sitka Sentinel

Thad and Sandy Poulson, owners
Reporters: Shannon Haugland & Craig Giammona
112 Barracks Street
Daily newspaper and Arrowhead Press printing company.

Phone: 747-3219 Fax: 747-8898

Email: sitkanews@hotmail.com

Sitka Soup

Will Swagel, Editor
P. O. Box 6353

Phone: 747-7595 Fax: 747-7596

Email: shop@sitkasoup.com
www.sitkasoup.com

Bi-weekly shopper with classified ads, columns and display advertising. Flyer printed every other Thursday, February 14 through December 25th.

Medical

Sitka Community Hospital

209 Moller Drive

A 27-bed facility providing full range of healthcare services for hospitalized patients, nursing home residents, home-bound patients and outpatients. Open 24 hours a day, 7 days a week.

Phone: 747-3241 Fax: 747-1794

www.sitkahospital.org

- ▶ **Acute Care includes** ⇨
 - Emergency room
 - General Medical Care - 12 beds
 - Labor & delivery • Surgery

- ▶ **Outpatient Services** ⇨
 - Chemotherapy
 - Laboratory
 - Radiology
 - Mountainside Family Healthcare--Outpatient Clinic & Visiting Specialists
 - Weekend Clinics • Rehabilitation Services
 - Tobacco Cessation & Prevention Program

- ▶ **Long Term Care** ⇨
 - Skilled Nursing Facility for 15 residents
 - Rehabilitation Therapy
 - Medical Social Services
 - Activities Program

- ▶ **Home Health Agency** ⇨
 - Home visits by nurses, aides and therapists for homebound patients
 - Loan Closet & Wig Bank

Sitka Community Hospital Childbirth Education Program

Contact: Rebecca Austin, Childbirth Education Program Coordinator

209 Moller Avenue

Phone: 747-1701 Fax: 747-1769

Four-week program for expectant women and coaches to provide information about labor, delivery and newborn care offered 4 times a year.

Sitka Community Hospital Home Health Agency

209 Moller Street

Phone: 747-1750 Fax: 747-1760

State licensed home health agency providing services to persons in their homes. Services include nursing, chemotherapy, occupational therapy, physical therapy, home health aide, and assistance obtaining medical supplies and equipment.

Sitka Public Health Center (Sitka Community Health Center)

210 Moller Drive

Phone: 747-3255 Fax: 747-4899

Contact: Penny Lehmann

Email: penny_lehman@health.state.ak.us

Michelle Kennedy

Email: michelle_kennedy@health.state.ak.us

Public health nurses provide preventive health services including: well child check-ups and immunizations, WIC referrals, post-partum home visits, referrals for funding through Health Care Program for Children with special needs. Communicable disease testing: TB screening, HIV antibody testing, and some STD testing. Adult immunizations including flu, tetanus, pneumonia, family planning services including pregnancy testing, emergency contraception, birth control counseling, free condoms and foam. Information brochures and booklets available on many health services, communicable diseases, parenting and child care. Most of these services are available to Port Alexander through periodic visits by the Public Health Nurse.

Southeast Alaska Regional Health Consortium (SEARHC)

S'áxt' Hít – Mt. Edgecumbe Hospital

Phone: 966-2411 Fax: 966-8300

222 Tongass Drive

Emergency: 966-2411

A 49-bed acute care hospital and associated ambulatory clinics. Hospital staff specialists include family practice, internal medicine, obstetrics/gynecology, otolaryngology, psychiatry, general surgery, radiology, optometry, audiology, pediatrics, and dentistry. Support services located within the hospital include pharmacy, laboratory, imaging, physical therapy, respiratory therapy, nutritional counseling, patient education, and social services. The Outpatient Clinic provides primary care and specialty services both by appointment and on an urgent need basis. Emergency services are provided 24 hours a day, 7 days a week.

- **Emergency & Information** Phone: 966-2411 Fax: 966-8300
- **Administration** Phone: 966-8310
- **Audiology/Ear, Nose, & Throat** Phone: 966-8366
- **Child Care Center** Phone: 966-2449
- **Contract Health Services** Phone: 966-8316
- **Dental Clinic** Phone: 966-8343
- **Haa Toowóo Náakw Hít, Outpatient Mental Health** Phone: 966-8611
- **Health Records** Phone: 966-8350
- **Laboratory** Phone: 966-8326
- **Mental Health** Phone: 966-8611
- **Optometry Department** Phone: 966-8415
- **Outpatient Department** Phone: 966-8318
- **Pharmacy** Phone: 966-8347
- **Physical Therapy** Phone: 966-8312
- **Radiology** Phone: 966-8327
- **Social Services** Phone: 966-8413
- **Surgery Clinic** Phone: 966-8672
- **WIC** Phone: 966-8352
- **Wise Women** Phone: 966-8819

Southeast Alaska Regional Health Consortium (SEARHC) Neurodevelopmental Team

Contact: Marilyn Lande, Case Manager

Phone: 966-8815 Fax: 966-8627

222 Tongass Drive

The clinic provides comprehensive diagnostic evaluation and treatment for children and adults who may have a neurodevelopmental (or brain) disorder which effects the functioning of the brain. The disorder may be the result of head trauma, alcohol exposure in the womb, genetics, or a variety of other causes.

Southeast Regional Emergency Medical Services Council (SEREMS) www.serems.org

100 Clothilde Bahovec Way

Phone: 747-8005 Fax: 747-1406

Contact: Bobbi Leichty, Director

Email: general@serems.org

Resources on obtaining First Aid, CPR, ETT, and EMT training and purchase of books and First Aid supplies. Holds annual EMS Symposium in March.

United States Coast Guard Air Station Medical and Dental Clinic

611 Airport Road

Phone: 966-5430 Fax : 966-5491

Contacts: Chief Samuel Rivera, Kristen Homer RN, FNP, and
Commander Kristine Sareault, DDS

All active duty personnel and their families, Armed Services retirees and their dependents eligible for medical, dental outpatient services, pharmacy, laboratory, and physical therapy .

Occupational Therapy

Tori Hay, OTR/L SEARHC, Toowóo Náakw Hít

Phone: 966-8611

Kay Levenson, OTR/L Occupational Therapy Services

Phone: 966-2531

Moira McBride, OTR/L

Phone: 747-3769

Occupational Therapy is a health and rehabilitation profession that helps people regain, develop, and build skills that are important for independent functioning, health, well-being, security, and happiness. OT practitioners work with people of all ages who, because of their illness, injury, or developmental/psychological impairment, need specialized assistance in learning skills to enable them to lead independent, productive and satisfying lives. OT can prevent injury or the worsening of existing conditions or disabilities and promotes independent function in individuals who may otherwise require institutionalization or other long-term care.

Parenting

Alaska, State of, Office of Children's Services

Phone: 747-2802 or 1-800-478-8605

Report Child Abuse: 1-800-478-4444

Alaska Parent Line: 1-800-643-KIDS (5437)

208 Lake Street, Suite 2G

Fax: 747-5542

Child protective services, information and referral, foster care licensing, and foster care for children.

SAFE Start Initiative

Phone: 747-2669 Fax: 747-3918

Contact: Annette Becker

Email: abecker@sitkatribes.org

429 Katlian Street

Parent-Child Interaction Therapy (PCIT) is a new program offered to Sitkans for children between the ages of 2 and 7 who show many of the following behavioral concerns: refusing to follow directions, frequent temper tantrums, sassiness, aggressiveness, difficulty in school, swearing and defiance. Referrals are by self-referral, State of Alaska Office of Children's Services (OCS), courts, Sitkans Against Family Violence (SAFV), and schools.

Sitka Community Schools

Phone: 747-8670 Fax: 966-1462

Contact: Curt Ledford, Director

www.ssd.k12.ak.us/CommSchool/index.html

601B Halibut Point Road (office located at Blatchley Middle School)

Community Schools offers youth and adult activities through a number of on-going classes, sports, and special events (see pages 5 and 27).

Sitka School District Early Support Program
Contact: Jeanine Brooks, Coordinator and Counselor
305 Baranof Street

Phone: 966-1321 Fax: 747-3049

The goal of the early support program is to assist parents, teachers and community agencies with providing education, prevention, and intervention services for “at risk” students in grades K, 1 & 2. There are many circumstances that affect young people and possibly impair efforts to succeed in school. Some of these circumstances are: a child exposed to chronic illness or death of a loved one; a child in crisis due to such family transitions as separation, divorce, and/or relocation; a child who is chronically tardy or truant; a child living in a shelter or other temporary home; and/or a child who is a victim of neglect.

Sitka Tribe of Alaska Social Services

429 Katlian Street

Contact: Annette Becker

Offers family outreach, including day care assistance, and Indian Child Welfare Program financial assistance for low-income families.

Phone: 747-2669 Fax: 747-3918

www.sitkatribes.org

Email: abecker@sitkatribes.org

Public and Social Services

Alaska Immigration Justice Project

431 West 7th Avenue, Suite 208, Anchorage, AK 99501

Contact: Robin Bronen

The Alaska Immigration Justice Project is a non-profit agency that provides low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

Phone: 279-2457 Fax: 279-2450

Alaska Lawyer Referral Service

www.alaskabar.org/index.cfm?id=4999

550 West 7th Avenue, Suite 1900, Anchorage 99501

This is a referral service only and may give you an opportunity to find a lawyer that will help in a specific area, or one that can help a person who is experiencing language or cultural barriers.

Toll Free: 1-800-770-9999

Phone: 272-0352 Fax: 272-2932

Email: info@alaskabar.org

Alaska Legal Services Corporation

419 Sixth Street, Suite 322, Juneau, AK 99801

www.alsc-law.org/

ALSC is a federally funded, statewide organization that provides free legal services to those 60 and older, and others that meet financial eligibility.

Toll Free: 1-800-789-6426

Phone: 586-6425 Fax: 586-2449

Email: juneau@alsc-law.org

Alaska Network on Domestic Violence & Sexual Assault Toll Free: 1-888-520-2666

Contact: Christine Pate, Pro Bono Mentoring Attorney

ANDVSA provides state-wide support to low-income victims of domestic violence and sexual assault in need of legal assistance and supports attorneys willing to take a wide variety of civil cases.

Alaska Raptor Rehabilitation Center

P.O. Box 2984

1000 Raptor Way

Suzetee Becker, Volunteer Coordinator

A volunteer operated, non-profit organization dedicated to the preservation of wild animals and birds (bald eagles being the predominant species) through emergency medical treatment, research, rehabilitative care, and public education.

Phone: 747-8662 Fax: 747-8397**Toll Free: 1-800-643-9425****www.alaskaraptor.org**Email: volunteers.alaskaraptor@alaska.com**Alaska, State of, Division of Juvenile Justice****Phone: 747-8608 Fax: 747-5141****Sitka Probation Services****www.hss.state.ak.us/djj/probation/sero.htm**

Contact: Tom Clarke, Juvenile Probation Officer III

Email: Tom_Clarke@health.state.ak.us

210 "A" Moller Street

The Division of Juvenile Justice is the primary responder to juvenile delinquency referrals from state and local law enforcement which includes determining an appropriate course of action, which may include formal court prosecution, referrals for counseling, community work service, residential treatment and other diversion type programs. DJJ is also responsible for the provision of active probation supervision of juveniles as ordered by the Superior Court which includes monitoring juvenile offenders to ensure their adherence to court orders, including payment of resitution and performance of community work service. Southeast Juvenile Probation offices have placed a considerable effort on developing programs consistent with the principles of Balanced and Restorative Justice. Community efforts in Ketchikan, Sitka and Juneau have resulted in the development of Youth Court programs.

Alaska, State of, Division of Probation & Parole**Phone: 747-6641 Fax: 747-7975**

Contact: William Eblen

Email: william_eblen@correct.state.ak.us

304 Lake Street, Rm210

www.correct.state.ak.us/corrections/communitycorr/Sitka.htm

The Sitka Probation Office is responsible for probation and parole supervision of offenders in Sitka, Petersburg, Wrangell, as well as Prince of Wales Island. Referrals are received through the court system and the parole board.

Alaska, State of, Division of Public Assistance**Toll Free: 1-800-478-8234**

201 Katlian Street, Suite 107

Phone: 747-8234 Fax: 747-8224

Provides programs such as Food Stamps; Alaska Temporary Assistance Program for

families with children; Adult Public Assistance (aid to the elderly, blind and disabled);

Medicaid; Denali KidCare; Emergency Assistance; General Relief Assistance; and CAMA

(Chronic and Acute Medical Assistance).

Alaska, State of, Office of Children's Services (OCS) Toll Free: 1-800-478-8605**Report Child Abuse: 1-800-478-4444****Phone: 747-2802 Fax: 747-5542**

208 Lake Street, Suite 2G

Alaska Parent Line: 1-800-643-KIDS (5437)

Child protective services, information & referral, foster care licensing, & foster care for children.

Chamber of Commerce-Greater Sitka**Phone: 747-8604 Fax: 747-7413**

Contact: Andrea Keikkala, Executive Director

www.sitkacoc.com

329 Harbor Drive, Suite 212 / P.O.Box 638

Email: chamber@ptialaska.net

An organization of business members committed to fostering relationships between members and the community. Meetings are 12 noon every Wed. at the Westmark Sitka banquet room.

City and Borough of Sitka

100 Lincoln Street
 Mayor – Marko Dapceovich
 Assessor – Jim Corak
 Finance Director – Dave Wolff
 Director of Public Works – Joe Castro
 Electrical and Utilities Director – David Folce
 Police Chief – Sheldon Schmitt
 Centennial Building Manager – Don Kluting
 Information Systems Director – Gary McCarty
 Government Relations Director – Marlene Campbell

Phone: 747-3294**www.cityofsitka.com**

Administrator – John Stein
 Attorney – Theresa Hillhouse
 Municipal Clerk – Colleen Pellett
 Human Resources Director – Mark Danielson
 Planning Director – Wells Williams
 Fire Chief – Scott Elmer
 Harbor Master – Ray Majeski
 Library Director – Cheryl Pearson
 Parks & Recreation – Lynne McGowan

RecycleSITKA

Contact: Norm Campbell, Recycling Coordinator
 601B Halibut Point Road **www.cityofsitka.com/recycleSITKA/recycle.html**
 Encouraging anyone interested in recycling paper, cardboard, metal cans, newspapers, glass, #2 plastic milk containers, and aluminum to drop them off at the Katlian Street Marine Services Center next to Thomsen Harbor (information and other sites listed on the web page above).

Phone: 747-8670

Email: norm@cityofsitka.com

Sitka Conservation Society

Andrew Thoms, Executive Director
 P. O. Box 6533 **www.sitkawild.org**
 A non-profit organization whose goal is to protect the temperate rainforest of Southeast Alaska and preserve the quality of life in Sitka.

Phone: 747-7509 Fax: 747-6105

Email: info@sitkawild.org

Sitka Convention and Visitors Bureau

Sandy Lorrigan, Executive Director
 303 Lincoln Street, Suite 4 / P.O. Box 1226
 Provides travel planning and convention information/services as well as information about members' local services for tourists.

Phone: 747-5940 Fax: 747-3739**www.sitka.org**

Email: scvb@sitka.org

Sitka Economic Development Assoc. (SEDA)

Contact: Hugh Bevan
 329 Harbor Drive, Suite 212
 SEDA's mission is to foster a business climate that is receptive and conducive to existing and new businesses in Sitka, help promote the creation of family-wage jobs in Sitka, and enhance the quality of life for Sitkans.

Phone: 747-2660 Fax: 747-7688**www.sitka.net/**

Email: inforequest@sitka.net

Sitka Family Justice Center

429 Katlian Street
 The Sitka Family Justice Center is sponsored by the President's Family Justice Center Initiative through the U.S. Department of Justice, Office on Violence Against Women by a Domestic Violence grant with the Sitka Tribe and Sitkans Against Family Violence. Family Justice Centers around the nation strive to streamline services and improve accessibility for victims of domestic violence. The Center seeks to provide comprehensive services for victims at one location and is open to serve any victim of family violence in our community and our neighboring communities. Please call for more information.

Phone: 747-3501 Fax: 747-7643

Hours: 9am - 5pm or by appointment

Sitka Legislative Information Office

Marie Murray, Sitka Legislative Information Officer
201 Katlian Street, Suite 200A (second floor)

Information on State and federal legislation and programs, public teleconferences, free message service to State legislators during session (POMS or fax), voter registrar, on-line PFD service, and help connecting to other State, federal government or public offices.

Phone: 747-6276 Fax: 747-5807

www.legis.state.ak.us

Email: Sitka_LIO@legis.state.ak.us

Sitka Police Department

304 Lake Street, Room 102

Contact: Police Chief Sheldon Schmitt

Non-Emergency Dispatch: **747-3349**

Crime Line: **747-8980**

Emergency: Dial 911

Phone: 747-3245 Fax: 747-1075

www.sitkapd.com

Detectives: **747-3215**

Animal Shelter: **747-3567**

Sitka Softball Association

Contact: Kelly Kirby

Offering men's, women's, co-ed, and Junior Olympics Leagues.

Phone: 747-4700 Fax: 747-4717

www.sitkasoftball.com

Tlingit & Haida's Tribal Temporary Assistance to Needy Families (TTANF)**Employment & Training Division**

201 Katlian Street, Suite 200B

(second floor of Totem Square Inn)

Contact: Barbara J. Keener

Contact: Alicia Williams

Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida's Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

Toll free: 1-866-747-3790

Phone 747-3991 Fax: 747-3993

www.ccthita.org

Email: bkeener@ccthita.org

Email: awilliams2@ccthita.org

Tribal Child Support Unit (Central Council)

201 Katlian Street, Suite 200B

Contact: Laurie Cropley

Tribal Child Support Unit is available to establish, enforce, review and modify paternity and child support orders from the State of Alaska and help locate absent parents with a goal of promoting stable, safe and healthy relationships between parents and their children and the vision for children that they can count on their parents for financial, medical and emotional support to be healthy and successful.

Phone: 747-3074 Fax: 747-3993

www.ccthita.org

Arts

Alaska State Council on the Arts

Local Contact: Norman Campbell, Council Member

411 West 4th Avenue, Suite 1E, Anchorage, AK 99501-2343 **Toll free: 1-888-278-7424**

The Alaska State Council on the Arts exists to enhance cultural development in the State by ensuring that art of the highest quality is accessible to all Alaskans. See their web site listed above for grant and program information.

www.educ.state.ak.us/aksca

Phone: 747-5941

Baranof Arts and Crafts Association

Contact: Melissa Harrison, President

BACA supports the community and local artists in understanding and marketing works of art and hosts a juried summer art show and sale May thru Sept at the Harrigan Centennial Hall.

Summer Phone: 747-6536

Phone: 747-3033

Baranof Theatre Guild

Contact: Dave Arnold

Provides entertainment to the community of Sitka through the Little Theatre.

Phone: 966-2372

Greater Sitka Arts Council

Contact: Pat Hughes, Chair

P.O. Box 564

Community arts group to advocate for and assist all Sitka arts groups.

Phone: 738-6119

Sheet' ka Kwa'an Naa Kahidi Community House

Contact: Tonya Rioux; Rachel Roy

200 Katlian Street

Native performances and gift shop featuring native art. Building available for rent for performances and other special events.

Phone: 747-7137 Fax: 747-3770

www.sitkatribal.com

Sitka Comedy Group

Contact: Doug Osborne

Local people and former class clowns united to laugh and help others do the same.

Phone: 747-3752

Sitka Studio of Dance

Contact: Melinda McAdams, Owner/Instructor

1310 Sawmill Creek Road / P.O. Box 6325

Teaching dance (ballet, jazz, modern, tap, creative movement) to Sitkans age 3 through adults.

Phone: 966-2557 Fax: 966-2557

Sitka Summer Music Festival

Contact: Darleen Fernandez, Executive Director

P.O. Box 201988

Anchorage AK 99520

This acclaimed chamber music festival is held the first three weeks of June each year featuring world class musicians. Performances are held on Fridays and Tuesdays. Special events include a family concert, crab feed, cruise and boat party.

Phone: 277-4852 Fax: 277-4842

www.sitkamusicalfestival.org

Sitka Phone: 747-6774 (June)

Email: Director@sitkamusicalfestival.org

Museums

Sheldon Jackson Museum

104 College Drive

Phone: 747-8981 Fax: 747-3004

Contact: Scott McAdams

www.museums.state.ak.us/sheldon_jackson/sjhome.html

An Alaska State Museum specializing in Alaska Native artifacts is the State's oldest museum. Major cultures represented include Aleut, Yup'ik, Inupiat, Athabaskan, Tlingit, Haida and Tsimshian. Programs, lectures, video film series, children's activities, and special traveling exhibits offered during the year. Summer hours (May 15- September 15) open daily from 9 am - 5 pm. Closed on holidays. Winter hours 10 am - 4 pm Tuesday through Saturday.

Sitka Historical Museum

330 Harbor Drive

Phone: 747-6455 Fax: 747-6588

Contact: Robert Medinger

www.sitkahistory.org

Email: sitkahis@ptialaska.net

Local history museum presents and conserves historic artifacts, documents, and photos. Contact the museum for volunteer opportunities.

Outdoor and General Recreation

Alaska State Parks

Phone: 747-6249 Fax: 747-3007

Contact: James Bunting

3803 Halibut Point Road

Manages three parks on the Sitka road system and three State Parks in the Sitka area. Volunteer opportunities include assistance with maintenance, cleanup, and facility repairs.

National Park Service - Sitka National Historical Park

Contact: Greg Dudgeon, Superintendent

Phone: 747-0110 Fax: 747-5938

103 Monastery Street

Email: SITK-interpretation@nps.gov

Offers exhibits and audiovisual programs at the Visitor Center, tours of Russian Bishop's House, recreational opportunities such as trails and picnic areas, and Southeast Alaska Indian Cultural Center where visitors may view artists actively working on their projects.

Outdoor Recreation and Community Access (ORCA)

Contact: Willow Griffin

Phone: 747-6859 Fax: 747-6783

514 Lake Street, Suite C

Email: sitka@sailinc.org

The recreation program of SAIL (see page 16) providing recreational activities for people with disabilities. However, all abilities are welcome. Call for details.

Shore to Summit

Phone: 747-7244

801 Halibut Point Road

Email: trail@gci.net

Shore to Summit is dedicated to offering quality hikes because we are deeply invested in the health of Sitka's trail system. The revenues earned are used to expand and maintain Sitka's trails. Hike with a small group of up to 10 visitors led by a trained naturalist/interpreter.

Sitka Community Schools**Phone: 747-8670 Fax: 966-1462**

601B Halibut Point Road (office located at Blatchley Middle School)

Contact: Curt Ledford, Director

www.ssd.k12.ak.us/CommSchool/CSmain.htm

Sitka Community Schools offer education and recreation opportunities for people of all ages including youth and adult sports, classes from karate to babysitting, and more. Schedules and supervises the public use of school facilities, gyms and the Blatchley swimming pool. Includes the Ventures before and after school program; comprehensive summer programs that include recreation, swim lessons, and youth volunteer opportunities; administration of the Learn and Serve program; the Crossing Bridges Grant; and the Peer Helpers program, bringing schools and community together. (See pages 5 & 20)

Sitka Trail Works, Inc.**Phone: 747-7244 Fax: 747-7244**

Contact: Debra Lyons, Executive Director

www.sitkatrailworks.org

801 Halibut Point Road

Email: trail@gci.net

Originally formed to employ displaced timber workers. Today the mission statement aims to contribute to the overall health of the community through the development, maintenance, and promotion of a comprehensive trail system in the Sitka area.

Sports Leagues, Adult**Phone: 747-8670 Fax: 966-1462**

601B Halibut Point Road

Contact: Woody Widmark, Community Schools Sports Coordinator

Adult Soccer Program, City League Basketball, and City League Co-ed Volleyball

USDA Forest Service - Tongass National Forest Phone: 747-6671

Sitka Ranger District, 204 Siginaka Way

www.fs.fed.us/r10/tongass/index.shtml

The Sitka Ranger District (an administrative sub-unit of the Tongass National Forest, Chatham area) provides information on management of natural resources located on District lands, which include Baranof and Kruzof Islands, as well as the southern and western portions of Chichagof Island. The District provides Smokey Bear or Woodsy Owl visits and materials, Natural Resource Education, assistance to schools and organizations, information on educational use of National Forest land administered by the District (i.e. Starrigavan and Sawmill Creek Campgrounds, Harbor Mountain Recreation Area, numerous cabins and trails), and other National Forest related information.

Senior Services

Alaska Legal Services Corporation

419 Sixth Street, Suite 322, Juneau, AK 99801

Email: juneau@alsc-law.org

Provides legal services to socially and economically needy and to those 60 and older and others who meet financial eligibility.

Toll Free: 1-800-789-6426

Phone: 907-586-6425 Fax: 907-586-2449

www.alsc-law.org

Brave Heart Volunteers

(formerly Sitka's Faith In Action, Inc.)

Contact: Auriella Hughes, Director

120 Katlian Street (adjacent to the Pioneers' Home)

Brave Heart Volunteers is a non-profit, community organization begun in 2001 as a response to health care gaps and to provide assistance with chronic illness and end-of-life care. Volunteer home visiting, family caregiver respite, and compassionate care services are provided for frail elders, homebound, isolated, disabled, critically ill, dementia, post-hospitalization and terminally ill. Companionship, shopping, laundry, and help with home chores and other daily activities is provided by volunteers. Other program services include volunteer training, orientation, and coordination; comprehensive end-of-life training and education for hospice volunteers; family caregiver information and support groups; grief and bereavement support groups; and a library and resource room. Our Tlingit name Yee gu.aa yáx x'wán means *be brave* and reflects the strong connection we feel with our care-receivers as their health changes and they face some of life's most difficult challenges. All services are offered free of charge.

Phone: 747-4600 Fax: 747-8840

www.ptialaska.net/~sfia/

Email: auriella.sfia@alaska.net

Learn and Serve Programs

<http://www.ssd.k12.ak.us/CommSchool/Activities/Upcoming.html>

Contact: Darlene Dehlin

Provide service-learning opportunities for Sitka's youth with a strong emphasis on intergenerational programs.

Phone: 747-8670 Fax: 966-1462

Lifespan Home Modifications

P.O. Box 65, Sitka AK 99835

P.O. Box 165, Fairbanks, AK 99709-3546

Karla Zervos, Founder

Lifespan Home Modifications specializes in housing adaptations to improve access, reduce maintenance, and assist caregiving for those who want to age as independently as possible in their own home. Services include home assessments, project coordination for remodeling or new home construction, floor and site plan reviews, contractor referrals, and funding options. A nationally Certified Aging in Place Specialist offers homeowner clinics and workshops, accredited continuing education courses for contractors, and care provider training.

Toll Free: 1-800-993-1798

Email: lifespan@homemodification.com

Phone: 1-907-457-5433

www.homemodification.com

Mature Alaskans Seeking Skills Training (MASST) Phone: 966-3066

Contact: Alene Henning, Program Liason

Email: masst@sitkaworks.org

212 Lake Street (office in Sitka Works building)

MASST assists low-income, mature Alaskans (55 and older) with on-the-job skills training, job search assistance and placement into employment. Find out how to start a new career.

Older Persons Action Group, Inc. (OPAG)

325 E. Third Avenue, Ste 300, Anchorage, AK 99501

Contact: Ray Clements, Executive Director

Advocacy for older Alaskans. Also provides direct service including information and referral. Publishes Senior Voice, a statewide newspaper for senior citizens. Sponsors senior community service employment program, an affiliate of the Alaska Job Service Network.

Toll free: 1-800-478-1059**www.opagak.org**Email: execdiropag@gci.net**Sitka Advisory Commission on Health Needs and Community Services**

Contact: Stephen Warren & Willow Griffin, Co-chairs

The Commission promotes programs which benefit citizens of Sitka by enhancing their health, safety and welfare with maximum citizen participation in planning, development, operation, and maintenance of such programs. Seven members of which 3 must be over 65 or older.

Swan Lake Senior Center

402 Lake Street

Phone: 747-8617 Fax: 747-6878

Contact: Anna Winters

Serving seniors (age 60 and older) and persons with disabilities. The Center offers midday meals for seniors Monday through Friday. Suggested donation is \$4.00 per meal for seniors. For individuals under 60 years of age the charge is \$8.00 per meal. Transportation to and from the Center is available. Suggested donation is \$1.50 per ride for seniors. For all others there will be a \$2.00 charge per ride. Many special events including card games, bingo, lectures, and sing-a-longs are planned. Diabetes group meets the fourth Tuesday of the month at 11am. Blood sugar and blood pressure checks on the first Thursday of the month by Public Health Nurse. We also offer transportation to medical appointments and shopping. (See **Swan Lake Senior Center Paratransit/Assisted Rides** below for details.)

Transportation

Community Ride Public Bus System

200 Katlian Street

Phone: 747-7103

Daily and monthly bus passes may be purchased at the Community House, 200 Katlian Street. Also available at the Community House and on the buses are 12-trip ticket books, one way, two-way tickets, and daily passes. Office hours at the Community House are Monday through Friday, 8 am -12:30pm and 1:30-4:30pm.

Swan Lake Senior Center Van (Paratransit or Assisted rides)

Contact: Anna Winters

Phone: 747-8617 Fax: 747-6878

The Senior Center van service provides transportation needs for persons with disabilities and seniors (age 60 and over) including transportation to and from the Center. Suggested donation is \$1.50 per ride for seniors. For all others the charge is \$2.00. We are open for transportation Monday through Friday from 6:30am-9:00pm and by reservation on weekends between 9am to 2:30pm.

No Smoking Taxi Services**Hank's Cab****Phone: 747-8888****Nina's Taxi & Courier Service (M-F, 4:30am-6pm)****Phone: 738-1931****Sassy's Animal Bus****Phone: 738-3311****Sitka Cab****Phone: 747-5001****Sitka Tours (Ferry Transport)****Phone: 747-8443**

Sitka Healing Arts Network

Acupuncture and Oriental Medicine

Phone: 747-6915

Joyce Ellen Krohn

264 Katlian Street / P.O. Box 6403

The Acupuncture and Oriental Medicine Clinic uses the medical principles of the healing arts of traditional Chinese and Japanese medicine to provide energetic balancing. Such treatment is useful for many medical conditions as well as to promote and maintain good health and prevent disease. Imbalances revealed by oriental assessment are treated by a variety of therapies including Japanese Meridian Therapy, Acupuncture, Moxibustion (herbal heat treatment), Chinese herbal food supplements, and others.

Alternative-Complementary Healing

Phone: 747-3145

Aleeta Bauder CHT

Email: A.L.BAUDER@ATT.NET

Certified Vibrational Health Practitioner, specializing in Psychoenergetic Heart-centered Therapy, Chakra Balancing and Quantum Field Clearing, using energy based transformation through the following modalities: Alchemical Hypnotherapy, Acupressure, Healing Touch, Reiki, Body Centered Therapy, Aroma-therapy, Flower Essence Therapy, Vibrational Health Therapy, and Craniosacral Therapy. By appointment only -- no drop ins.

Anam Cara

Phone: 747-5985

Lisa Sadleir-Hart

Email: anamcara3@acs.alaska.net

815 Charles Street

Anam Cara offers spiritual formation workshops in the contemplative tradition, facilitated spiritual journey groups and individual spiritual direction.

Baranof Chiropractic

Phone: 747-8502 Fax: 747-8503

310 Eler Street

Karen Zamzow, D.C ▼ Jeffrey Hartshorn, D.C. ▼ Tiffany Allison, LMP ▼ Elaine McCann LMP

Our office supports the expression of each person's innate healing ability in their pursuit of health and quality of life through the application of natural chiropractic methods, massage therapy, and education promoting a wellness based chiropractic lifestyle.

Certified Healing Touch Practitioner

Phone 747-6597

Diane Y. Marx, RN, BSN, CHTP

P.O. Box 1310

Healing Touch is a biofield therapy, energy-based approach to health and healing. Non-invasive techniques utilize the hands to influence the human energy field thus affecting physical, emotional, mental, and spiritual health and complements conventional health care.

Creative Healing

Phone: 738-2122

Jill Burton

110 American Street

Skilled, intuitive, integrative approach to Alternative Healing and Performance Art including massage therapy, Ortho-Bionomy, energy work, & sound healing. Also Pilates instruction, yoga, dance, voice, frame drumming and Feng Shui. Available for individual or group appointments, lessons, consultation, classes and Intuitive Healing Performances.

Free Motion

Martina Kurzer, Guild Certified Feldenkrais® practitioner
110 American Street (behind Visions Framing)

Phone: 747-3127 or 747-3101

Email: mkurzer@gci.net

The Feldenkrais® Method is an ingenious system that provides phenomenal benefits for the movements and function of the human body. General benefits include greater flexibility, coordination, balance, and posture, leading to improved self image and overall sense of ease. One hour private sessions, half-hour sessions for two, and group workshops by appointment.

Massage and Therapeutic Bodywork

Tama Bevan

110 American Street

Individualized, skillful bodywork for pain relief, relaxation and emotional restoration. Sessions may include Swedish massage, Deep Tissue, Shiatsu, Energy-Active Craniosacral Therapy, Myofascial Release, Stone Massage, and healing touch. Individualized, skillful bodywork for pain relief, relaxation and emotional/spiritual restoration.

Phone: 738-0400**Sanskara, Inc.**

Cynthia Dennis, MS, CRNA

209 Moller Avenue

Phone: 747-1728

Anesthesia and interventional pain management.

Sitka Physical Therapy, LLC

700 Katlian Street, Suite E

Eric Speck MSPT, ATC ▼Paul Columb, PT ▼Bridget Hitchcock MPT ▼Alicia Peavey, DPT

Sitka's only private out-patient PT practice offering a comprehensive menu of rehabilitative services. SPT adopts a proactive approach to rehabilitation and furnishes its facility with the latest cardio and resistive exercise equipment to help on your path to wellness and optimal function. Preferred providers Blue Cross/Blue Shield, Medicare, Medicaid and Tri-Care.

Phone: 747-4559 Fax: 747-5415**www.sitkaphysicaltherapy.com****Sitka Wellness Center**

315 Lincoln Street, Suite 207

Contact: Mel Wadkins, Office Manager

Paul J. Beane, D.C. ▼Lisa Fitzwilliams, D.C. ▼Katie Didrickson, CMT ▼Stan Filler, Jr. CMT

Focus on early assessment and prevention of disease as well as optimizing health and vitality. Services offered by team of professionals include spinal manipulative therapy, customized clinical nutrition, exercise rehab, therapeutic massage, Kinesiology testing and lifestyle modification programs as well as providing a natural pharmacy.

Phone: 747-2726 Fax: 747-6126**www.sitkawellnesscenter.com**

Email: swc@alaska.net

Sufi Meditation Circle

Contact: Auriella Hughes, Coordinator

Individuals gather to meditate together, study teachings from the Sufi tradition, & share.

Phone: 747-3678

Email: auriella@alaska.com

Tai Chi Chih - Joy Through Movement - A Moving Meditation**Nancy Jo Bleier**, Accredited Tai Chi Chih Instructor

702 Biorka Street

Martina Kurzer, Accredited Tai Chi Chih Instructor

P.O. Box 6484

Kathryn Snelling, Accredited Tai Chi Chih Instructor

418 DeArmond Street

Phone: 747-5039

Email: tfnjb@hotmail.com

Phone: 747-3101

Email: mkurzer@gci.net

Phone: 747-8825

Therapeutic Massage

Phone: 747-7311

Mo McBride ▼ Tess Heyburn ▼ Elizabeth Stromme ▼ Cherie Creek
110 American Street

A group of certified massage practitioners trained in a variety of modalities including Swedish massage, deep tissue, manual lymph drainage, craniosacral, myofascial massage, Healing Touch, chair, and hot stone massage. Hours are by appointment only. Out call services available on request. Gift certificates available, credit cards accepted.

Yoga Union

Phone: 738-0711 or 738-6243

Andrea Thomas ▼ Sarah Lawrie ▼ Kasey VanderHock
408 Marine Street

Offering various levels of yoga instruction: Yoga Basics, Gentle Yoga, Dynamic Yoga, and Vinyasa Flow. Mats provided.

Sitka Native Associations

Alaska Native Brotherhood (ANB) Camp #1

Phone: 738-3377

Contact: Gerry Hope, President
235 Katlian Street, Suite A

The Alaska Native Brotherhood is a non-profit, fraternal organization established in 1912. The ANB has served Alaska in many ways including assisting in the development of society and in the preservation of Native culture, and ensuring that all people are treated equally. The first charter for the ANB was formed in Sitka by a group of Founding Fathers.

Alaska Native Sisterhood (ANS) Camp #4

Phone: 747-4512

Contact: Jean Arnold, President
235 Katlian Street

The ANS works as a volunteer organization to promote, enhance and initiate social, cultural, health, and wellness issues that face Alaskan Natives or American Indians that reside in Sitka. ANS Camp #4 meets on a regular basis at the ANB Hall with meeting notices published in the newspaper. The ANS is open to any citizen of Sitka who wishes to join. A small fee is required.

Baranof Island Housing Authority

Phone: 747-5088 Fax: 747-5701

Contact: Gus Adams, Executive Director
304 Baranof Street / P. O. Box 517

Using Housing and Urban Development funds and matching funds from Alaska Housing Finance Corporation, BIHA builds and manages homes for Native-occupant participants in a lease-to-purchase program. BIHA also builds and manages low-income rental units. Occupants' payments for both programs are based on income.

Gájaa Héen Dancers

Phone: 747-8561

Contact: Ron Dick
P.O. Box 6210

An Alaskan Native dance group that performs over 40 traditional Tlingit dances.

Noow Tlein Dancers

Phone: 747-3534

Contact: Lillian Young
Perform traditional Tlingit dances. Adult dance group.

Shee Atiká Incorporated www.Sheeatika.com/ **Toll free in Alaska: 1-800-478-3534**
Contact: Robert Loiselle, President & CEO **Phone: 747-3534 Fax: 747-5727**
315 Lincoln Street, Suite 300 Email: info@sheeatika.com
SAI is an urban corporation organized pursuant to the Alaska Native Claims Settlement Act.

Sheet' ka Kwaan Naa Kahidi Community House **Phone: 747-7137 Fax: 747-3770**
Contact: Tonya Rioux and Rachel Roy
200 Katlian Street
Native performances and native art gift shop. Available for rent for meetings and other events.

Sitka Family Justice Center **Phone: 747-3501 Fax: 747-7643**
429 Katlian Street Hours: 9am - 5pm or by appointment
The Sitka Family Justice Center is sponsored by the President's Family Justice Center Initiative through the U.S. Department of Justice, Office on Violence Against Women by a Domestic Violence grant with the Sitka Tribe and Sitkans Against Family Violence. Family Justice Centers around the nation strive to streamline services and improve accessibility for victims of domestic violence. The Center seeks to provide comprehensive services for victims at one location and is open to serve any victim of family violence in our community and our neighboring communities. **Please call for more information.**

Sitka Tribe of Alaska **Toll Free: 1-800-746-3207**
Contact: Lawrence Widmark, Tribal Chairman **Phone: 747-3207 Fax: 747-4915**
456 Katlian Street
Social Services **Phone: 747-2669 Fax: 747-3918**
Contracts with federal agencies to provide adult vocational training; direct employment assistance; higher education assistance and grants; housing improvement; Johnson O'Malley; and social services that include Indian Child Welfare Act services for people that are enrolled or eligible to be enrolled. Also provides services for children, youth and families exposed to domestic violence. Provides activities for at risk or high-risk youth.

Sitka Tribal Enterprises **Phone: 747-3207 Fax: 747-3770**
Contact: Camille Ferguson **www.sitkatribes.org**
200 Katlian Street Email: steoffice@sitkatribes.org
Includes the transaction of all or any lawful public and private fundraising efforts as well as the development, support, and management of economic development activities which may include education, cultural, and business development projects in support of the Sitka Native community of Sitka, Alaska.

Southeast Alaskan Indian Cultural Center **Phone: 747-8061 Fax: 747-8189**
Contact: Gail J. Peterson, Executive Director **Artists Studio: 747-8122**
106 Metlaktla Street, Suite C Email: SEAICC@gci.net
SEAICC was established in 1969 to impart the cultural values of Southeast Alaska Native Culture to students and visitors by providing a place for local Sitka Tlingits to teach themselves about their own culture, while also helping Park visitors understand the Native people whose history is a part of the National Park story. Although housed in the Sitka National Historical Park, SEAICC is an independent, non-profit Native organization. SEAICC offers courses in traditional Tlingit arts such as beadwork, weaving, bentwood box and box drum making.

Youth Services and Recreation

Alaska, State of, Division of Juvenile Justice

(see page 22 for more info)

Babies and Books

Phone: 747-8708 Fax: 747-4899

Contact: Patty Bickar (or ask at the Library)

Mailing address: c/o Kettleson Memorial Library, 320 Harbor Drive

Babies and Books promotes literacy in families with newborn to 3 year-old children. All parents of newborns receive a board book in the hospital and resource guide newsletters are sent out at regular intervals and yearly birthday parties are held at the library.

Baranof Barracudas Swim Club (BBSC)

Phone: 747-5622

Contact: Robbie Jarville, Head Coach

www.bbsc-sitka.com

P.O. Box 2464

Email: robbyj@bbsc-sitka.com

Established in 1974 as the Sitka Swim Club, this non-profit, parent-run organization continues to build swimmers of all ages with the tradition of producing competitive Alaskan swimmers. The BBSC is associated with the nationwide USA Swimming Organization. Call for more info.

Big Brothers Big Sisters

Phone: 747-3500 Fax: 747-3003

Contact: Barbara Morse, Program Manager

www.southeastbigs.org

408C Oja Way

Email: sitka@southeastbigs.org

Big Brothers Big Sisters is the leader in one-to-one youth-service, with a century of proven success in creating positive friendships that benefit children, volunteers, families, neighborhoods, and in the community. Call about matching yourself or your child.

Boys and Girls Club

Phone: 747-4961

Contact: Lillian Feldpausch
601 Alice Island Loop Road

School Year Hours: Mon-Fri 2-6pm & Sat TBA
Summer Hours: Mon-Fri 11am-5pm

& Teen evenings Th-Fri 5:30-9pm & Sat 2-9pm

Sitka Tribe of Alaska has received grant funding and opened a Sitka Boys and Girls Club with the goal of providing affordable, safe and supervised activities free of charge for all Sitka youth ages 7-18. Five clubhouse rooms offer activities designed to develop participant's character, cultural awareness, career aspirations and scholastic success while having fun!

Community Schools

Phone: 747-8670 Fax: 966-1462

Contact: Curt Ledford, Director

www.ssd.k12.ak.us/CommSchool/CSmain.htm

601 B Halibut Point Road (located at Blatchley Middle School)

Sitka Community Schools offer education and recreation opportunities for people of all ages including youth and adult sports, classes from karate to babysitting, and more. Schedules and supervises the public use of school facilities, gyms and the Blatchley swimming pool. Includes the Ventures before and after school program; comprehensive summer programs that include recreation, swim lessons, and youth volunteer opportunities; administration of the Learn and Serve program; the Crossing Bridges Grant; and the Peer Helpers program, bringing schools and community together.

Girl Scouts of America**Tongass Alaska Girl Scout Council**

316 West 11th Street, Juneau, Alaska 99801

Local contact: Call toll free number above or email for local information.

Toll Free: 1-800-478-8247

Email: tagsc@gci.net

JO Girls Fast Pitch Softball

Contact: Lisa Way

Registration starts in March, season runs April through June. Open to girls ages 8 and up.

Phone: 747-3924

Kenwa Kai Karate of Sitka

Contact: Nathan Young, Director/Instructor

P.O. Box 654

Kenwa Kai Karate of Sitka is a non-profit school of Karate Do with over twenty years of service in Sitka providing superior instruction in traditional Japanese Shito-Ryu Karate with emphasis in self-defense and cardio fitness. Staffed by well trained, certified instructors who teach in a fun, friendly, and family-oriented environment. Classes are available for beginning and advanced adults, families, and youth through Sitka Community Schools during the school year and private lessons by appointment with Sensei Young.

Phone 747-5928 Cell: 738-0659

www.kenwakarateofsitka.org

Email: senseikenwasitka@yahoo.com

Learn and Serve Programs

Contact: Darlene Dehlin

www.ssd.k12.ak.us/CommSchool/learn-&-serve.htm

Provide service-learning opportunities for Sitka's youth with a strong emphasis on intergenerational programs. These are funded by a grant from the Corporation for National and Community Schools.

Phone: 747-8670 Fax: 966-1462

Sitka Fine Arts Camp

Contact: Roger Schmidt, Director

P.O. Box 3086

This annual camp offers intense, high-quality professional instruction in Music, Dance, Theater, Visual Arts, Creative Writing, Computer and Video Production, and Native Arts. The camp provides young people with a richer and more varied art opportunity than they can usually find in their own communities outside the traditional classroom setting and away from the athletic field. It also gives students a variety of social experiences.

Phone and Fax: 747-3085

www.fineartscamp.org

Sitka Little League

Contact: Brian Hanson

P.O. Box 2761

Little League Baseball program for Tee Ball through Big League – ages 5 through 18, male and female.

Phone: 747-3257

Email: brianhanson@alaska.com

Sitka Skippers

Contact: Karen Case

343 Wortman Loop

This program is available for Kindergarten through college age young people who enjoy jump rope for fun, demonstration, and/ or a place on a competitive team. Sitka Skippers is a member of the U.S. Amateur Jump Rope Federation.

Phone: 747-6603

Sitka Studio of Dance**Phone: 966-2557 Fax: 966-2557**

Contact: Melinda McAdams

1310 Sawmill Creek Road

Teaching concert dance (ballet, jazz, modern, tap, creative movement) to Sitkans ages 3 through adult.

Sitka Youth Soccer Club**Phone: 747-7504**

Contact: Annemarie Lapalme

A youth recreational soccer program ages 4 and up. Summer and winter season with signups through Sitka Community Schools. Dependent on volunteer help for coaching and organization.

Youth Advocates of Sitka**Phone: 747-3687 Fax: 747-3627**

Contact: David Voluck, Executive Director

P.O. Box 664

Services including Hanson House, a licensed 8-bed residential facility that provides 24-hour residential treatment for youth ages 10-18; BEAR, a day treatment program for K-12 students in collaboration with the Sitka School District; general mental health services for Mount Edgecumbe High School students; and a non-secure attendant care for youth in police custody.

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