ALASKA BUILDING **ENERGY**

Second Printing

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ALASKA BUILDING ENERGY EFFICIENCY STANDARD

SECOND PRINTING

Editor's Note
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AHFC Research Information Center
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The first printing of the Alaska Building Energy Efficiency Standard (BEES) by Alaska Housing Finance Corporation was September 1, 1991, and went into effect on January 1, 1992. Although there have been no technical changes to the Standard since that time, a number of editorial corrections and updates to the original printing have occurred. Formerly, these corrections and updates were listed on a separate errata sheet in the BEES. They included:

- 1) A Window U-Value Default Table, which has been in effect since November 17, 1993.
- 2) Clarifications of window test requirements, which have been in effect since January 1, and February 1, 1995.
- 3) An airtightness-level rating system now listed numerically.
- 4) Updated names, dates, and miscellaneous information.
- 5) Corrections of various printing errors in the original document.
- 6) Clarification of approved rating systems, tests and energy-analysis software.
- 7) An increase in compliant energy ratings from 4 Star in 1992 to 4 Star Plus in 1995.

These changes are now incorporated into this Second Printing of January 1, 2002.

Also, effective February 1, 2002, only authorized individuals, who have met specific training and testing requirements, and who have been issued a BEES Compliance Certification Number, may sign forms verifying that a building meets the BEES.

Finally, please note that the BEES states that window and door requirements, and ventilation requirements, be reviewed every two years, and the entire BEES be reviewed every three years to make it responsive to users, technological developments and other changes in the building industry.

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CHAPTER 1

TITLE, SCOPE, AND GENERAL

1.1 Title

This document, originally dated September 1, 1991, effective January 1, 1992, and corrected January 1, 2002, shall be known as the "Building Energy Efficiency Standard, Second Printing" and is referred to herein as this "Standard."

1.2 Purpose

The purpose of this Standard is to promote the construction of energy-efficient buildings. This document sets standards for thermal resistance, air leakage, moisture protection, and ventilation as they relate to efficient use of energy in buildings.

1.3 Policies

In the implementation, administration, and enforcement of this Standard, the policy of the State of Alaska is to:

- a) Foster housing that is comfortable, healthy, and affordable to heat;
- b) Develop public awareness of energy-efficient building designs, technologies, and systems;
- c) Establish acceptable and appropriate energy standards for buildings based upon practical and cost-effective measures that reduce energy consumption;
- d) Permit flexibility in compliance by allowing alternative methods of meeting the requirements of this Standard; and
- e) Except where stated otherwise in this Standard, review and monitor this Standard and its administration every three years to make it responsive to users, technological developments, and other changes in the building industry.

1.4 Scope

This Standard shall not be used to abridge any structural, safety, fire, health, or environmental requirements of locally adopted codes, federal standards, or current editions of the International or Uniform Building, Mechanical, Plumbing and Fire Codes as adopted by the International Conference of Building Officials (ICBO) and the National Electrical Code as adopted by the National Fire Protection Association. In case of conflict between this Standard and any of the above codes or standards, the most stringent shall apply. This Standard is intended to supplement these codes.

1.5 Compliance Method

One of four alternative methods shall be used to comply with this standard. These methods are:

Prescriptive Method – Chapter 3. This method requires minimum R-values for each thermal envelope assembly. R-values for things such as sheetrock, paint, carpeting, paneling, sheathing, siding, brick facing, interior and

exterior boundary air films, or backfill shall not be included. Only insulation R-values and air spaces provided specifically for insulating value may be included.

This method shall not be used to trade off R-value requirements between different envelope assemblies or between different components of the same assembly. To do that, Chapter 4, 5, or 6 shall be used.

When using the Prescriptive Method, all mandatory measures given in Chapter 2 shall also be accomplished.

Performance Method – Chapter 4. The Performance Method allows the trade-off of insulation requirements between elements within a particular thermal envelope assembly. For example, if window area above the allowed 15 percent prescriptive maximum is desired, the Performance Method allows such an increase provided wall insulation R-value is increased to offset the extra heat loss resulting from the increased window area.

Trade-offs between different thermal envelope assemblies are not allowed with this method. In other words, more insulation in the ceiling does not allow for decreased insulation in the wall. For this kind of trade-off, Chapter 5 Building Budget Method or Chapter 6 Home Energy Rating Method shall be used. The Performance Method, however, may be used in combination with the Prescriptive Method.

Some calculations are necessary with the Performance Method. The formulas to calculate trade-offs are provided in this Chapter.

When using the Performance Method, all mandatory measures given in Chapter 2 shall also be accomplished.

Building Budget Method – Chapter 5. The Building Budget Method requires proof of compliance through an AkWarm, HOT-2000, or other computer energy analysis, or manual calculations, approved by Alaska Housing Finance Corporation (AHFC). This option requires calculating space heat-loss values. Specific insulation requirements are not given. Any design may be chosen, provided the building does not exceed the maximum energy use and heat-loss values given for the region and building type. When using this option, all mandatory measures given in Chapter 2 shall also be accomplished.

Home Energy Rating Method – Chapter 6. This option requires achieving a Four Star Plus rating and complying with the ventilation requirements given in this Standard. The rating shall be done by a person authorized by AHFC.

1.6 Alternate Materials and Construction Methods

The provisions of this Standard do not prevent the use of a material or method of construction not specifically prescribed by this Standard, provided the alternative has been approved, and its use authorized as complying with this Standard, by the Research and Rural Development Division (the Division) of Alaska Housing Finance Corporation. The Division will require that sufficient evidence or proof be submitted to substantiate any claims that may be made regarding the alternatives. The details of any action granting approval of an alternate will be recorded and entered in the files of the Division.

CHAPTER 2

MANDATORY DESIGN MEASURES

Energy efficiency involves insulating the thermal envelope, installing the vapor retarder carefully, providing proper ventilation, installing high efficiency heating appliances, caulking, sealing, and weather stripping, and applying many other measures that together make a complete, unified system.

This chapter specifies mandatory energy conservation measures. These measures shall also be complied with when using Chapter 3, 4, or 5 to demonstrate compliance with this Standard. This chapter may be used as a guide for building to ensure compliance with Chapter 6.

2.1 Insulation

Thermal insulation is the primary material that resists the flow of heat out of a heated building. There are many kinds of insulation. Specific application, ability to resist heat flow, flame spread, smoke developed, and other factors vary for each. Insulation installation shall be as recommended by the manufacturer and approved by local building codes.

The following requirements govern the use of a thermal insulation material:

- a) A recessed light fixture may be installed in an insulated cavity provided the fixture is labeled for such installation by an appropriate agency, such as Underwriters Laboratory. A fixture shall not break the continuity of a vapor retarder.
- b) An insulation material shall not be installed within 2 inches of a concrete or masonry chimney unless the insulation is designated as noncombustible and approved for such installation by the insulation manufacturer and local building codes.
- c) Clearance around a gas flue vent or metal chimney shall comply with provisions of the appropriate ICBO codes
- d) A noncombustible material shall be installed to permanently maintain required clearances of thermal insulation from a heat source.
- e) A pipe, wire, electric box or other object in an insulated cavity shall have insulation shaped and installed around the object rather than compressed behind it or shifted out of place because of it.
- f) An insulation material shall not be installed in any manner that obstructs an opening required for attic ventilation.
- g) If eave baffles are necessary to maintain required attic ventilation, they shall be wood, metal, moisture-resistant cardboard, or other such material that can be fixed, is rigid, weather resistant, and non-collapsible. A baffle shall provide a minimum clear air space of 1.5 inches above the baffle the full width between roof rafters. An eave baffle itself or solid blocking shall shield the face of the insulation to prevent wind from blowing through an eave vent directly into the insulation. Do not extend an impermeable baffle, such as plastic coated cardboard, the full length of the ceiling. This creates a double-vapor-retarder problem. (See Section 2.8 for more information on permeability requirements of outer-envelope materials.)

- h) Loose fill insulation in ceilings that slope more than 2.5 inches in 12 inches requires a glue binder, netting, or other means recommended by the insulation manufacturer to prevent any settling or slumping of the insulation over time.
- i) Loose fill insulation shall meet or exceed the insulation manufacturer's recommended installed density to achieve a required R-value.
- j) A corner of an exterior wall or a juncture where an interior wall meets an exterior wall shall be fully and properly insulated.
- k) A standard raised heel truss design shall maintain the required insulation level all the way to the outer line of the building envelope.
 - Exception: A required insulation level may be reduced in an area over a top plate of an envelope wall to accommodate a differing roof design provided the reduction is no more than 20 percent of the required R-value.
- l) A drop chord truss design, where the top of the insulation is above the level of the envelope wall top plate, shall extend the insulation all the way to the outside of the envelope wall.
- m) Some roof-insulation designs create "warm roof" conditions. Warm roofs can result in condensation and ice-dam problems. Designers and builders should know the difference between warm roofs and cold roofs and the appropriate application of each.

2.2 Vapor Retarder

The following requirements govern a vapor retarder:

- a) A continuous vapor retarder shall be installed throughout a building's thermal envelope, including rim joist areas between floors, except as permitted in Section 2.2(h).
- b) A vapor retarder shall be installed at a point between the room interior surface and the theoretical winter dew point within each envelope assembly. The dew point shall be determined using 70° Fahrenheit and 40 percent relative humidity for interior conditions, and an outside temperature of the January average minimum (30-year average) for the building location. Use recognized weather data sources.
- c) A vapor retarder shall have a dry cup perm rating of 0.6 or less.
- d) Different vapor retarder materials may be used throughout a structure provided the joint between them is sealed, gasketed, or overlapped to provide for continuous coverage as required above. For example, a ceiling and wall vapor retarder may be polyethylene while a floor vapor retarder may be exterior grade plywood with joints caulked.
- e) All penetrations, punctures, or tears of a vapor retarder shall be carefully sealed. Sealing can be done with acoustical caulk, gaskets, polyethylene tape, or other products made especially for sealing a vapor retarder. Select a proper sealing material for the intended application. For example, latex, oil-based, or silicone caulks lose their sealing ability over time and should not be used to seal a vapor retarder. In most situations, acoustical caulk has proven to be an effective sealant. Sealing over solid backing is recommended.
- f) Where seams in polyethylene vapor retarders are parallel to framing members, they shall be overlapped a minimum of one framing member. Where seams face an air space or do not occur over solid backing, such

as a seam perpendicular to framing members, they shall be sealed with vapor-retarder tape. Where seams are sandwiched between rigid materials, such as between framing and gypsum wallboard, they do not need to be sealed (although it is recommended). Duct tape shall not be used for any sealing.

- g) A polyethylene vapor retarder shall not be drawn tightly across framing members before fastening. Slack in polyethylene shall be provided to allow for expansion, contraction and movement of structural members.
- h) A vapor retarder is not required for a crawl space wall.
- i) A vapor retarder of minimum 6 mil (0.006 inches) thick polyethylene or approved equal shall be laid over the ground within a crawl space. A vapor retarder shall be overlapped 12 inches minimum at all joints and shall extend up the crawl space wall a minimum of 12 inches. It is recommended that the vapor retarder be protected from punctures or tears by covering it with a two-inch layer of concrete or sand.

2.3 Air Tightness

Cracks, joints, and openings in a building's thermal envelope can be the cause of as much as 40 to 50 percent of a building's total heat loss. This Standard contains a number of measures to minimize uncontrolled air movement through a thermal envelope. Controlling random air movement and providing controlled ventilation is the best way to reduce air leakage and heating costs, reduce the infiltration of radon, protect the building structure, and provide needed fresh air.

One of the three methods below shall be used for compliance with air-tightness requirements for this Standard:

- a) Sealing Measures. All cracks, joints, and openings in or through a thermal envelope shall be caulked, gasketed, taped, weather-stripped, or otherwise sealed. Such locations include, but are not limited to:
- Between rough framing and a window or a door frame, between an exterior wall sole (bottom) plate and floor, between a mudsill and a foundation wall;
- Around a utility penetration, such as for plumbing, electricity, telephone, or fuel line;
- Around a penetration in a ceiling or floor, such as for a chimney, flue, vent, attic access panel, or crawl
 space access panel;
- At a break, penetration, puncture, or tear in a vapor retarder (as stated in Section 2.2, Vapor Retarder);
- At a hole in a stud or top or bottom plate of an interior or exterior wall where piping or electric wiring pass through the thermal envelope;
- Around an electrical outlet or junction box;
- Around an HVAC duct;
- · Around a fan enclosure, supply or exhaust grill, or diffuser;
- At all other such openings in the thermal envelope.

A caulking, gasket, or sealing material, and the manner in which it is applied, shall conform to applicable ICBO codes and the manufacturer's recommendations. Stuffing fiberglass insulation into a crack is not an adequate sealing method.

b) Blower Door Testing. Air tightening may be accomplished in any manner, provided total air changes per hour (ACH) for a building does not exceed the value given in Table 2.1 when tested in accordance with the ASTM (American Society for Testing and Materials) E779-87 "Standard Test Method for Determining Air Leakage Rate by Fan Pressurization," or the Canadian CAN/CGSB-149.10-M86 "Standard for Determination of Airtightness of Buildings by the Fan Depressurization Method," or other AHFC-approved method.

Table 2.1 Airtightness Requirements @ 50 Pascals

BUILDING TYPE	REGION	ACH
Detached single-family or duplex	1, 2, & 3	4
Detached single-family or duplex	4 & 5	3
All other	All	3

c) Tracer Gas Testing. Air tightening may be accomplished in any manner, provided total natural air changes per hour (NACH) for a building does not exceed the value given in Table 2.2 when tested in accordance with ASTM E741 "Practice for Measuring Air Leakage Rate by the Tracer Dilution Method" or the National Association of Home Builders (NAHB) "AIMS" test.

Table 2.2 Airtightness Requirements Natural ACH

BUILDING TYPE	REGION	NACH
Detached single-family or duplex	1, 2, or 3	0.26
Detached single-family or duplex	4 & 5	0.19
All other	All	0.19

2.4 Fireplaces and Wood Stoves

A fireplace or wood stove shall be installed with the following:

- a) A tight-fitting, closeable metal or glass door covering the entire opening of the firebox;
- b) A means to utilize outside air for combustion, as per manufacturer's design specifications, and equipped with a readily accessible, operable, and tight-fitting damper;
- c) For a fireplace, a tight-fitting flue damper with a readily accessible manual control.

Exception: A gas-burning fireplace shall have a minimum position stop on the damper as specified by the fireplace manufacturer and the appropriate ICBO codes.

2.5 Ventilation Requirements

The airtightness requirements in this Standard substantially reduce air leakage through a building's thermal envelope. This provides the opportunity to introduce controlled ventilation into a building resulting in health, comfort, and energy-efficiency benefits. Airtightness, controlled ventilation, and regular maintenance all work hand-in-hand to achieve good indoor air quality. A heat recovery ventilator is not required, but is highly recommended.

Ventilation requirements will be reviewed in two years and modifications made as necessary to improve this Standard.

Ventilation requirements shall be met by using one of the two options listed below and by meeting the requirements of subsection 2.5.3 Mandatory Measures for Ventilation Options I and II.

2.5.1 Ventilation Option I

The current ASHRAE (the American Society of Heating, Refrigeration, and Air Conditioning Engineers, Inc.) Standard 62, "Ventilation for Acceptable Indoor Air Quality," shall be used to determine ventilation requirements for a building.

2.5.2 Ventilation Option II

This ventilation option applies only to a residential building. These requirements deal only with normally encountered levels of household pollutants. Further, this option assumes outdoor air is suitable for ventilation. Specific pollutants and their acceptable levels for adequate indoor air quality are provided in ASHRAE Standard 62. Additionally, the ventilation air called for below does not provide for the combustion or dilution air requirements of a combustion appliance. For Ventilation Option II, all requirements under subsection 2.5.4 Additional Mandatory Measures for Ventilation Option II shall be met.

Ventilation Rate – A ventilation system shall have the capacity to provide ventilation air (air supplied to and exhausted from) the greater of either:

- a) 0.30 air changes per hour (ACH), based on the volume of conditioned space within a building (this assumes 0.05 ACH is provided by natural air leakage); or
- b) The ventilation air rate for a building as determined by using the procedures for Table 2.3.

Table 2.3 Minimum Ventilation Air Requirements, CFM

SPACE	BASE FLOW RATE	EXHAUST				
		Continuous	Intermittent			
Category A Rooms						
Master Bedroom	20					
Other Bedrooms	10					
Living Room	10					
Dining Room	10					
Family Room	10					
Recreation/Hobby Room*	10					
Non-partitioned Basement	20					
Other Habitable Rooms	10					
Category B Rooms						
Kitchen	10	25	100			
Bathroom	10	20	50			
Laundry Room*	10					
Utility/Work Room*						
(not mechanical room)	10					

^{*} These rooms may generate excessive indoor air pollutants and may require additional exhaust capability.

Procedures for using Table 2.3:

- 1) Add the base flow cubic-feet-per-minute (cfm) rate for each room in the building.
- 2) Add the continuous-exhaust flow rate for each room in the building.
- 3) Total ventilation air flow shall be the larger of total base flow cfm or the total continuous exhaust flow cfm. This is the minimum supply and exhaust air that shall be provided.
- 4) If the total continuous exhaust cfm is larger than the total base flow cfm, then supply air shall be increased to match the exhaust cfm flow rate, or part of the exhaust requirements may be accomplished by intermittent exhaust. If a space chosen from intermittent exhaust is a bathroom or kitchen, the minimum intermittent flow rate listed for the room shall be met. Intermittent exhaust air shall be transported directly to the outdoors. Total continuous ventilation airflow shall still be the larger of the remaining continuous exhaust airflow or the base airflow.
- 5) The ventilation air requirements for a combined room, such as living/dining or kitchen/dining, may be determined as if each were an individual room.
- 6) Ventilation air to a Category B room called for in the base-flow-rate column can be provided indirectly from a Category A room through continuous exhaust from a Category B room.
- 7) Ventilation system design shall account for any airflow loss as a result of design specifics or installation effects. A minimum airflow rate specified above shall be verifiable after installation is complete. Caution: Research studies show that low- to medium-quality ventilation equipment and duct systems generally result in actual airflow rates only 30 to 50 percent of an equipment's rated ventilation capacity. It is recommended that high quality ventilation equipment with a 2.0 sone rating and permanent split capacitor motor be used.

2.5.3 Mandatory Measures for Ventilation Options I and II

- a) Ventilation air through an exterior door or operable window shall not be considered as part of a ventilation system design and shall not be included in proving compliance with a required minimum ventilation rate.
- b) Estimated natural ventilation provided by leaks through a building's thermal envelope may be included as part of a ventilation system design. The natural ventilation flow rate, however, shall be confirmed after construction is complete by one of the blower door test methods specified in Section 2.3, Air Tightness. The airflow rate shall be stated in terms of cfm and shall be derived using the Lawrence Berkeley Laboratories (LBL) methodology. A modification of this methodology is not allowed. The test shall be conducted by a person trained and authorized by an AHFC-approved program to do such work. The accuracy of airflow measurement for blower door equipment shall be accurate within ±10 percent of the actual measured flow rate. Pressure measurement apparatus shall be accurate to within ±2 pascals.
- c) If the tested natural ventilation rate is less than estimated during design, the ventilation system shall be upgraded so that the total minimum ventilation air requirement is met.

2.5.4 Additional Mandatory Measures for Ventilation Option II

- a) If using a central ventilating appliance, the supply and exhaust air flows shall be balanced within 10 percent of each other. A means to permanently assure flow rates within the balancing tolerance shall be provided.
- b) A ventilation system shall be designed and installed to uniformly mix and circulate supply air throughout an occupied zone. Supply air shall be introduced into a room in a manner that does not create human discomfort and is not potentially damaging to the building.
- c) There shall be adequate air circulation into and out of a room at all times. A door or transom louver, undercut door, wall transfer fan, return grille or other means shall be used.
- d) Exhaust air for a residential building shall not be recirculated, except that cross-flow leakage from the exhaust to the supply air stream of a heat recovery ventilator (HRV, formerly referred to as air-to-air-heat exchanger) shall be limited to no more than 5 percent.
- e) A backdraft or automatic damper shall be used to provide positive closure of a dedicated exhaust duct during a standby period.
- f) A clothes dryer or kitchen range hood exhaust duct shall lead directly to the outdoors and shall not be connected to a ventilation system.
- g) A ventilation system's supply and exhaust vents on the exterior of a building shall be separated a minimum of 6 feet horizontally and shall be at least 18 inches above an adjacent finished grade. A vent location shall also be placed a minimum of 10 feet horizontally away from a known pollutant source (such as car exhaust fumes). Care shall be taken to locate a vent where the effect of wind or snow accumulation does not adversely affect the ventilation system's performance. Coordinate location requirements with the appropriate ICBO codes and local site conditions.
- h) An exterior exhaust vent shall not be located where the exhaust air rises into an attic vent.
- i) A duct transporting ventilation air shall be sealed at all joints. Wrapping with duct tape alone is not adequate. A duct transporting ventilation air of 60°F or greater through any unconditioned space shall be insulated to a minimum of R-6 and wrapped with a vapor retarder of 0.06 perms or less.
- j) A ventilation air duct shall use a smooth-walled material, such as galvanized steel or lined fiberglass (rigid or semi-rigid), as much as possible. When necessary to use flexible ducting, it shall be supported along its full length with no sags and no bends greater than 90 degrees.
- k) A mechanical ventilation appliance shall be equipped with one or more automatic controls. Some examples are a timer, dehumidistat, or sensor. A control shall also have a manual override option.
- A ventilation system may be designed to shut off completely during daily periods when a building is not
 occupied, but shall not exceed more than 12 hours per day. A manual shutoff capability shall be provided for
 extended periods of non-occupancy such as vacations.
- m) Where the operation of a ventilation system includes a period when no supply air is provided (such as defrost cycles for heat recovery ventilators), the system shall be designed so that the total time of no supply air does not exceed one hour within any two-hour period.

- n) A builder shall provide written operation and maintenance instructions to a homeowner for the ventilation system.
- o) A combustion appliance, such as furnace, boiler, wood stove, or fireplace, shall be provided with sufficient combustion and venting air as required by the appliance manufacturer. This requirement is in addition to ventilation air requirements given above.
- p) A ventilation appliance shall not be located in a space that is difficult or inconvenient to access such as a crawl space or attic if the appliance requires maintenance on a monthly or more frequent basis.

2.5.5 Air Pressure Limitations

Controlling interior air pressures within acceptable positive and negative tolerances is critical to occupant safety, building longevity and building performance. Positive pressure can force moist indoor air into the thermal envelope. This moisture can condense, freeze, and build up over the winter. Ice buildup degrades insulation performance and encourages mold and mildew growth, and ice expansion damages the building. Thawing during the summer causes water damage and wood rot. This damage often goes unchecked for several years because it occurs mostly within the thermal envelope, out of sight. Negative pressure can cause backdrafting of heating and cooking appliances. Backdraft exhaust fumes contain a number of gases dangerous to human health such as carbon monoxide and nitrogen oxides. Carbon monoxide causes headaches, drowsiness, shortness of breath, blurred vision, and dizziness. High concentrations lead to death. Nitric oxide produces toxic effects similar to carbon monoxide and additionally irritates the eyes, nose, and throat. Nitrogen dioxide causes lung damage.

For these reasons, it is highly recommended that the considerations in Appendix C, Air Pressure Limitations be followed.

2.6 Windows, Doors, and Skylights

Windows, doors and skylights affect heat loss more than any other element of a building's thermal envelope. For example, windows can account for as much as 25 percent of the total envelope conductive heat loss although they generally account for only 3 to 5 percent of the total envelope area. A common double-glazed window loses 10 times more heat per square foot than a 2 x 6 insulated wall.

Window, door, and skylight requirements will be reviewed in two years, and modifications will be made as necessary to improve this Standard. The following requirements apply to a window, door, or skylight:

- a) A product performance claim referencing a test conducted after December 31, 1994, shall be acceptable only if testing was performed using the protocols specified by the National Fenestration Rating Council (NFRC). Such a test shall be conducted by an independent laboratory certified by NFRC to perform such a test. The test report shall include a statement that the test was performed in accordance with NFRC protocols.
 - Although an NFRC test is required, product performance certification by NFRC is not. AHFC encourages NFRC product performance certification, but only requires that the manufacturer self-certify that all of the products it manufactures that reach the marketplace are built in the same manner as the product samples simulated and tested.

- b) A sample used for testing shall be a production line unit or representative of a unit commonly manufactured. No adjustment shall be made to a unit to prepare it for testing than would ordinarily be made in the field by a builder.
- c) A laboratory test report showing all relevant product performance values shall be submitted to AHFC's Research Information Center. A manufacturer's literature is not an acceptable substitution for a laboratory test report. A product listing in the NFRC Certified Products Directory is an acceptable substitution for a laboratory test report. Laboratory test reports and/or the NFRC Certified Products Directory will be available for public inspection to allow customers to verify performance claims.
- d) A hollow core wood door or a single-glazed window or skylight in the thermal envelope is not allowed regardless of which method (Chapter 3, 4, 5, and 6) is used to comply with this Standard.
- e) A metal frame for a window, skylight, or threshold shall have a continuous thermal break between inside and outside metal surfaces.
- f) A window, door, or skylight, for which performance is not documented by a test report, shall be given a default value as follows:

Table 2.4 Door, Window, Skylight Default Values

PRODUCT	DEFAULT R-VALUE
Windows	See Appendix D
Double-glazed skylight	1.7
Triple-glazed skylight	2.5
Insulated metal door	5
Solid core wood door	2.5
Door with glazing	1.7

- g) Air infiltration shall be limited to the following maximums:
 - 1. Operable Window:

Casement: 0.10 cubic feet per minute per linear foot of operable sash crack; Awning/projecting: 0.15 cubic feet per minute per linear foot of operable sash crack;

Sliding/double hung: 0.20 cubic feet per minute per linear foot of operable sash crack;

Fixed: 0.10 cubic feet per minute per square foot of window;

All other: 0.15 cubic feet per minute per linear foot of operable sash crack;

- 2. Swinging Door: 0.10 cubic feet per minute per linear foot of door perimeter;
- 3. Sliding Door: 0.05 cubic feet per minute per square foot of door.

2.7 Crawl Space Vents

A crawl space vent shall be equipped with a mechanism allowing tight closure when necessary.

Exception: Combustion air shall be provided at all times to an appliance which draws crawl space air for combustion.

2.8 Permeability of Outer Envelope Materials

Water vapor penetrating through a vapor retarder must be able to pass through a building's thermal envelope material to the outdoors. Water vapor that does not pass through to the outdoors condenses into liquid water, then ice, when temperatures within the assembly are cold enough. Temperatures as high as 42°F may be enough to begin condensation. Continued conditions like this can damage insulation and a building's structure.

Permeability of building materials on the exterior side of a vapor retarder determine how easily vapor within a thermal envelope assembly migrates to the outdoors. These materials shall therefore have a dry cup perm rating of 5 or more.

Exception: A panelized foam-core building product, insulation-board product such as urethane, polyisocyanurate, or expanded polystyrene, or plywood-siding product is exempted. If using an insulation-board product, do not tape joints between boards, unless it is specifically recommended by the product manufacturer.

2.9 Attached Garages

A wall, ceiling, or floor of conditioned space adjoining a garage shall have insulation and a vapor retarder installed in the same manner as required for other thermal envelope assemblies. For this purpose, a garage shall be considered an unconditioned space.

2.10 Conservation of Hot Water

Hot water is usually the second most demanding use of energy in a residential building. In a highly insulated residential building, hot water can be the most demanding use of energy. Efficient use of hot water, therefore, can lower a building's energy costs significantly.

The following mandatory measures are required:

- A showerhead shall be equipped with a flow control device that limits water flow to a maximum of
 2.5 gallons per minute.
 - *Exception:* A flow control device is not required where water turbidity or the distribution pressure at an outlet may render it unusable.
- b) A toilet shall be plumbed to use the least amount of heated water necessary to prevent condensation on the tank or bowl. Alternatively, an insulated tank may be used to prevent condensation.
- c) A domestic hot water tank installed in an unconditioned space shall have the tank top and side surfaces insulated to at least R-16 for an electric water heater or storage tank or R-10 for a fuel burning water heater or storage tank. Insulation may be an integral part of or wrapped around the outside of a water heater or storage tank. In no case shall the combined internal and external insulation total be less than required. Externally wrapped insulation shall not cover the control panel nor interfere with a relief or drain valve, drain pipe, incoming or outgoing plumbing line, or airflow requirement. Clearance to a flue gas vent shall be as specified in the appropriate ICBO code.

Exception: A water heater with no storage tank is exempt from the above insulation requirements.

- d) A hot-water pipe coming out of a water heater shall be insulated with at least R-4 insulation for the first 3 feet of pipe closest to the water heater. It is not necessary, however, to penetrate a wall or ceiling with the pipe insulation to maintain the 3-foot requirement. Check ICBO codes for required clearances to a flue gas vent.
- e) To minimize conductive heat loss, an electric water heater shall not be placed in direct contact with a concrete floor. A platform shall be constructed to provide a minimum clearance of 10 inches from the concrete floor to the bottom of the heater, or R-10 insulation between the floor and the bottom of the heater shall be installed.
- f) A water heater shall have a thermostat capable of varying the heater's temperature setting. At time of installation, a thermostat shall be set to 120°F. A builder shall instruct the building owner about the ability to vary the temperature setting.
- g) A water heater shall be equipped with a heat trap, check valve, or other mechanism on both inlet and outlet pipes to prevent convective water movement.

2.11 Plumbing

A hydronic or domestic hot-water pipe located outside of a conditioned space and not intentionally used to heat the space or, if within 3 inches of cold-water pipe, shall be insulated to a minimum R-4.0.

2.12 Heating Air Ducts

A heating air duct shall be sealed against air leakage at all joints and seams by using caulking, sealant or other appropriate material. Wrapping with duct tape alone is not adequate. A duct transporting air of 60°F or more through an unconditioned space shall be insulated to a minimum R-6 and wrapped with a vapor retarder of 0.06 or less perm rating.

2.13 Heating Systems

Poorly or improperly functioning heating equipment can easily increase heating costs by 25 percent. Savings gained from better equipment, properly installed and maintained for maximum efficiency, can more than offset the extra cost of that equipment.

The following requirements govern a heating system:

- a) A heating appliance shall be installed, tested, and adjusted according to the manufacturer's recommendations prior to being turned over to a homeowner.
- b) Adequate combustion air shall be provided to an appliance for proper operation at all times.
- c) A chimney or exhaust-gas vent system shall be installed according to the manufacturer's recommendations for proper operation, maintenance, and safety to eliminate condensation or backdrafting problems.
- d) A heating appliance and its related components shall meet or exceed the manufacturer's federal requirements for energy-efficiency performance in effect at time of installation.

CHAPTER 3

PRESCRIPTIVE METHOD

This chapter establishes minimum thermal envelope insulation requirements for buildings. Exceeding these minimums is encouraged.

The Prescriptive Method does not require extensive calculations. It is the least flexible of the four possible compliance methods. This method shall not be used to trade off an R-value requirement between a different thermal envelope assembly or different element of the same assembly. For example, more insulation in the ceiling does not decrease the required insulation in the wall. If this is desired, Chapter 4, 5, or 6 shall be used as the means of compliance.

The Prescriptive Method does not dictate specific building methods or materials. Any method of constructing a building may be used, provided clear compliance with the minimum insulation requirements is shown. For example, to meet a minimum R-18 wall insulation requirement, R-19 fiberglass batt in a 2 x 6 framed wall may be used, or R-13 fiberglass batt in a 2 x 4 framed wall with R-5 rigid insulation over the framing, or R-18 ure-thane foamed-in-place between a 2 x 4 framing.

When using the Prescriptive Method as the means of compliance, all mandatory measures given in Chapter 2 shall also be accomplished.

3.1 Insulation Minimums

R-value minimums given in this chapter are for insulation installed between or over structural members. Only the insulation R-value is counted. R-value for an air film or material, such as sheetrock, paneling, plywood, siding, or earth backfill, for example, shall not be included.

R-value minimums refer to the installed R-value. Compression of some insulating products results in a lower R-value. For example, placing a standard R-30 batt into a 2 x 8 wall compresses the batt from 9 inches down to $7^{1/4}$ inches. This results in a decreased R-value from the listed R-30 down to approximately R-26. Table 3.1 shows nominal examples of resultant R-values when fiberglass batts are compressed.

3.2 Ceilings

a) A thermal envelope ceiling shall be insulated to the minimum R-value shown in Table 3.2.

3.3 Above-Grade Walls

a) An above-grade thermal envelope wall shall be insulated to the minimum R-value shown in Table 3.2. This includes the floor rim joist area.

Table 3.1 Compressed Insulation R-Values

Example of resultant R-values when fiberglass batt insulation is compressed into a confined space, such as in wall stud or floor joist spaces. Product thickness and density differ among manufacturers and, therefore, resultant R-values also differ slightly.

NOMINAL LUMBER SIZE	ACTUAL WIDTH		R-VALUE AT INSTALLED THICKNESS						
		R-38 (12")	R-30 (9 ¹ /2")	R-22 (6 ³ /4")	R-19 (6 ¹ /8")	R-13 (3 ⁵ /8")	R-11 (3 ¹ / ₂ ")		
2" x 12"	111/4"	37							
2" x 10"	91/4"	32	30						
2" x 8"	71/4"	27	26						
2" x 6"	51/2"		21	20	18				
2" x 4"	31/2"		14	13	13				
2" x 3"	21/2"					10	9		
2" x 2"	11/2"					6	6		

3.4 Below-Grade Walls (Foundation Walls)

- a) A below-grade thermal envelope wall shall be insulated to the minimum R-value shown in Table 3.2.
- b) A required R-value for crawl space wall insulation shall be maintained for the full height of the wall.
- c) A required R-value for basement wall insulation shall be maintained for the uppermost four feet of the wall. The remaining length of wall shall maintain at least one-half the required R-value.
- d) Exterior insulation may extend in a horizontal or diagonal manner out from a wall, provided the length of insulation meets or exceeds that which would be placed in a vertical manner.
- e) An insulation material shall have appropriate weather-resistant properties for the intended use and shall be applied as recommended by the insulation manufacturer.

3.5 Floors

- a) A thermal envelope floor shall be insulated to the minimum R-value shown in Table 3.2.
- b) A rim joist area of a thermal envelope floor shall be insulated to the same requirement as given for an envelope floor.
- c) A rim joist area of a non-thermal envelope floor (such as where a crawl space wall is insulated but the floor is not, or a second-story floor) shall be insulated to the same requirement as given for an above-grade or below-grade envelope wall, as appropriate.

3.6 Slab-On-Grade Floors

- a) A concrete slab-on-grade floor of a conditioned space or enclosed semi-conditioned space shall be insulated to the minimum R-value shown in Table 3.2.
- b) An insulation material shall have appropriate weather-resistant properties for below-grade application and shall be applied as recommended by the manufacturer. Insulation damaged during construction shall be replaced.
- c) Insulation for a thickened edge or grade beam concrete-slab floor shall extend downward from the top of the slab to the bottom of the footing, then horizontally beneath the footing for its full width. Alternatively, insulation may extend downward from the top of the slab to the bottom of the footing, then diagonally out from the footing for a minimum horizontal distance of 18 inches.
- d) Horizontally placed insulation under the perimeter of a basement concrete-slab floor shall be continuous around the entire perimeter of the slab and shall be a minimum of 24 inches wide. Additionally, a thermal break shall be provided between the foundation wall and the slab edge.
- e) Permafrost areas require engineering analysis for proper application of insulation in contact with the ground. Improper application can result in ground thawing and cause severe damage to the structure.

3.7 Windows and Sliding Glass Doors

- a) An exterior window R_o-value (overall R-value, including the frame) shall not be less than specified in Table 3.2.
- b) A sliding glass door shall be considered a window for the purpose of determining total allowable glazed area percentage (see Section 3.7(c)) and required R-value. A window or sliding glass door shall also comply with mandatory requirements stated in Chapter 2, Section 2.6.
- c) Total window and sliding glass door area shall not exceed 15 percent of the total gross above-grade thermal envelope wall area. If more than 15 percent window area is desired, Chapter 4, 5, or 6 shall be used as the method of showing compliance with the overall energy efficiency of a building.
- d) A window for special architectural or decorative purpose may have an R-value less than required by Table 3.2, provided:
 - 1. it is double glazed or more; and
 - 2. total decorative window area does not exceed 5 percent of the allowable window area specified in Section 3.7(c) up to a maximum of 16 square feet.

3.8 Skylights

- a) A skylight shall have a minimum R_0 -value of 2.5 (U_0 -value of 0.4).
- b) Skylight area shall not exceed 1 percent of the total ceiling thermal envelope area.
- A skylight sidewall that is not an integral part of the skylight product shall be insulated to the same R-value as the ceiling.
- d) A skylight shall also conform to the requirements stated in Chapter 2, Section 2.6.

3.9 Doors

- a) An exterior door R_o-value shall not be less than specified in Table 3.2.
- b) Door glazing shall be minimum double glazed with a one-half inch minimum air space.
- c) An exterior door shall also conform to the requirements stated in Chapter 2, Section 2.6.
- d) A sliding glass door shall be considered as a window for the purpose of determining R-value and area requirements. See Section 3.7.

3.10 Log House

If a wall of a log house does not meet the prescriptive insulation value of Table 3.2, the house shall comply with this Standard by use of Chapter 4, 5 or 6.

Table 3.2 Thermal Envelope R-Value Requirements

This table lists minimum thermal envelope insulation requirements for buildings. Any method of constructing a building's thermal envelope may be used provided clear compliance with the listed R-values is shown and is acceptable to approving officials. R-value minimums refer to the installed R-value, which may be different from the listed product's R-value. Higher R-values may be used if desired.

Caution: Permafrost areas require engineering analysis for proper application of insulation in contact with the ground.

Region #	Region Name	Heating Fuel	Thermal Envelope R-Value Requirements							
		Ceiling	Above- grade wall	Floor	Below- grade wall	Slab floor		Window	Door ¹	
						Basement	On grade			
1	Southeast	All fuels	38	21	30	15	10	15	3.0	2.5, 7
2G	Southcentral	Natural gas	38	18	19	10	10	10	3.0	2.5, 7
2A	Southcentral,	All fuels	38	25	30	15	10	15	3.0	2.5, 7
	Aleutian,	other than								
	Kodiak	natural gas								
3	Interior,	All fuels	38	25	38	19	10	15	3.0	7
	Southwest									
4	Northwest	All fuels	38	30	38	19	10	15	3.0	7
5	Arctic Slope	All fuels	52	35	43				3.0	7

Note: 1. Not more than one exterior door in a residential building in Region 1 and 2 may have an R-value less than 7, but not less than 2.5.

CHAPTER 4

PERFORMANCE METHOD

The Performance Method allows a trade-off of insulation requirements between elements of a particular thermal envelope assembly. For example, if window area above the allowed 15 percent maximum (as given in Chapter 3) is desired, the Performance Method allows such an increase, provided the opaque wall R-value is also increased. Compliance is met when the opaque wall R-value increases enough to offset the extra heat loss resulting from the increased window area.

A trade-off between different thermal envelope assemblies is not allowed under this method. In other words, more insulation in the ceiling does not allow for decreased insulation in the wall. For this kind of trade-off, Chapter 5 Building Budget Method, or Chapter 6 Home Energy Rating Method shall be used.

The Performance Method may be used together with the Prescriptive Method. For example, if the ceiling and floor meet compliance to this Standard through the Prescriptive Method, but the wall does not, compliance for the wall may be met through the Performance Method, which allows for R-value trade-offs between wall elements.

The Performance Method requires some calculations. R-value for an air film or a material such as sheetrock, paneling, plywood, or siding, for example, may be included when calculating the overall transmittance value (U_0 -value) of an assembly. Insulation value for earth backfill, however, shall not be included. A workbook is available to help with these calculations.

When using the Performance Method, all mandatory measures given in Chapter 2 shall also be accomplished.

Design and insulation requirements are given below and shown in Table 4.1.

Calculations used to determine compliance with the U_o-values shown in Table 4.1 shall be submitted to Division officials for verification.

4.1 Relationship of U-Values and R-Values

To convert R-value to U-value, divide 1 by the R-value. For example, to convert R-38 to U-value: $1 \div 38 = 0.026$. To convert U-value to R-value, divide 1 by U-value. For example, to convert U-0.026 to R-value: $1 \div 0.026 = 38$. An example of how to calculate an overall thermal transittance value (U_0) is given in Appendix B.

When R-values are converted to U-values, at least the first three decimal places shall be used. Do not round the third digit. For example, the U-value of R-19 insulation carried to four decimal places is: U = 1/19 = 0.0526. Use U = 0.0526 or U = 0.0526. Do not round to U = 0.053.

4.2 Overall U₀-Values

The stated U-value of any one element of an envelope assembly may be increased while another element is decreased, provided the overall U_o -value of the entire assembly does not increase. Equations 1, 2, and 3 shall be used to determine U_o .

4.3 Ceilings

- a) Overall thermal transmittance value (U_0) for gross ceiling thermal envelope area shall not exceed the value shown in Table 4.1 for ceiling.
- b) Equation 1 shall be used to determine acceptable combinations to meet the required ceiling U₀- value.

$$U_{\text{o}}$$
ceiling = $[(U_{\text{ceiling}} \times A_{\text{ceiling}}) + (U_{\text{skylight}} \times A_{\text{skylight}})] \div A_{\text{o}}$

EQUATION 1

Where:

 U_{o} ceiling = the overall thermal transmittance value of the gross ceiling thermal envelope area expressed as BTU/ft² • hr • °F

 A_0 = the gross overall ceiling thermal envelope area in ft²

 $U_{ceiling}$ = the composite thermal transmittance of all elements of the opaque ceiling expressed as BTU/ft² • hr • °F

A_{ceiling} = the gross opaque ceiling thermal envelope area in ft²

 $U_{skylight}$ = the composite thermal transmittance of all elements of the skylight, including the frame, expressed as BTU/ft² • hr • °F

 A_{skylight} = the area of the skylight(s), including the frame, in ft²

c) Where more than one type of envelope ceiling and/or skylight is used, the U x A term for that exposure shall be expanded into its sub-elements, as:

$$U_{o}$$
 ceiling = $[(U_{ceiling}1 \times A_{ceiling}1) + (U_{ceiling}2 \times A_{ceiling}2) + ..., etc.] \div A_{o}$

EQUATION 1.1

4.4 Walls

- a) *Above-grade Wall:* Overall thermal transmittance value (U₀) for gross above-grade thermal envelope wall area shall not exceed the value shown in Table 4.1 for above-grade wall.
- b) *Below-grade Wall:* Overall thermal transmittance value (U₀) for gross below-grade thermal envelope wall area shall not exceed the value shown in Table 4.1 for below-grade wall.
 - 1. Required U_o- value for crawl space wall insulation shall be maintained for the full height of the wall.
 - 2. Required U_o- value for basement wall insulation shall be maintained for the uppermost four feet of the wall. The remaining length of wall shall maintain one-half or more the required insulation value.
- c) An insulation material shall have appropriate weather-resistant properties for the intended use and shall be applied as recommended by the insulation manufacturer.
- d) U- value for each backfill shall not be included when calculating U₀ for a below-grade wall.

e) Equation 2 shall be used to determine acceptable combinations to meet the required wall U_o- value. Above-grade walls and below-grade walls are calculated as separate envelope assemblies.

$$U_{o}$$
wall = $[(U_{wall} \times A_{wall}) + (U_{window} \times A_{window}) + (U_{door} \times A_{door})] \div A_{o}$

EQUATION 2

Where:

 U_o wall = the overall thermal transmittance value of the gross wall thermal envelope area expressed as BTU/ft² • hr • °F

 A_0 = the gross overall wall (above or below grade wall, as appropriate) thermal envelope area in ft^2

 U_{wall} = the composite thermal transmittance of all elements of the opaque wall expressed as BTU/ft² • hr • °F

 A_{wall} = the gross opaque wall thermal envelope (above or below grade wall, as appropriate) area in ft^2

 U_{window} = the composite thermal transmittance of all elements of the window area, including the framing and sash expressed as $BTU/ft^2 \cdot hr \cdot {}^oF$

 A_{window} = the area of the window(s), including the frame and sash, in ft^2

 U_{door} = the composite thermal transmittance of all elements of the door expressed as BTU/ft² • hr • °F

 A_{door} = the area of the door(s) in ft²

f) Where more than one type of envelope wall, window, or door is used, the U x A term for that exposure shall be expanded into its sub-elements, as:

$$U_{o}wall = [(U_{wall}1 \times A_{wall}1) + (U_{wall}2 \times A_{wall}2) + ..., etc.] \div A_{o}$$

EQUATION 2.1

4.5 Floors

- a) Overall thermal transmittance value (U_0) for gross thermal envelope floor area shall not exceed the value shown in Table 4.1 for floor.
- b) A rim joist area of a thermal envelope floor shall be insulated to the same requirement as given for an envelope floor.
- c) A rim joist area for a non-thermal envelope floor shall be insulated to the same requirement as given for an above-grade or below-grade envelope wall, as appropriate.
- d) Equation 3 shall be used to determine an acceptable combination to meet the required floor U₀-value.

$$U_0$$
floor = $(U_{floor} \times A_{floor}) \div A_0$

EQUATION 3

Where:

 U_o floor = the overall thermal transmittance value of the gross floor thermal envelope area expressed as BTU/ft² • hr • °F

 \boldsymbol{A}_{o} = the gross overall floor thermal envelope area in ft^{2}

 U_{floor} = the composite thermal transmittance of all elements of the opaque floor expressed as BTU/ft² • hr • °F

 A_{floor} = the gross opaque floor thermal envelope area in ft^2

Where more than one type of envelope floor is used, the U x A term for that exposure shall be expanded into its sub-elements as:

$$U_{o}floor = [(U_{floor}1 \times A_{floor}1) + (U_{floor}2 \times A_{floor}2) + ..., etc.] \div A_{o}$$

EQUATION 3.1

4.6 Slab-On-Grade Floors

- a) Overall thermal transmittance value (U₀) for a concrete-slab floor of a conditioned space or enclosed semi-conditioned space shall not exceed the value shown on Table 4.1 for slab-on-grade floor.
- b) Insulation material shall have appropriate weather-resistant properties for below-grade application and shall be applied as recommended by the manufacturer. Insulation damaged during construction shall be replaced.
- c) Insulation for a thickened edge or grade beam concrete-slab floor shall extend downward from the top of the slab to the bottom of the footing, then horizontally beneath the footing for its full width. Alternatively, insulation may extend downward from the top of the slab to the bottom of the footing, then diagonally out from the footing for a minimum horizontal distance of 18 inches.
- d) Horizontally placed insulation under the perimeter of a basement concrete-slab floor shall be continuous around the entire perimeter of the slab and shall be a minimum of 24 inches wide. Additionally, a thermal break shall be provided between the foundation wall and the slab edge.
- e) A permafrost area requires engineering analysis for proper application of insulation in contact with the ground. Improper application can result in ground thawing and cause severe damage to the structure.

4.7 Framing Factors

a) The following factors may be used for a wood-framed wall, ceiling, or floor when calculating the overall U-value required in this chapter. A framing factor accounts for the estimated amount of wood framing contained in an opaque thermal envelope area.

Ceiling or Floor:

18 percent for 2-inch joists at 12 inches on center

10 percent for 2-inch joists at 16 inches on center

6 percent for 2-inch joists at 24 inches on center

10 percent for 2-inch plank and 4-inch beams at 48 inches on center

Wall:

15 percent for 2-inch studs at 16 inches on center

12 percent for 2-inch studs at 24 inches on center

b) Alternatively, a framing factor may be ignored, provided only an insulation R-value is counted. An R-value for an air film or other materials (such as exterior siding or interior finish) shall be ignored along with framing factors.

Table 4.1 Maximum Allowable Thermal Envelope U_o -Values

Caution: A permafrost area requires engineering analysis for proper application of insulation in contact with the ground.

Region	Region Name	Heating Fuel	Performance Thermal Envelope U _o -value Maximums						
			Ceiling	Above- grade wall	Floor	Below- grade wall	Slab Floor		
							Basement	On Grade	
1	Southeast	All fuels	0.024	0.089	0.032	0.066	0.100	0.066	
2G	Southcentral	Natural gas	0.024	0.099	0.046	0.100	0.100	0.100	
2A	Southcentral,	All fuels	0.024	0.085	0.032	0.066	0.100	0.066	
	Aleutian,	other than							
	Kodiak	natural gas							
3	Interior,	All fuels	0.024	0.078	0.028	0.059	0.100	0.066	
	Southwest								
4	Northwest	All fuels	0.024	0.073	0.028	0.059	0.100	0.066	
5	Arctic Slope	All fuels	0.018	0.069	0.022				

CHAPTER 5

BUILDING BUDGET METHOD

This chapter sets limits on the total amount of space heating energy used by a building. The Building Budget Method requires an AkWarm, HOT 2000, or other computer energy analysis, or manual calculations, approved by Alaska Housing Finance Corporation.

5.1 Submission Requirements

Documents used to determine compliance with the building budget values shown in Table 5.1 may include, but are not limited to: plans and specifications showing details of all pertinent data, features, equipment, and systems of a building, including complete descriptions of materials, engineering data, test data, manufacturer's data, and all other data necessary to allow proper identification of components that affect a building's energy use. Submissions lacking sufficient detail to verify a building's energy budget may be rejected.

5.2 Compliance

- a) A building designed in accordance with this option shall not exceed the BTU budget given in Table 5.1 expressed in BTU per square foot of floor area of conditioned space per year. Compliance shall be verified by a hard copy printout of an AHFC-approved computer energy analysis or copies of manual calculations. Information on software and calculations may be obtained from Alaska Housing Finance Corporation, Research Information Center.
- b) A heat recovery ventilator (air-to-air heat exchanger) included in the design of a building can lower the building's heat loss. This energy savings, in BTUs, may be used to trade off (lower) a thermal envelope insulation requirement while still meeting the maximum heat-loss budget given in Table 5.1. However, no thermal envelope assembly, such as a ceiling, skylight, wall, window, door, or floor, shall have an R-value level lower than 80 percent of that given in Chapter 3, Table 3.2, Prescriptive Envelope R-Value Requirements, except a log wall (not a window or a door) is exempt from this requirement.
- c) A heat-loss maximum shall be verified by dividing the Net Space Heating Load by a building's total conditioned space floor area.
- d) When using the Building Budget Method, all mandatory measures given in Chapter 2 shall also be accomplished.

5.3 Design Parameters

The following design parameters shall be used in conjunction with the AHFC-approved computer energy-use program:

- a) Indoor design dry bulb temperature shall be set no lower than 70°F for space heating;
- b) Select heating degree days, outdoor design dry bulb temperature, solar gains, internal gains, and other data inputs from the computer-database menu and other sources that most closely approximate the long-term conditions expected for the structure or site.

Table 5.1 Minimum R-Values, 80% of Table 3.2

Region	Region Name	Heating Fuel	Thermal Envelope R-Value Requirements							
			Ceiling	Above- grade wall	Floor ¹	Below- grade wall1	Slab floor ¹		Windov	v Door ²
							Basement	On grade		
1	Southeast	All fuels	30	16	24	12	8	12	2.4	2.5, 5.6
2G	Southcentral	Natural gas	30	14	15	8	8	8	2.4	2.5, 5.6
2A	Southcentral,	All fuels	30	20	24	12	8	12	2.4	2.5, 5.6
	Aleutian,	other than								
	Kodiak	natural gas								
3	Interior,	All fuels	30	20	30	15	8	12	2.4	5.6
	Southwest									
4	Northwest	All fuels	30	24	30	15	8	12	2.4	5.6
5	Arctic Slope	All fuels	41	28	34				2.4	5.6

Note 1: It is not required that the floor and the below-grade wall both be insulated. Generally, one or the other is insulated.

Note 2: Not more than one exterior door in a residential building in Region 1, 2G, or 2A may have an R-value less than 5.6 but not less than 2.5

Table 5.2 Maximum Allowable Heat Loss (BTU/ft² of floor area/year)1

These heat loss maximums are for space heating only.

ilding Community Building ,750 11,900 ,600 9,500 ,000 11,700
,600 9,500
,000 11,700
,050 20,000
,500 17,800
,400 18,000
,000 15,700
,600 12,800
,800 14,900
,650 33,300
,050 22,200
,200 23,300
,100 26,400
,100 38,100

Notes:

^{1.} The gross floor area of all conditioned spaces and including a basement.

^{2.} Where a crawl space wall is insulated rather than the floor and a crawl space is heated indirectly by heat loss through a floor.

^{3.} Where a floor is insulated and the crawl space is unheated.

^{4.} Basement wall insulated down to the footing.

CHAPTER 6

HOME ENERGY RATING METHOD

Compliance with this Standard for a residential building may be shown through a home energy rating program approved by Alaska Housing Finance Corporation.

6.1 Rating Requirements

- a) A building shall achieve at least a Four Star plus rating on an AHFC-approved home energy rating.
- b) A structure shall achieve an air-tightness level of 7 ACH@50pa, or less, utilizing an AHFC-approved blower-door testing protocol.
- c) Only a person authorized by Alaska Housing Finance Corporation shall submit a rating for compliance. A copy of the energy rating shall be provided to Alaska Housing Finance Corporation officials. A list of authorized home energy raters may be obtained from Alaska Housing Finance Corporation, Research Information Center.
- d) A building shall comply with ventilation requirements in Chapter 2 of this Standard.

CHAPTER 7

DEFINITIONS

- 1. *Above-Grade Wall* is any portion of a thermal envelope wall more than 12 inches above an adjacent finished grade.
- 2. *Air Infiltration* is an uncontrolled flow of air through a hole, opening, crack or crevice in a thermal envelope caused by pressure effects of wind and/or the effect of differences in indoor and outdoor air density.
- 3. *AkWarm* is a computer-based energy-use analysis and energy rating program developed by Alaska Housing Finance Corporation.
- 4. *Approved* is approval by Alaska Housing Finance Corporation (AHFC) or a building official of a material or type of construction as the result of an investigation or test by them, or by reason of an accepted principle or test, by a recognized authority or technical or scientific organization.
- 5. *Below-Grade Wall* is any portion of a wall which extends no more than 12 inches above an adjacent finished grade.
- 6. *British Thermal Unit (BTU)* is the approximate amount of heat energy required to raise the temperature of one pound of water by one degree Fahrenheit.
- 7. *Ceiling* is a group of members which define the boundaries of a space and has a slope of 60 degrees or less from the horizontal plane.
- 8. *Conditioned Space* is a room or other enclosed space which is intentionally or unintentionally heated to a temperature of 50 degrees Fahrenheit or higher. A bedroom, living room, or kitchen is an example of a conditioned space.
- 9. *Door Area* is an opening (other than a window) in a wall, including the framing and sash, used by people to enter and exit a building.
- 10. *Dry-Bulb Temperature* is the temperature of air as indicated by a standard thermometer, as contrasted with wet-bulb temperature which depends upon atmospheric humidity.
- 11. *Glazing* is a transparent or translucent material in an exterior envelope that lets in natural light, including a window, skylight, sliding glass door, glass brick wall, or the glazed portion of a door.
- 12. *Gross Ceiling Thermal Envelope Area* is the sum of all ceiling thermal envelope areas including the area directly above exterior walls.
- 13. *Gross Floor Thermal Envelope Area* is the sum of all floor thermal envelope areas, including a basement, mezzanine, or intermediate floored tier of headroom height, measured from the exterior face of an envelope wall or from the center line of a wall separating a building, but not including:
 - A covered walkway, open roofed-over area, porch, or similar space;
 - An exterior terrace, step, chimney, roof overhang, or similar feature.

- 14. *Gross Wall Thermal Envelope Area* is the sum of all wall thermal envelope areas including opaque wall areas, window areas, and door areas, and measured from the subfloor elevation for an above-grade wall or from the top of the footing for a below-grade wall up to the junction point with a roof/ceiling structural member.
- 15. *Heating Degree Days (HDD65)* is a unit, based upon temperature difference and time, used in estimating fuel consumption and specifying the nominal heating load of a building in winter. For any one day, when the mean temperature is less than 65 degrees Fahrenheit, there are as many Heating Degree Days as degrees Fahrenheit difference in temperature between the mean temperature for the day and 65 degrees Fahrenheit.
- 16. *HOT-2000* is a computer-based energy use analysis program developed by Canada for use in the R-2000 building program.
- 17. *Opaque Thermal Envelope Area* is all thermal envelope areas except openings for glazed area (windows, skylights, or sliding glass doors) or door area.
- 18. *R-Value* is a measure of the ability of a given material to resist heat flow. R is the numerical reciprocal of U. Thus, R=1/U. The higher the R, the higher the insulating value. All insulation products having the same R, regardless of material thickness, are equal in insulating value; expressed as ft hr °F/BTU. R-values for individual elements can be added to give a total R-value for an assembly.
- 19. R_o -Value is a measure of the overall ability of a gross area to resist heat flow. Heat may flow through various materials along various parallel paths. R_o is the numerical reciprocal of U_o . Thus, $R_o = 1/U_o$; expressed as ft• hr °F/BTU.
- 20. Semi-Conditioned Space is a room or other enclosed space which is heated directly or indirectly by the presence of a component of a heating system or by thermal transmission from an adjoining conditioned space. A crawl space, attached garage, mechanical room, or basement is an example of a semi-conditioned space.
- 21. *Skylight Area* is an opening in a roof surface which is glazed with a transparent or translucent material, including the frame.
- 22. *Slab-On-Grade* is horizontally placed concrete in direct or indirect (as when placed over rigid insulation) contact with the ground and used as a thermal envelope floor.
- 23. *Thermal Envelope* is an assembly of a building which is exposed to conditioned or semi-conditioned space on one side and the outdoor environment on the other.
- 24. *Thermal Transmission* is the quantity of heat flowing from one space to another through an intermediary element, such as insulation, due to all mechanisms, in unit time, under the conditions prevailing at that time; expressed as BTU/hr.
- 25. *Unconditioned Space* is a room or other enclosed space which is not intentionally heated and generally experiences temperatures of 50°F or less.
- 26. *U-Value* is the coefficient of heat transmission from an interior air film to an exterior air film. It is the time rate of heat flow per unit area and unit temperature difference between the warm side and cold side air films, expressed as BTU/ft hr °F. U-value applies to the heat flow path through a single or combination of materials that comprise a building section. U-values can not be added to give a total U-value for an assembly.

- 27. U_o -Value is the overall thermal transmittance of a gross area of a thermal envelope, expressed as BTU/ft hr °F. U_o -value applies to the combined effect of the time rate of heat flow through various parallel paths.
- 28. *Vapor Retarder* is a material that impedes transmission of water vapor from one side to the other under specific conditions. Some vapor retarder materials and the way they are applied also function to impede the flow of air from one side to the other.
- 29. *Wall* is a group of members which define the boundaries of a building or space and which has a slope of 60 degrees or greater from the horizontal plane.
- 30. *Window Area* is an opening (other than a door) in a wall surface which is glazed with a transparent or translucent material, including the framing or sash.

APPENDIX A

STATEWIDE REGIONAL INDEX OF COMMUNITIES

Annex Creek Auke Bay Baranof Beaver Falls Bell Island Canyon Island Chenega Chichagof Coffman Cove Saxman Cu Saxman Cu Saxman Cu Seclusion Hbr. Dia Shagway Du Shagway Du Shagway Du Shagway Du Shagway Cove Ekl Canyon Island Chenega Tenakee Spgs Eng Chichagof View Cove For	urry	Port Graham	Akiak Alakanuk
Edna Bay Yakutat Gir Eldred Rock Ho	clutna mendorf nglish Bay lse Pass ort Glenn ort Richardson irdwood	Port Lions Port Moller Portlock Rabbit Creek Salamatof Sanak Sand Point Sawmill Seldovia Seward	Alakanuk Aleknagik Allakaket Anderson Aniak Anvik Atmautluak Aurora Beaver Beaver Creek Bethel Bettles
Elfred Rock Elfin Cove Five Finger Lt Glacier Bay Gull Cove Gustavus Haines Holis Hollis Hoonah Hoonah Hydaburg Hyder Juneau Kake Kake Anderson Kasaan Atka Ketchikan Ketchikan Klawock Klawan Klawock Belkofski Klukwan Kupreanof Metlakatla Myers Chuck KEGIDN 2 Hoo REGIDN 2 Hoo ALEUTIAN, Kas Kas Kod Alk Kas Kas Kas Kas Kas Kas Kas Ka	ope ouston anoff Bay achemak aguyak arluk asilof enai ing Cove nik odiak alis ANGB arsen Bay atouche fat. Ag. Exp. iddleton Is. foose Pass aptowne elson Lagoon ikiski	Shemya Skwentna Soldotna Squaw Harbor Starisky Creek Sterling Summit Susitna Sutton Talkeetna Tatitlek Tahneta Pass	Bettles Big Delta Big Mountain Bill Moore's Birch Creek Black Rapids Boundary Canyon Creek Cap.Newenham Cape Romanzof Cathedral Rpds Cantwell Central Chalkyitsik Chandalar Chandalar Lake Chatanika Chauthbaluk Chefornak Chena Hot Spg

Chuloonawick	Hooper Bay	Nenana	Summit	Mary's Igloo
Circle	Hughes	Newhalen	Takotna	Moses Point
Circle Hot Spgs	Huslia	New Stuyahok	Tanacross	Noatak
Clark's Point	Iguigig	Newtok	Tanana	Nome
Clear	Illiamna	Nightmute	Tatalina	Noorvik
Coldfoot Camp	Indian Mtn	Nikolai	Telida	Northeast Cape
College	Kalskag	Nondalton	Tetlin	North River
Copper Center		North Pole		Savoonga
Crooked Creek	Kaltag Kanatak	Northway	Togiak Tok	Savoonga Selawik
		Northway Jct		Shaktoolik
Delta Junction	Kasigluk	Nulato	Toksook Bay Tonsina	Shishmaref
Dillingham	Kennicott			
Donnelly	Kenny Lake	Nunapitchuk	Tuluksak	Shungnak
Dot Lake	King Salmon	Ohogamiute	Tununak	Solomon
Dry Creek	Kipnuk	Ophir	Tuntutuliak	Stebbins
Eagle	Knob Ridge	Oscarville	Twin Hills	St. Michael
Eek	Kohkanok	Paimuit -	Ugashik	Teller
Egegik	Koliganek	Paxson	Upper Kalskag	Tin City
Eielson	Kongiganak	Paxson Lake	Usibelli	Unalakleet
Ekuk	Kotlik	Pedro Dome	Unkumiute	Wales
Ekwok	Koyukuk	Pilot Point	Venetie	White Mountain
Emmonak	Kwethluk	Pilot Station	Wiseman	
Ester	Kwigilingok	Pitka's Point		
Eureka	Lk.Minchumina	Platinum		REGION 5
		- 11 1		
Evansville	Lime Village	Port Alsworth	REGION 4	ARCTIC SLOPE
Evansville Fairbanks	Lime Village Livengood	Port Alsworth Quinhagak	REGION 4 NORTHWEST	
			NORTHWEST	Anaktuvuk Pass
Fairbanks	Livengood	Quinhagak	NORTHWEST Ambler	Anaktuvuk Pass Arctic Village
Fairbanks Farewell	Livengood Lower Kalskag	Quinhagak Rampart	NORTHWEST Ambler Anvil Mountain	Anaktuvuk Pass Arctic Village Atqasut
Fairbanks Farewell Ferry	Livengood Lower Kalskag Lower Tonsina	Quinhagak Rampart Red Devil	NORTHWEST Ambler Anvil Mountain Brevig Mission	Anaktuvuk Pass Arctic Village Atqasut Barrow
Fairbanks Farewell Ferry Flat	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp	Quinhagak Rampart Red Devil Richardson	NORTHWEST Ambler Anvil Mountain Brevig Mission Buckland	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne
Fairbanks Farewell Ferry Flat Fort Greeley	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak	Quinhagak Rampart Red Devil Richardson Russian Mission	NORTHWEST Ambler Anvil Mountain Brevig Mission Buckland Candle	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby	NORTHWEST Ambler Anvil Mountain Brevig Mission Buckland Candle Council	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George	NORTHWEST Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's	NORTHWEST Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew	NORTHWEST Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona Galena	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy McGrath	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew St. Paul Island	Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim Gambell	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope Point Lay
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona Galena Gerstle River	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy McGrath McKinley Park	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew St. Paul Island Salchaket	Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim Gambell Golovin	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope Point Lay Prudhoe Bay
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona Galena Gerstle River Georgetown	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy McGrath McKinley Park Medfra	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew St. Paul Island Salchaket Scammon Bay	Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim Gambell Golovin Granite Mtn	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope Point Lay Prudhoe Bay Sagwon
Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona Galena Gerstle River Georgetown Glennallen	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy McGrath McKinley Park Medfra Mekoryuk	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew St. Paul Island Salchaket Scammon Bay Shageluk	Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim Gambell Golovin Granite Mtn Haycock	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope Point Lay Prudhoe Bay Sagwon Umiat
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Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona Galena Gerstle River Georgetown Glennallen Gold King Cr Goodnews Bay Grayling Gulkana Hamilton	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy McGrath McKinley Park Medfra Mekoryuk Mentasta Lake Minto Mountain Vil. Murphy Dome Naknek	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew St. Paul Island Salchaket Scammon Bay Shageluk Sheldon Point Slana Sleetmute Slide Mountain South Naknek	Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim Gambell Golovin Granite Mtn Haycock Kalakaket Cr Kiana King Island Kivalina	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope Point Lay Prudhoe Bay Sagwon Umiat
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Fairbanks Farewell Ferry Flat Fort Greeley Fort Wainwright Fort Yukon Fox Gakona Galena Gerstle River Georgetown Glennallen Gold King Cr Goodnews Bay Grayling Gulkana Hamilton Harding Lake	Livengood Lower Kalskag Lower Tonsina Manley Hot Sp Manokotak Marshall Ma Creek McCallum McCarthy McGrath McKinley Park Medfra Mekoryuk Mentasta Lake Minto Mountain Vil. Murphy Dome Naknek Napakiak	Quinhagak Rampart Red Devil Richardson Russian Mission Ruby Saint George Saint Mary's Saint Matthew St. Paul Island Salchaket Scammon Bay Shageluk Sheldon Point Slana Sleetmute Slide Mountain South Naknek	Ambler Anvil Mountain Brevig Mission Buckland Candle Council Deering Diomede Elim Gambell Golovin Granite Mtn Haycock Kalakaket Cr Kiana King Island Kivalina Kobuk	Anaktuvuk Pass Arctic Village Atqasut Barrow Cape Lisburne Deadhorse Kaktovik Nuiqsut Oliktok Point Hope Point Lay Prudhoe Bay Sagwon Umiat

APPENDIX B

Un CALCULATION EXAMPLE

This is an example of how to calculate U_o -value for a ceiling with one skylight. U_o -value for a wall or floor may be calculated in a similar manner.

Step 1: Calculate the composite thermal transmittance of all elements of the opaque (nonglazed) ceiling. Don't forget about framing factors.

Table B Thermal Composite Transmittance of Opaque Ceiling

CEILING ELEMENT CEIL		ING R-VALUE	
	Between Framing	At Framing	
Inside air film	0.61	0.61	
⁵ /8" gypsum wall board	0.55	0.55	
R-38 fiberglass insulation	38.00	N/A	
2 x 4 bottom chord @24" o.c.	N/A	4.35	
Fiberglass insulation above truss bottom cord	N/A	27.00	
Air film on top of insulation	0.61	0.61	
Total R-Value	39.77	33.12	

For a ceiling, the framing factor for 2-inch framing is 6 percent. Therefore:

$$U_{\text{ceiling}} = \frac{0.94}{39.77} + \frac{0.06}{33.12} = 0.023 + 0.001 = 0.024$$

Step 2: Find the U-value of the skylight being used. Look in the manufacturer's literature for the specified U-value or R-value. Remember, U=1/R and R=1/U. In this case, let's assume an R-2.0 skylight. Therefore:

$$U_{skylight} = 1/R = 1/2.0 = 0.500$$

Step 3: Calculate the area of the opaque ceiling and the skylight.

- a) Only one skylight is being used and the area is given by the manufacturer as 8 square feet.
- b) The gross ceiling area is: 30 ft. x 44 ft. = 1320 sq. ft.
- c) Therefore, the net ceiling opaque area is: 1320 sq. ft. 8 sq. ft. = 1312 sq. ft.

Step 4: Calculate the overall thermal transmittance value (U_o) of the ceiling envelope. From Equation 1, Chapter 4:

$$U_{o} = [(U_{ceiling} \times A_{ceiling}) + (U_{skylight} \times A_{skylight})] \div A_{o}$$

$$= \underbrace{(0.024 \times 1312)}_{1320} + (0.500 \times 8)$$

$$= \underbrace{31.488 + 4}_{1320}$$

$$= 0.026$$

This calculation shows that the resultant ceiling U_o -value of 0.026 exceeds the maximum allowable U_o -value of 0.024 given in Table 4.1. Therefore, the R-value of the R-38 ceiling insulation shall be increased, or the skylight R-value shall be increased, or the skylight area shall be decreased. There is flexibility to change any or all three of the elements until the performance target is achieved.

APPENDIX C

AIR PRESSURE LIMITATIONS

Excessive positive or negative air pressure within a building can adversely affect the performance of heating and ventilating equipment, the health and comfort of occupants, and the durability of the structure. The following guidelines, therefore, set pressure limits.

Pressure Increase Limits. Positive pressure in a building can force moist interior air into a ceiling, wall, or floor thereby causing condensation, frost, mold, and wood rot problems. There is also a possibility that the combustion efficiency of some fuel-burning appliances may be adversely affected by excessive pressure.

Therefore, a ventilation system shall be designed so that if operated in a continuous mode the sum of all flows through **supply** air devices shall not exceed the sum of all flows through **exhaust** air devices by more than 0.014 cfm/sq. ft. of interior surface of the building thermal envelope.

Pressure Decrease Limits. In order to avoid dangerous combustion appliance backdrafting, depressurization within a building caused by a mechanical exhaust device is limited as follows:

For a building using a Category I fuel-burning appliance, the **reference** exhaust air flow shall not decrease the pressure in the building relative to the outside by more than 5 **Pascals of pressure**.

For a building using a Category II appliance, the reference exhaust air flow shall not decrease the pressure in the building relative to the outside by more than either 10 Pascals (Pa) of pressure or the value for which the appliance has been certified by an accredited certification agency.

For a building using a Category III appliance, the **reference** exhaust air flow shall not decrease the pressure in the building relative to the outside by more than either **20 Pascals of pressure** or the value for which the appliance has been certified by an accredited certification agency.

If no fuel-burning appliance is installed in a building, the reference exhaust air flow shall not contribute to decreasing the pressure in the building relative to the outside by more than 20 Pascals of pressure.

Reference Exhaust Air Flow. In defining the reference exhaust air flow, all powered exhaust appliances that contribute to the **net** exhaust are considered with the exception of a fuel-fired heating appliance. Net exhaust means exhaust air flow in excess of supply air flow. Some appliances, such as heat recovery ventilators, have both supply and exhaust air flow through the appliance. To obtain the reference exhaust air flow:

Add the **net** exhaust air flow of the ventilation system, the clothes dryer (or 160 cfm if one is not yet installed), and the two additional installed mechanical exhaust devices providing the largest net exhaust air flow (for example, this could be a downdraft cooktop vent and a central vacuum).

Category I Fuel-Burning Appliance. This appliance takes combustion air and chimney draft dilution air from within a building, is installed with a draft hood, draft regulator, or other means of allowing for regulation of dilution air, and depends upon natural draft to vent products of combustion to the outdoors. For example, such an appliance includes a fireplace, wood stove, natural draft furnace, boiler, water heater, or gas range. This type of combustion appliance is the most sensitive to backdrafting.

Category II Fuel-Burning Appliance. This appliance takes combustion air from a building, but has a sealed, gas-tight, corrosion-resistant flue without any openings through which combustion gases can backdraft into the building. Such an appliance includes a forced draft or induced draft heater.

Category III Fuel-Burning Appliance. This appliance takes combustion air directly from outside through a connection sealed from the atmosphere in the building, has a sealed, gas-tight, corrosion-resistant flue without any openings through which combustion gases can backdraft into the building. This type of appliance is the least sensitive to backdrafting.

Make-Up Air and Pressure Relief Vents. A make-up air or pressure relief vent may need to be provided to keep a building pressure within the limits given in Pressure Increase Limits and Pressure Decrease Limits above. The table below may be used to size an air vent. A design may require this vent to function for both make-up air and pressure relief. An air vent shall be placed where cold incoming air does not discomfort occupants.

Table C Maximum Passive Air Flow Met By Relief or Make-Up Air Vents

Vent Diameter (inches)	ELA* (in. ²)	Air Flow Met by Vent** (cfm) Pressure Difference		
		5 Pa (.02" WG)	10 Pa (.04" WG)	20 Pa (.08" WG)
3	7	8	10	19
4	13	16	23	38
5	20	31	46	67
6	28	53	74	114
7	38	85	106	169
8	50	116	159	254
9	64	169	233	318
10	79	212	296	445

^{*} ELA means equivalent leakage area.

^{**} Calculated flow rates for passive make-up or relief air vents assuming an equivalent length of 66 feet. If more airflow is needed than shown, use two or more vents spaced throughout the building.

APPENDIX D

WINDOW U-VALUE DEFAULT TABLE

To convert R-value to U-value, divide 1 by the R-value (1/R=U); eg., R-3 = 1 ÷ 3 = U-.33. To convert U-value to R-value, divide 1 by the U-value (1/U=R); eg., U-.33 = 1 ÷ .33 = R-3.

WINDOW GLAZING ^{3,4,5,6,7}		FRAME TYPE ⁸		
	Alum. Thermal Break ⁹	Wood/Vinyl	Alum. Clad Wood/ Reinforced Vinyl ¹⁰	
Double, clear 1/4"	0.66	0.56	0.59	
Double, clear 1/4" + argon	0.63	0.53	0.56	
Double, low-e ⁴ 1/4"	0.61	0.52	0.54	
Double, low-e ² 1/4"	0.58	0.49	0.51	
Double, low-2 ¹ 1/4"	0.55	0.47	0.49	
Double, low-e ⁴ 1/4" + argon	0.55	0.47	0.49	
Double, low- e^{2} $^{1}/_{4}$ " + argon	0.52	0.43	0.46	
Double, low-2 ¹ 1/4" + argon	0.50	0.41	0.43	
Double, clear 3/8"	0.63	0.54	0.57	
Double, clear 3/8" + argon	0.60	0.51	0.64	
Double, low-e ⁴ ³ /8"	0.57	0.48	0.51	
Double, low-e ² ³ /8"	0.54	0.45	0.48	
Double, low-2 ¹ ³ /8"	0.51	0.43	0.46	
Double, low-e ⁴ ³ /8" + argon	0.53	0.44	0.47	
Double, low-e ² ³ /8" + argon	0.49	0.41	0.44	
Double, low-2 ¹ ³ /8" + argon	0.47	0.39	0.41	
Double, clear 1/2"	0.60	0.50	0.54	
Double, clear 1/2" + argon	0.58	0.48	0.51	
Double, low-e ⁴ 1/2"	0.53	0.44	0.47	
Double, low-e ² 1/2"	0.50	0.41	0.44	
Double, low-2 ¹ 1/2"	0.47	0.39	0.42	
Double, low- e^{4} 1/2" + argon	0.50	0.42	0.44	
Double, low- e^{2} 1/2" + argon		0.37	0.38	
Double, low-2 ¹ 1/2" + argon	0.43	0.35	0.38	
Triple, clear 1/4"	0.52	0.42	0.44	
Triple, clear 1/4" + argon	0.49	0.39	0.42	
Triple, low-e ⁴ 1/4"	0.50	0.40	0.40	
Triple, low-e ² 1/4"	0.48	0.39	0.41	
Triple, low-2 ¹ 1/4"	0.47	0.38	0.40	
Triple low-e ⁴ 1/4" + argon		0.37	0.39	
Triple low-e ² 1/4" + argon	0.43	0.34	0.37	
Triple low-2 ¹ 1/4" + argon	0.42	0.34	0.36	
Triple, clear 1/2"	0.46	0.37	0.40	
Triple, clear 1/2" + argon	0.45	0.36	0.38	
Triple, low-e ⁴ 1/2"	0.43	0.35	0.37	
Triple, low-e ² 1/2"	0.41	0.32	0.35	
Triple, low-2 ¹ 1/2"	0.39	0.31	0.33	
Triple, low- e^4 $1/2$ " + argon		0.32	0.35	
Triple, low- e^2 $1/2$ " + argon	0.38	0.30	0.32	
Triple, low- 2^1 $1/2$ " + argon	0.37	0.29	0.31	

Notes to Appendix D:

- 1. Subtract 0.02 from the listed default U-value for insulated spacers. Insulated spacer material includes fiberglass, wood and butyl or other material with an equivalent K-value.
- 2. Solariums may subtract 0.03 from the default U-value.
- 3. \[\frac{1}{4}^n = a \text{ minimum dead air space of 0.25 inches between the panes of glass; \[\frac{3}{8}^n = a \text{ minimum dead air space of 0.375 inches between the panes of glass; \[\frac{1}{2}^n = a \text{ minimum dead air space of 0.5 inches between the panes of glass. Products with air spaces different than those listed above shall use the value for next smaller air space; i.e., \[\frac{3}{4}^n = \frac{1}{2}^n \text{ U-values; } \] \[\frac{7}{16}^n = \frac{3}{8}^n \text{ U-values; } \] \[\frac{5}{16}^n = \frac{1}{4}^n \text{ U-values.} \]
- 4. Low- e^4 (emissivity) shall be 0.4 or less. Low- e^2 (emissivity) shall be 0.2 or less. Low- e^1 (emissivity) shall be 0.1 or less.
- 5. U-values listed for argon shall consist of sealed, gas-filled, insulated units for argon, CO_2 , SF_6 and argon SF_6 mixtures. The following conversion factor shall apply to Krypton gas-filled units: 1/4" or greater airspace with Krypton gas-fill = 1 /2" airspace with argon gas-fill.
- 6. Dividers placed between glazing: The U-value listed shall be used where the divider has a minimum gap of 1/8" between the divider and lite of each inside glass surface. Add 0.03 to the listed U-value for True Divided Lite windows.
- 7. "Glass block" assemblies may use a U-value of 0.51.
- 8. Insulated fiberglass framed products shall use wood/vinyl U-values.
- 9. Alum. Thermal Break = an aluminum thermal break framed window shall incorporate the following minimum design characteristics:
 a) The thermal conductivity of the thermal break material shall be not more than 3.6 BTU-in/hr/ft2/F°.
 - b) The thermal break material shall not be less than 0.210 inches; and
 - c) All metal framing members of the product to interior and exterior air must incorporate a thermal break meeting the criteria in a) and b).
- 10. Aluminum clad wood windows shall use the U-values listed for Alum. Clad Wood/Reinforced Vinyl windows. Vinyl clad wood windows shall use the U-values listed for Wood/Vinyl windows. Any vinyl frame window with metal reinforcement in more than one rail shall use the U-values listed for Alum. Clad Wood/Reinforced Vinyl windows.



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