

# COMMUNITY RESOURCE GUIDE

SITKA, ALASKA

2020



**CENTER** *for* **COMMUNITY**

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*Providing service to enhance quality of life*

**First Created By**  
**The Sitka Legislative Information Office**  
**Legislative Affairs Agency**

**Updated by**  
**Center for Community**  
**Sitka, Alaska**  
**907-966-4250**

Center for Community proudly presents this updated version of the Community Resource Guide. Center for Community would like to thank the communities of Sitka, Juneau, Kake, Angoon and Anchorage for the opportunity to serve you and your loved ones.

This is considered a living document and we expect changes will occur.  
We apologize in advance for any errors.

For updates, edits or a PDF copy, please

Email: [twalsh@cfc.org](mailto:twalsh@cfc.org)



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# Emergency Numbers

**Fire, Police or Medical Emergency**

**Call 911**

**Coast Guard**

**Phone:** 1-800-478-5555

**FBI**

**Phone:** 1-907-276-4441

**Fire Department (Information/Business)**

**Phone:** 1-907-747-3233

209 Lake Street

**Fax:** 1-907-747-7450

**Police Department (Information/Business)**

**Phone:** 1-907-747-3245

304 Lake Street

**Fax:** 1-907-747-1075

**[www.sitkapd.com](http://www.sitkapd.com)**

**SEARHC—Mt. Edgecumbe Medical Center**

**Phone:** 1-907-966-2411

222 Tongass Dr.

**Fax:** 1-907-966-8300

**SEARHC Help Line**

**Phone:** 1-877-294-0074

Available 24 hours a day, seven days a week to

Residents of Southeast Alaska

**Careline Crisis Intervention**

**Phone:** 1-877-266-4357

**Sitkans Against Family Violence (SAFV)**

**Phone:** 1-907-747-3370

(Information/Business)

**Crisis Line (24 hour line)**

**Phone:** 1-800-478-6511

**STAR (Rape Crisis Line)**

**Phone:** 1-800-478-8999

**National Response Center**

**Phone:** 1-800-424-8802

**(Oil & Toxic Chemical Spills)**

**NOAA Fisheries Enforcement Hotline**

Phone: 1-800-853-1964

**Poison Information Center**

Phone: 1-800-222-1222

## **Child Care**

**Alaska, State of, Child Care Program Office**

P.O. Box 11064

Juneau, AK 99811-0640

**Phone:** 1-907-465-4756

**Email:** CCPO@alaska.gov

1-888-268-4632

The CCPO monitors, regulates, and licenses child care facilities across the state and further promotes child care quality through grants to Child Care Resource & Referral agencies and the direct administration of the Child Care Grant Program.

**Child Care Assistance Program (thread)**

thrivalaska

1949 Gillam Way, Ste. G

Fairbanks, AK 99701

**Phone:** 1-907-479-2212

**Email:** threadCCA@thrivealaska.com

1-855-479-2212

thread partners with Thrivalaska in Fairbanks and AEYC-SEA in Juneau to administer the State of Alaska Child Care Assistance Program (CCAP) for the CCAP Northern and Southeast service delivery areas. The CCAP, also known in Alaska as Parents Achieving Self-Sufficiency (PASS), helps eligible families pay for child care.

**Locate Licensed Child Care Providers**

**threadalaska.org**

3200 Hospital Drive, Suite 204

**Phone:** 1-907-789-1235

Juneau, AK 99801

1-800-278-3723

thread provides free referrals to early care and education programs only. We do not provide recommendations. We encourage you to visit and interview child care providers before making a final decision. thread family services are provided free of charge, including referrals and consumer information.

*Child Care Cont'd.....*

**3 to 5 Preschool, Inc**

**Phone:** 1-907-747-6898

Contact: Joanne Ingman

110 College Dr. Rm 101

In the Rasmusson Building on the Sitka Fine Arts Campus. Preschool for 3-5 year olds during the school year.

**Betty Eliason Child Care Center**

**Phone:** 1-907-747-5892

Contact: Jaimie Rhodes

607 Lincoln St.

Licensed child care and licensed preschool. Also provides before and after school care.

**Kids First Day Care**

**Phone:** 1-907-747-5456

Contact: Dawn Mahoney-Menendez

506 First St.

Licensed child care. 6 weeks to 12 years.

**Mt. Edgecumbe Preschool**

**Phone:** 1-907-966-2675

Contact: Lori Witmill

129 Seward St. (adjacent to the Pioneer Home)

Provides education for 3 to 5 year olds, including an after school program for kindergarteners.

**Sheldon Jackson Child Care Center**

**Phone:** 1-907-747-5437

Contact: Lolly Miller

111 John Brady Dr.

Licensed child care, 1 month to 132 months.

**Ventures Program Sitka**

**Phone:** 1-907-966-1317

Contact: Marjean Ragsdale

305 Baranof St.

Licensed care for school aged children, 5 years to 12 years.

## **Faith-based Organizations**

**Baha'i Faith**

**Phone:** 1-907-623-0802

P.O. Box 2444

**sitkabahai.org**

**Email:** info@sitkabahai.org

**Calvary Chapel Sitka**

**Phone:** 1-907-747-5454

Contact: Pastor Dug Jensen

**CalvarySitka.org**

P.O. Box 1766

**Email:** survival@gci.net

Meets on Sunday at 3pm at United Methodist Church, 303 Kimsham Street

**Christian Science Group**

**Phone:** 1-907-747-8508

Contact: Betty Henning

1-907-747-8745

Services 11am Sundays

**Church of Christ**

**Phone:** 1-907-747-5859

Contact: Preacher Joel Warner

**Phone:** 1-907-252-2141

1113 Edgecumbe Dr.

**Ecknankar**

**Phone:** 1-907-747-8902

Religion of the Light & Sound of God

*Faith-based organizations cont'd...*

**First Baptist Church**

Contact: Pastor Cliff Day  
514 Halibut Point Road

**Phone:** 1-907-290-0288  
**fbcsitka.com**

**Grace Lutheran Church, WELS**

304 Tilson Street

**Facebook:** Grace Lutheran Sitka WELS

**Phone:** 1-907-747-6938

**Grace Harbor**

Contact: Paul McArthur or Stewart Pook  
1904 Halibut Point Road  
sitkagraceharbor.com

**Phone:** 1-907-747-5706

**Jehovah's Witnesses Kingdom Hall**

519 Monastery Street

**Phone:** 1-907-747-8742  
**jw.org**

**Salvation Army**

Contact: Majors John and Sabrina Tumey  
405 Sawmill Creek Road  
M-F soup kitchen, food cupboard & utility assistance

**Phone:** 1-907-747-3358

**Sitka Assembly of God**

Contact: Pastor Ryan Gluth  
**email:** office@sitkaag.org  
214 Kimsham Street  
Sunday service 10am

**Phone:** 1-907-747-5848  
**sitkaag.org**

**Sitka Bible Baptist Church**

Contact: Pastor Dale Hanson  
**email:** cdhanson@worldnet.att.net

**Phone:** 1-907-747-6498  
**sitkabiblebaptist.org**

Meets on Sundays at 10:30am at Yaw Chapel on Sitka Fine Arts Camp Campus.

*Faith-based organizations cont'd...*

**Sitka Christian Center**

Contact: Pastor Al Hass  
502 Hirst Street, P.O. Box 1715

**Phone:** 1-907-747-6771

**Sitka Church of the Nazarene**

Contact: Pastor Chuck Haskins  
305 Lake Street

**Phone:** 1-907-747-8115

**Sitka Jewish Community**

Contact: David Voluck

**Phone:** 1-907-738-1608

**Sitka Lutheran Church, ELCA**

Contact: Pastor Sandra Rudd  
224 Lincoln Street / P.O. Box 598

**Phone:** 1-907-747-3338  
**[sitkalutheranchurch.org](http://sitkalutheranchurch.org)**

**Sitka Seventh-day Adventist**

1613 Halibut Point Road

**Phone:** 1-907-747-8855  
**[sitkaadventistchurch.org](http://sitkaadventistchurch.org)**

**St. Gregory Catholic Church**

Contact: Fr. Dwight Hoeberechts, OMI  
**email:** [mail.stgregory@gmail.com](mailto:mail.stgregory@gmail.com)  
606 Etolin Street / P.O. Box 495

**Phone:** 1-907-747-8371

**St. Michael's of the Archangel Orthodox Cathedral**

Contact: Father Ishmael Andrews  
**email:** [qulicaq99@yahoo.com](mailto:qulicaq99@yahoo.com)  
240 Lincoln Street / P.O. Box 697

**Phone:** 1-907-738-8929  
**Gift Shop:** 1-907-747-8101

*Faith-based organizations cont'd...*

**St. Peter's By the Sea Episcopal Church**

Contact: Rev. Julie Platson

**email:** [stpetersbytheseak@gmail.com](mailto:stpetersbytheseak@gmail.com)

611 Lincoln Street / P.O. Box 1130

**Phone:** 1-907-747-3977

**[stpeters-sitka.org](http://stpeters-sitka.org)**

**Unitarian Universalists Association**

408 Marine Street

Meets Sunday at 10:30am

**Phone:** 1-907-747-3363

**[sitkauu.org](http://sitkauu.org)**

**United Methodist Church of Sitka**

Contact: Rev Bennie Grace (Pastor Jo Jo) Nabua

**email:** [umc@umcsitka.com](mailto:umc@umcsitka.com)

303 Kimsham Street

**Phone:** 1-907-747-8775

**[umcsitka.com](http://umcsitka.com)**

**United Pentecostal Church**

**email:** [pentecost239@gmail.com](mailto:pentecost239@gmail.com)

101 Cascade Creek / P.O. Box 35

**Phone:** 1-907-609-0292

**[sitkaupc.com](http://sitkaupc.com)**

## **Education**

**Alaska Marine Safety Education Association  
(AMSEA)**

Contact: Jerry Dzugan, Executive Director

**email:** [admin@amsea.org](mailto:admin@amsea.org)

**2924 Halibut Point Road**

AMSEA's mission is to reduce injury and death in the marine and fresh water environment through education and training provided by a network of qualified marine safety instructors.

**Phone:** 1-907-747-3287

**[amsea.org](http://amsea.org)**

**Alaska, State of, Public Safety Training Academy**

**Phone:** 1-907-747-6611

877 Sawmill Creek Road

**dps.alaska.gov**

The Alaska Law Enforcement Training Program offers specialized classes and practical training for a variety of law enforcement careers. Offered by the Department of Public Safety.

**Hames Center**

**Phone:** 1-907-747-5080

**email:** hamescenter@gmail.com

**hamescenter.com**

121 John Brady Drive

The mission of the Hames Center is to promote and support a community approach to personal community wellness through health promotion, indoor activity access, education programming, and service to the community of Sitka. Committed to providing opportunities that expand access to wellness and health through physical, mental, emotional, spiritual, social and environmental wellbeing.

**Mt. Edgecumbe High School**

**Phone:** 1-907-966-3200

Janelle Vanasse, Superintendent Bernie Gurule, Principal

**mehs.us**

1330 Seward Avenue

Mt. Edgecumbe is a State-run boarding school for Alaskan high school students. Its mission to provide challenging, unique education in a residential setting that values rich cultural diversities and traditions, inspiring Alaskan students to become successful, responsible, global citizens.

**SEER School**

**Phone:** 1-907-747-6224

Contact: Heidi Raffaele

**theseerschool.org**

**email:** seerschool@gmail.com

303 Kimsham Street/P.O. Box 1031

Basement of Methodist Church on Edgecumbe Drive. Providing a personalized education for students of all abilities, grades K-8, within a multiage setting. Call for more information.

**Sitka Adventist School (Grades 1-8)**

**Phone:** 1-907-747-8855

Contact: Kallie McCutcheon

1-360-250-4733

**email:** sitkaadventistschool@gmail.com

Looking for something extra in your child's education? Call or email for information.

**Sitka Native Education Program (SNEP)**

**Phone:** 1-907-966-1242

Contact: Nancy Douglas, Director

**email:** douglasn@sitkaschools.org

456 Katlian Street (Mail) / 304 Baranof (physical)

SNEP is an organization dedicated to the education of the youth of Sitka providing training in Northwest Coast art.

**Sitka School District Office**

**Phone:** 1-907-747-8622

Contact: John Holst, Superintendent

**email:** wegnerm@sitkaschools.org

300 Kostrometinoff Street / P.O. Box 179

**sitkaschools.org**

**Baranof Elementary School (K-Grade 1)**

**Phone:** 1-907-747-5825

Contact: Jill Lecrone, Principal

**email:** lecronej@sitkaschools.org

305 Baranof Street

**Keet Gooshi Heen Elementary School (Grades 2-5)**

**Phone:** 1-907-747-8395

Contact: Casey Demmert, Principal

**email:** demmertc@siktaschools.org

307 Kashevaroff Street

**Blatchley Middle School (Grades 6-8)**

**Phone:** 1-907-747-8672

Contact: Ben White, Principal

**email:** whiteb@sitkaschools.org

601 Halibut Point Road

**Sitka High School (Grades 9-12)**

**Phone:** 1-907-747-3263

Contact: Laura Rogers, Principal

**email:** rogersla@sitkaschools.org

1000 Lake Street

*Education cont'd...*

**Pacific High School (Grades 9-12)**

**Phone:** 1-907-747-0525

Mandy Summer, Principal

**email:** summerm@sitkaschools.org

509 Lincoln Street (Alternative High School)

**REACH**

**Phone:** 1-907-747-7514

Contact: Colleen Carroll, Coordinator

(Grades K - 12)

Support for parents choosing to home school their children providing misc. workshops, lending library, testing and computer loans. Monthly newsletter mailed to participants.

## **Colleges and Universities**

**University of Alaska Southeast Sitka Campus**

**Phone:** 1-907-747-7700

Contact: Math Trafton, Interim Campus Director

**uas.alaska.edu**

1332 Seward Avenue

**Student Success Center (advising)**

**Phone:** 1-907-747-7717

The University of Alaska Southeast is a regional unit of the University statewide system of higher education. Established on July 1, 1987 with the restructuring of the former University of Alaska Juneau, Ketchikan Community College, and Islands Community College (Sitka), the University of Alaska Southeast serves the residents of Southeast with campuses in Juneau, Ketchikan and Sitka. The Sitka campus (founded as Sitka Community College in 1962) shares in Sitka's rich cultural heritage. Native Alaskans have lived in this area for 11,000 years, the Russian's made it their North American capital, and the Americans bought it from Russia in 1867. Mt. Edgecumbe, a dormant volcano, dominates the horizon across Sitka Sound. The Sitka campus awards workforce credentials, occupational endorsements, certificates and associate degrees.

**University of Alaska, Fairbanks-Alaska Sea Grant, Marine Advisory Program**

1007 West 3rd Ave., Suite 100,

**Phone:** 1-907-274-9691

Anchorage, AK 99501

**seagrant.uaf.edu**

Contact: Jerry Dzugan

**Phone:** 1-907-747-3287

A statewide outreach and technical assistance program helping Alaskans wisely use, conserve, and enjoy Alaska's marine and coastal resources.

## **University of Alaska Fairbanks-Cooperative Extension Sitka**

1332 Seward Avenue (UAS Sitka Campus)

**Phone:** 1-907-747-9440

Contact: Jasmine Shaw

**uaf.edu/ces**

**email:** jdshaw2@alaska.edu

Information, workshops on horticulture, pest management, home gardening, forest based enterprises, conflict resolution, youth/4H, rural development, and mineral resources.

## **Libraries**

### **Sitka Public Library**

**Phone:** 1-907-747-8708

320 Harbor Drive

Contact: Jessica Ieremia, Director

**email:** library@cityofsitka.com

The mission of Sitka Public Library is to provide a collection of informational, cultural, recreational, educational, and local historical resources to meet the evolving needs of its patrons and promote reading as an essential element of an informed citizenry in a democracy.

## **Elected Officials**

### **Mike Dunleavy**

**Phone:** 1-907-465-3500

Governor of Alaska

**www.alaska.gov**

P.O. Box 110001

Juneau, AK 99811-0015

**email:** governor@alaska.gov

### **Kevin Meyer**

**Phone:** 1-907-465-3520

Lieutenant Governor of Alaska

P.O. Box 110015

Juneau, AK 99811-0015

**email:** lt.governor@alaska.gov

*Elected Officials cont'd...*

**Senator Bert Stedman**

State Capitol Building, Rm 30  
Juneau, AK 99801-1182

**email:** [Senator.Bert.Stedman@akleg.gov](mailto:Senator.Bert.Stedman@akleg.gov)

**Phone:** 1-907-465-3873

**[sentate.legis.state.ak.us/smn.php](http://sentate.legis.state.ak.us/smn.php)**

**Rep. Jonathan Kreiss-Tomkins**

State Capitol Building, Rm 411  
Juneau, AK 99801-1182

**email:** [Representative.Jonathan.Kreiss-Tomkins@akleg.gov](mailto:Representative.Jonathan.Kreiss-Tomkins@akleg.gov)

**Phone:** 1-907-465-3732

**[house.legis.state.ak.us](http://house.legis.state.ak.us)**

**Senator Lisa Murkowski**

United States Senate  
522 Hart Senate Office Building  
Washington, D.C. 20510-0202

**Phone:** 1-202-224-6665

**[Murkowski.senate.gov](http://Murkowski.senate.gov)**

**Senator Dan Sullivan**

United States Senate  
302 Hart Senate Office Building  
Washington, D.C. 20510-0201

**Phone:** 1-202-224-3004

**[sullivan.senate.gov](http://sullivan.senate.gov)**

**U.S. Congressman Don Young**

2314 Rayburn House Office Bldg\*  
Washington, D.C. 20515-0201

**email:** [donyoung@mail.house.gov](mailto:donyoung@mail.house.gov)

**Phone:** 1-202-225-5765

**[don.young.house.gov](http://don.young.house.gov)**

**Sitka Legislative Information Office**

Contact: Bronwyn Walton, Legislative Information Officer  
201 Katlian St., Suite 103  
Totem Square Inn, Sitka, AK 99835

**email:** [Sitka.LIO@akleg.gov](mailto:Sitka.LIO@akleg.gov)

During session, send your Public Opinion Message on-line:

**<http://www.legis.state.ak.us/>**

**Phone:** 1-907-747-6276

**[legis.state.ak.us](http://legis.state.ak.us)**

# Fraternal and Professional Organizations

## **Alaska Longline Fishermen's Association**

**Phone:** 1-907-747-3400

Contact: Linda Behnken, Executive Director

**alfafish.org**

834 Lincoln Street, #23

**email:** [alfastaff@gmail.com](mailto:alfastaff@gmail.com)

Located upstairs in the Sitka Sound Science Center building, ALFA represents long-line fishermen in conservation and allocation issues at the local, state and federal level.

## **Alaska Trollers Association**

**Phone:** 1-907-586-9400

Contact: Amy Daugherty, Executive Director

**aktrollers.org**

130 Seward Street, #205

Juneau, AK 99801

**email:** [ata@gci.net](mailto:ata@gci.net)

Representing commercial salmon trollers in regulatory and policy arenas and working to ensure wholesome, sustainable seafood for consumers.

## **American Legion Sitka Post 13 and Auxiliary**

**Phone:** 1-907-747-8629

Contact: Margaret Carlson, Club Manager

205 Lincoln Street

Community programs, Special Olympics, and recreational programs.

## **Delta Kappa Gamma**

**Phone:** 1-907-747-5608

Contact: Jan Love

**email:** [bjmelove@gci.net](mailto:bjmelove@gci.net)

Organization to promote women in the educational workforce.

## **Elks Lodge #1662 (BPOE)**

**Phone:** 1-907-747-3511

412 Sawmill Creek Road

**(The) Greater Sitka Chamber of Commerce**

Contact: Rachel Roy, Executive Director

104 Lake St.

**email:** [sitkachamber.membership@gmail.com](mailto:sitkachamber.membership@gmail.com)

This is a voluntary organization of business and community leaders who promote, support, and facilitate commerce and economic growth in the community. Meetings are at 12pm every Wednesday at the Westmark Sitka banquet room.

**Phone:** 1-907-747-8604

**[sitkachamber.com](http://sitkachamber.com)**

**Island Artists Gallery**

**email:** [artsitka@gmail.com](mailto:artsitka@gmail.com)

An artist's cooperative.

**Phone:** 1-907-747-6536

**[islandartistsgallery.com](http://islandartistsgallery.com)**

**The Island Institute**

Contact: Linda Behnken

The Island Institute hosts several writers-in-residence throughout the year. Initiates and facilitates town-meeting style discussions on sustainability & other pertinent community issues.

**Phone:** 1-907-747-3794

**[islandinstitutealaska.org](http://islandinstitutealaska.org)**

**Moose, Loyal Order of the**

Contact: Earl Pyrtle, Administrator

Elizabeth Stark, Administrative Assistant

**email:** [lodge1350@mooseunits.org](mailto:lodge1350@mooseunits.org)

Provides community service projects, scholarships and assistance.

**Phone:** 1-907-747-3344

**Mt. Verstovia Masonic Lodge #18**

Contact: Master, Edward Phillips

313 Lake St.

**Phone:** 1-907-747-8526

**Ocean Wave Quilters**

Contact: Jane Seesz, President

Membership of quilt makers who meet September through May on the first Tuesday of every month. Members sponsor quilt workshops throughout the year and an annual quilt show. Donations are made to help fund college scholarships, books to Sitka Public Library, and other community service organizations. The public is invited to attend.

**Phone:** 1-907-747-5998

**Sitka Cancer Survivors Society**

**Phone:** 1-907-738-1176

Contact: Susan Suarez, President

A non-profit organization dedicated to education and awareness in coping with the effect of cancer on individuals and family members. The Board and its members are available to individuals and their family members during the difficulties of dealing with this disease. The contribution of benches and the Path of Hope is a gesture of support to the community.

**Sitka Conservation Society**

**Phone:** 1-907-747-7509

Contact: Andrew Thoms, Executive Director

201 Lincoln St. Ste 4

**email:** [info@sitkawild.org](mailto:info@sitkawild.org)

To protect the natural environment of the Tongass while supporting the development of sustainable communities in Southeast Alaska.

**Sitka Economic Development Association (SEDA)**

**Phone:** 1-907-747-2660

Contact: Garry White, Executive Director

329 Harbor Drive, Suite 212

A private, non-profit group dedicated to improving the lives of Sitkans through the development of our economy; help foster a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life.

**Sitka Emblem Club**

**Phone:** 1-907-747-6326

P.O. Box 275

Women's organization specializing in community service projects. Membership open to women over 21 and those interested in community service.

**Sitka Historical Society**

**Phone:** 1-907-747-6455

Contact: Hal Spackman

**[sitkahistory.org](http://sitkahistory.org)**

330 Harbor Drive

**email:** [sitkahis@ptialaska.net](mailto:sitkahis@ptialaska.net)

Encouragement of historic preservation, lectures, special research, projects and newsletter.

**Sitka Pioneers' Home Auxiliary**

**Phone:** 1-907-747-8825

Contact: Kathryn Snelling, President  
120 Katlian Street

Welcomes members who wish to help seek ways to support Pioneer Home residents, staff and programs.

**Sitka Rotary Club**

**Phone:** 1-907-738-2014

Contact: Jeff Budd, Shauna Thornton  
P.O. Box 6185

**email:** swbergman@gci.net

This organization lists its motto as "Service Above Self" and community service projects include scholarships, direct donations, vocational services (student and professional experiences), international services (youth exchange program), and local fund raising such as Rotary Duck Race every 4th of July. Meets at 12pm every Tuesday at the Westmark Sitka Banquet Room.

**Sitka RESULTS**

**Phone:** 1-907-747-0402

Contact: Michele Friedman

**www.results.org**

**email:** shantimara@yahoo.com

Sitka RESULTS volunteers meet monthly addressing their leaders in Congress in order to work towards the mission of RESULTS and its sister organization RESULTS Educational Fund (REF) which aims to revolutionize the way Americans interact with their democracy while helping millions of people move out of poverty.

**Sitka Shrine Club**

**Phone:** 1-907-747-5686

Contact: Tom Brown

**Sitka Sportsman's Association**

**Phone:** 1-907-738-8636

Contact: John McCrehin

R.V. Park, indoor shooting range, Sitka Salmon Derby, skeet and trap shooting.

**Sitka Woman's Club**

**Phone:** 1-907-738-3098

Contact: Shiela Finkenbinder  
300 Harbor Drive

A service organization dedicated to supporting the best interests especially as they pertain to women and children in Sitka. Membership open to all women. Scholarships are available.

**Society of American Foresters**

**Phone:** 1-907-228-6289

Contact: Richard Abt

**eforester.org**

Provides information and service to the community by persons in the field of forestry and other natural resource professions.

**Southeast Alaska Women in Fisheries**

**Phone:** 1-907-738-0969

Contact: Mary Todd Andersen or Denise Klinger  
P.O. Box 2276

**email:** marytoddandersen@gmail.com

SEAWIF is active in various community projects such as Kid's Don't Float (pfd loan-ersat the docks), Blessing of the Fleet, the Mariner's Wall, the Fishermen's flea market, a fisheries cookbook, marine safety programs and provides a support group for women in the fishing industry. All interested women are invited to join.

**U.S. Coast Guard Spouses' and Women's Association (USCGSWA)**

P.O. Box 1164

**sitkacoastguardspouses.org**

**email:** contact@sitkacoastguardspouses.org

The USCGSWA supports the morale and well-being of our service personnel's spouses and their families by engaging in many charitable, community and social activities and acts as a support system within the community.

**Women of the Moose**

**Phone:** 1-907-747-3344

337 Lincoln Avenue

Non-profit organization assisting the community including offering scholarships to local students.

# Handyman/Contractor Services

**\*always ask for and check references\***

## **Browns Refrigeration Resources**

**Phone:** 1-907-623-0717

Contact: Christopher Brown

A professionally licensed, bonded and insured contractor in Alaska. We specialize in refrigeration and heat pump systems both installs and repairs.

## **Dumag Services**

**Phone:** 1-907-738-5570

1-907-738-2626

Contact: Edward Dumag

Usually busy during the day, leave a message or call after 6:00pm.

## **John McCrehin**

**Phone:** 1-907-738-8636

Happy to do "small" jobs.

# Health and Human Services

## **Alaska Care Line**

**Phone:** 1-877-266-4357

Counselors with a focus on suicide prevention.

## **Alaska, State of, Office of Children's Services (OCS)**

208 Lake Street, Suite 2G

**Toll Free:** 1-800-478-8605

**Phone:** 1-907-747-2802

**Alaska Parent Line:** 1-800-643-5437

Child protective services, information & referral, foster care licensing, & foster care for children.

## **Alaska, State of, Div. of Vocational Rehabilitation**

**Toll Free:** 1-800-478-2726

304 Lake Street, Room 101

**Phone:** 1-907-747-4788

The mission of DVH is to assist individuals with disabilities to obtain and maintain employment while honoring and respecting each individual's strengths, skills, choices, abilities and culture.

**Alaska's Tobacco Quit Line**

**Phone:**1-888-784-8669

Available 24-hours a day, 7-days a week, to help people quit tobacco use.

**Alcoholics Anonymous**

**Phone:**1-907-747-8866

P. O. Box 2924

Group of men and women who share their experience, strength, and hope with others so that they may solve their common problem and help others to recover from alcoholism.

**Jeff Arndt**

**Phone:**1-800-738-2025

Other than children under 10, I see all kinds of clients with the full array of issues, including: Grief, Relationships, Depression, Anxiety, Personality Disorders, Sexual issues, Improving lifestyle and wellness, Substance Abuse, and just about anything else. I have additional training and experience in Substance Abuse issues. I accept Premera insurance. Other insurances might be acceptable based on my past experience with them. I do not accept Medicaid. Self pay rates per visit are lower than what I charge insurance.

**Brave Heart Volunteers**

**Phone:**1-907-747-4600

Contact: Angie DelMoral, Director

120 Katlian Street

**[braveheartvolunteers.org](http://braveheartvolunteers.org)**

(Adjacent to the Pioneers' Home in the Manager's House)

Contact:

**email:** [office@braveheartvolunteers.org](mailto:office@braveheartvolunteers.org)

Brave Heart Volunteers is a non-profit, community organization begun in 2001 as a response to health care gaps and to provide assistance with chronic illness and end-of-life care. Volunteer home visiting, family caregiver respite, and compassionate care services are provided for frail elders, homebound, isolated, disabled, critically ill, dementia, post-hospitalization and the terminally ill. Companionship, shopping, laundry, and help with light home chores and other daily activities are provided by volunteers. Other program services include volunteer training, orientation, and coordination; comprehensive end-of-life training and education for hospice volunteers; family caregiver information and support groups; grief and bereavement support groups; a library and resource room. Our Tlingit name Yee gu.aa yáx x'wán means be brave and reflects the strong connection we feel with our care-receivers as their health changes and they face some of life's most difficult challenges. Services are offered free of charge.

**Center for Community**

**Phone:** 1-907-747-6960

Contact: Bryan O'Callaghan, Executive Director

700 Katlian Street, Suite B

- ◆ **Supportive Living Services** – Providing support and instruction for people with developmental and other disabilities to acquire the skills they need to live in their own homes and participate in community life. Jennifer Axmann, **email:** [jaxmann@cfc.org](mailto:jaxmann@cfc.org)
- ◆ **Learning Program** – Early intervention education and developmental enhancement programs for children age birth to three years. Gail Trujillo, ELP Director and TYCW Coordinator, **email:** [gtrujillo@cfc.org](mailto:gtrujillo@cfc.org)
- ◆ **Personal Care Services** – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Tamara Walsh Sitka Regional Manager for Community Services, **email:** [twalsh@cfc.org](mailto:twalsh@cfc.org) or [tparsly@cfc.org](mailto:tparsly@cfc.org)
- ◆ **Respite Care Services** – Providing a needed break for caregivers and families of people with disabilities, Alzheimer's and other dementia, and frail seniors. Chris Davison, **email:** [cdavison@cfc.org](mailto:cdavison@cfc.org) or [tparsly@cfc.org](mailto:tparsly@cfc.org)
- ◆ **Employment Enhancement Program** – Case management, job training, support services and job placement for people receiving public assistance. Referrals to this program come only from the Division of Public Assistance.

**Easter Group (Sitka Outreach Support: Lifeline Group)**

**Phone:** 1-907-738-6336

Contact: Julia Smith

**[eastergroup.org](http://eastergroup.org)**

303 Kimsham St.

**email:** [eastergroupsitka@gmail.com](mailto:eastergroupsitka@gmail.com)

This is a collaborative community of concerned individuals, organizations, agencies, and faith-based communities in Sitka, Alaska committed to working together to address and support the comprehensive needs of those experiencing poverty and/or homelessness in our community so as to bring about hope.

**Jamie Guinn-Osborne**

**Phone:** 1-907-747-6000  
**jamiguinnosborne.com**

Providing individual, couples and family counseling.

Treatment specialization includes:

♦Therapy for Depression and Anxiety ♦ Couples Counseling ♦ Parenting Support ♦ Grief Counseling ♦Work and Career issues ♦Stress Management ♦Conflict Resolution

I work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. In a comfortable and supportive atmosphere, I offer a highly personalized approach tailored to each of my clients individual needs to help attain the personal growth they're striving for.

**Jeannie Jay, MFT (marital &family therapist)**

**Phone:** 1-907-747-0576

514 Lake St., Suite B (under the dental clinic)

**email:** jeanniejaymft@gmail.com

I have been working as a therapist with youth and families since 2000 and in private practice in Sitka since 2014. I provide counseling services through Sitka Counseling and City & Borough of Sitka EAP and accept a variety of private insurance plans. I offer a free one hour initial consultation to see if we are a good therapy "fit."

**Neurobehavioral Consultants, LLC**

**Phone:** 1-907-747-3743

300 Harbor Drive, Sitka, AK 99835

Services: Neuropsychological testing, individual, family, and marital counseling, bio-feedback training/mindfulness practices for stress, trauma, bereavement, memory loss, anxiety, depression, dementia, pain management, and other areas of life's complications.

Clinical Staff: Dr. Cindy Westergaard, PhD, Melissa Wentzel, UAF Counselor in Training

**PFLAG (Parents, Families and Friends of Lesbian and Gays)**

P.O. Box 32245, Juneau, AK 99803

**Phone:** 1-907-463-4203

PFLAG promotes the health and well-being of gay, lesbian and bisexual persons, their families, and friends through: support to cope with an adverse society; education to enlighten an ill-informed public; and advocacy to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.

**Planned Parenthood of Alaska**

**Phone:** 1-800-769-0045

3231 Glacier Hwy.

**plannedparenthoodalaska.org**

Providing low to no cost confidential and professional medical care for teens, women and men. Gynecological examinations, contraceptive care, cancer screenings, sexually transmitted infection screening and treatment, HIV antibody screening, pregnancy testing, counseling, and referrals.

**Raven's Way**

**Phone:** 1-907-966-8714

**searhc.org/service/ravens-way**

Raven's Way is a residential treatment program for Alaskan youth. Based in Sitka, our nationally accredited program combines conventional substance abuse treatment, adventure-based therapy, and Native cultural activities. Raven's Way is accredited by The Joint Commission and licensed by the State of Alaska. All while adhering to the ethical standards of the National Association of Alcohol and Drug Abuse Counselors (NAADAC).

**Salvation Army**

**Phone:** 1-907-747-3358

405 Sawmill Creek Road

Soup kitchen serves Monday-Friday, 11:30-1:30pm. Call for more information regarding emergency food, energy and rental assistance, and youth and women's activities.

**SEARHC Home Health**

**Phone:** 1-907-966-8969

814 Halibut Point Rd (upper level)

**email:** [homehealth@searhc.org](mailto:homehealth@searhc.org)

To address the increasing healthcare needs of Southeast Alaska's elder population, SEARHC developed home-based services for the community of Sitka. SEARHC's Health Promotion Program recruited qualified, home-health personnel and developed policies and procedures to offer this service. This line of care includes skilled nursing and rehabilitative services.

**SEARHC Labor and Delivery Nursing Team**

**Phone:** 1-907-966-8331

Childbirth Education

**email:** [ruthu@searhc.org](mailto:ruthu@searhc.org)

A free childbirth education class at Mt. Edgecumbe Hospital is available to all pregnant women and their birth partner. The class covers labor and birth, newborn care, breastfeeding, care options, and comfort options.

**Breastfeeding Support Group**

**Phone:** 1-907-966-8331

**email:** [Jasminee@searhc.org](mailto:Jasminee@searhc.org)

A free Breastfeeding Support Group offered the 2nd Thursday of every month 10:00-11:00am. Hosted by Jasmine Esmay, RNC-OB, CLC and SEARHC MEH Labor and Delivery. A scale is available for anyone wishing to weigh their baby. Light refreshments are provided.

**SEARHC Patient Health Benefits**

**Phone:** 966-8662, 966-8920,  
966-8307

The SEARHC Patient Health Benefits Team provides free assistance to anyone that would like to learn more about Medicaid, Medicare, Health Insurance Marketplace, Veteran's Benefits, Tribally Sponsored Health Insurance Program (TSHIP) and Sliding Discount. We also assist with food stamps, adult public assistance, senior benefits, Medicare savings programs and more.

**Sitka Counseling and Prevention Services, Inc.**

**Phone:** 1-907-747-3636

Contact: Amy Zanuzosky, Executive Director

**[sitkacounseling.org](http://sitkacounseling.org)**

113 Metlakatla Street

“Promoting Wellness In Our Community” Sitka Counseling offers a variety of outpatient treatment services to assist adults, children, and families with behavioral health issues and substance use disorders. We also provide a variety of services for those persons who are experiencing disabling or long-term mental health problems. The diverse backgrounds, orientation, and specialties of our staff enable us to provide an individual approach to the problems that confront our clients. We offer comprehensive diagnostics and treatment for all members of the family.

♦**Emergency Services:** – Crisis intervention services can be accessed 24 hours a day by contacting staff at Sitka Community Hospital who will page the on-call clinician. 747-3241

♦**Child/Youth Program:** – This program serves children and youth under the age of 21 who exhibit severe behavioral, emotional, or social disabilities.

♦**Adult and Youth Services:**

**Prevention** – Adult/Youth Alcohol/Drug Information School (ADIS/Prime for Life) ADIS is a state approved prevention education component appropriate for individuals assessed as not meeting a substance abuse or dependence diagnosis. The course is designed to increase awareness regarding the effects of alcohol/drug use and to promote responsible behavior. ADIS instructors must be state certified to teach the class and deliver a state-approved curriculum regarding alcohol and drugs. The class consists of 12 hours of education and is typically delivered in three 4-hour sessions during a one week period.

**Comprehensive Assessments** – Each assessment includes an individualized interview regarding the client’s bio-psycho-social-spiritual history and functioning.

**Adult and Adolescent Alcohol/Drug Information School**

**Adult and Adolescent Outpatient Treatment**

**Low Intensity Residential Treatment – Mac’s Place/Mary’s Place** -Is a men’s and women’s level 3.1 substance treatment program, meaning it meets criteria for a ‘low intensity’ residential program. The program is open to all Alaskan men and women aged 18 and older, who have a primary diagnosis of substance abuse or dependence. Participants must be willing to engage in a substance-free, low intensity treatment program. There are six beds for men and six beds for women.

**Continuing Care** – Available to all clients who complete their individualized treatment programs and is free of charge.

**Sitka Health Summit**

**Phone:** 1-907-747-0373  
**[sitkahealthsummit.org](http://sitkahealthsummit.org)**

This annual event brings together community members to pick a variety of community wellness goals to pursue for the next year. In 2018, the projects were to increase elder care services and housing in Sitka, and to build a safe place for teens (teen center). Past projects include becoming a Walk Friendly Community, becoming a Bicycle Friendly Community, starting the Sitka Farmers Market, launching the Fish To Schools program, building the Choose Respect mural on Blatchley Middle School, supporting the creation of the Hames Athletic and Wellness Center, building the Sitka Community Playground, and more.

**Sitkans Against Family Violence (SAFV)**

**Phone:** 1-907-747-3370  
**Toll free:** 1-800-478-6511

Contact: Michelle Mahoney, Director

**safv.org**

P.O. Box 6136

Offers emergency housing to victims of domestic violence and sexual assault. Provides crisis intervention, children's services, education, support groups and legal advocacy.

**Sitka WIC Program**

**Phone:** 1-907-623-0942

Contact: Kathy O'Gara

210 Moller Dr.

A special supplemental nutrition program for women, infants, and children to help safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

**Sitka White Elephant Shop Inc.**

**Phone:** 1-907-747-3430

Contact: Susan Brown

P.O. Box 6571

A non-profit volunteer group dedicated to meeting Sitkan's needs not met by other agencies. Sitka White Elephant donates to other non-profits and can help with prescription glasses and medical travel.

**Southeast Alaska Independent Living (SAIL)**

**Phone:** 1-907-747-6859

Contact: Rick Petersen

514 Lake Street, Suite C

**email:** [sitka@sailinc.org](mailto:sitka@sailinc.org)

A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with aging and/or disability issues who live in the community so they can remain active, involved, productive, integrated individuals.

**Youth Advocates of Sitka, Inc.**

**Phone:** 1-907-747-3687

Contact: Charlie Woodcock, Executive Director

**sitkayouth.org**

805 Lincoln Street

YAS is a non-profit agency providing supportive mental health and behavioral health services that empower at-risk youth to grow into healthy, happy, and productive members of our community. **Our programs include:**

- ◆ Hanson House 10-bed residential youth treatment facility for youth ages 10-18.
- ◆ Community Mental Health Program providing individual, group and family therapy, case management, as well as supportive individual, group & family skills development. These services may be provided within the school setting or in the community for youth ages 5-18.
- ◆ Therapeutic Foster Care serves children and youth ages 5 - 21 years who are in need of a therapeutic placement (i.e. the youth's needs exceed the capacity of the natural family or the existing foster family) as prescribed by a mental health clinician. The TFC youth is placed with a licensed host family trained, supervised, and supported by agency staff.
- ◆ Non-Secure Attendant Shelter Care program providing support for youth who are being detained by local law enforcement.
- ◆ Family Resource Center (FRC) provides the main support and training for our Therapeutic Foster Care Program and Drop-In Center. The Drop-In Center focuses on independent living skills, community outreach activities, prevention services, and connecting youth to resources in Sitka. The Drop-In Center works with youth ages 14-21 years.

## Media

**Capital City Weekly/Juneau Empire**

**Phone:** 1-907-586-3740

Contact: Robert Monteith, General Mgr

Emily Russo Miller, Editor

3100 Channel Drive

Juneau, AK 99801

*Media cont'd...*

**GCI**

208A Lake Street

**email:** residentialcustomerservice@GCI.net

Scanner Channel 1

**Phone:** 1-907-747-3535

**gci.com**

**KIFW 1230 AM & 103.1 FM**

Kevin Skeek, Station Manager

Chuck Geiger, Program Director

611 Lake Street

**Phone:** 1-907-747-6626

**sitkaradio.com**

**North Star Television Network**

Contact: Dan Etulain

**email:** danetulain@gmail.com

520 Lake Street

KSCT Access Channel 11 NBC, KTNL CBS Affiliate

**Phone:** 1-907-747-8200

**Raven Radio, KCAW (FM 104.7) (FM 90.1)**

Contact: Becky Meiers, General Manager

2 Lincoln Street, Suite B

**email:** generalmanager@kcaw.org

**Phone:** 1-907-747-5877

**kcaw.org**

**Sitka Sentinel**

Thad and Sandy Poulson, owners

112 Barracks Street

**email:** news@sitkasentinel.com

Daily newspaper and Arrowhead Press printing company.

**Phone:** 1-907-747-3219

**sitkasentinel.com**

**Sitka Soup**

Contact: Suzanne Portello, Editor

P.O. Box 6353

**email:** shop@sitkasoup.com

**Phone:** 1-907-747-7595

**sitkasoup.com**

# Medical

## **Mountainside Family Clinic**

**Phone:** 1-907-747-1722

209 Moller Ave

Mountainside Family Clinic provides primary care for children and adults of all ages. Our medical team diagnoses and treats acute and chronic illnesses and helps you stay healthy.

## **Mountainside Urgent Care**

**Phone:** 1-907-966-9777

### **814 Halibut Point Rd.**

Our Express Care Clinics are open to all community members and is staffed with a full-time medical provider. Patients can expect fast, effective medical treatment for non-emergency health conditions such as cold, flu, upset stomach, ear infections, or seasonal allergies. No appointments are necessary and walk-ins are welcome.

## **Mountainside Rehabilitation Clinic**

**Phone:** 1-907-747-1771

Mountainside Rehabilitation Clinic (formerly Oceanside Physical Therapy) provides outpatient rehabilitation services which include physical therapy and occupational therapy.

## **SEARHC Home Health**

**Phone:** 1-907-966-8969

814 Halibut Point Rd (upper level)

**email:** [homehealth@searhc.org](mailto:homehealth@searhc.org)

To address the increasing healthcare needs of Southeast Alaska's elder population, SEARHC developed home-based services for the community of Sitka. SEARHC's Health Promotion Program recruited qualified, home-health personnel and developed policies and procedures to offer this service. This line of care includes skilled nursing and rehabilitative services.

*Medical cont'd...*

**Sitka Long Term Care**

**Phone:** 1-907-747-3241

209 Moller Ave

For those who need more care than can be delivered at home, Sitka Long-Term Care offers professional, skilled nursing services in a protected, homelike environment.

**Sitka Medical Center**

**Phone:** 1-907-966-8761

700 Katlian St.

Sitka Medical Center offers a wide range of medical services to serve the needs of all Sitkans. Our team of dedicated healthcare professionals are here to help you make the right decisions about your treatment.

**Sitka Physical Therapy**

**Phone:** 1-907-747-4559

700 Katlian # E

Sitka PT specializes in orthopedic and sports physical therapy, with a large emphasis on the athlete, return-to-play, as well as post-operative care following orthopedic surgery.

**Sitka Public Health Center**

**Phone:**1-907-747-3255

Contact: Denise Ewing, PHN III

210 Moller Drive

Public health nurses provide preventive health services including for people up to age 29: well child check-ups and immunizations, WIC referrals, post-partum home visits, referrals for funding through Health Care Program for Children with special needs. Communicable disease testing: TB screening, HIV antibody testing, and some STD testing. Adult immunizations including flu, tetanus, pneumonia, family planning services including pregnancy testing, emergency contraception, birth control counseling, free condoms and foam. Information brochures and booklets available on many health services, communicable diseases, parenting and child care. Most of these services are available to Port Alexander through periodic visits by the Public Health Nurse.

## **Southeast Alaska Regional Health Consortium (SEARHC)**

### **S'áxt' Hít – Mt. Edgecumbe Medical Center**

**Phone:** 1-907-966-2411

222 Tongass Drive

**Emergency:** 966-2411

A 49-bed acute care hospital and associated ambulatory clinics. Hospital staff specialists include family practice, internal medicine, obstetrics/gynecology, otolaryngology, psychiatry, general surgery, radiology, optometry, audiology, pediatrics, and dentistry. Support services located within the hospital include pharmacy, laboratory, imaging, physical therapy, respiratory therapy, nutritional counseling, patient education, and social services. The Outpatient Clinic provides primary care and specialty services both by appointment and on an urgent need basis. Emergency services are provided 24 hours a day, 7 days a week.

Emergency & Information	Phone: 966-2411
Administration	Phone: 966-8310
Audiology/Ear, Nose, & Throat	Phone: 966-8366
Contract Health Services	Phone: 966-8316
Dental Clinic	Phone: 966-8343
Haa Toowóo Náakw Hít, Outpatient Mental Health	Phone: 966-8611
Health Records	Phone: 966-8350
Laboratory	Phone: 966-8326
Mental Health	Phone: 966-8611
Optometry Department	Phone: 966-8415
Outpatient Department	Phone: 966-8318
Pharmacy	Phone: 966-8347
Physical Therapy	Phone: 966-8312
Radiology	Phone: 966-8327
Social Services	Phone: 966-8413
Surgery Clinic	Phone: 966-8672
Wise Women	Phone: 966-8819

*Medical cont'd...*

### **Southeast Regional Emergency Medical Services Council (SEREMS)**

Contact: Bobbi Leichty, Director

**Phone:** 1-907-747-8005

100 Clothilde Bahovec Way

**serems.org**

**email:** general@serems.org

Resources on obtaining First Aid, CPR, ETT, and EMT training and purchase of books and First Aid supplies. Holds annual EMS Symposium in March.

### **Tobacco Quit Program**

**Phone:** 1-907-966-8745

Contact: Amanda Roberts

The SEARHC and Sitka Community Hospital Tobacco Quit Program is open to all Sitkans and SEARHC beneficiaries in SE Alaska who are seeking to quit their tobacco use. Three months of free nicotine replacement therapy and one year of behavioral support is offered.

### **United States Coast Guard Air Station Medical and Dental Clinic**

Contacts: Jason Neth, Clinic Administrator

**Phone:** 1-907-966-5477

611 Airport Road

All active duty personnel eligible for medical, dental outpatient services, pharmacy, laboratory, and physical therapy. Retired service members and dependents eligible for the over the counter program.

## **Occupational Therapy**

### **Mountainside Rehabilitation Clinic**

**Phone:** 1-907-747-1771

209 Moller Avenue

Mountainside Rehabilitation Clinic provides outpatient rehabilitation services which include physical therapy and occupational therapy.

### **SEAHRC Rehabilitation Services**

**Phone:** 1-907-966-2411

222 Tongass Drive

Occupational therapy is critical for patients with certain medical conditions to gain or maintain the ability to perform everyday activities and allows SEARHC patients to develop skills that allow day-to-day independence.

# Parenting

**Alaska, State of, Office of Children's Services**

**Phone:** 1-907-747-2802

**Report Child Abuse:** 1-800-478-4444

1-800-478-8605

**Alaska Parent Line:** 1-800-643-KIDS (5437)

208 Lake Street, Suite 2G

Child protective services, information and referral, foster care licensing, and foster care for children.

## **Center for Community**

Infant Learning Program

**Phone:** 1-907-966-4213

Gail Trujillo, ELP Program Manager

700 Katlian St., Suite B

**email:** gtrujillo@cfc.org

Early intervention education and developmental enhancement programs for children age birth to three years.

## **Hames Athletic & Wellness Center**

**Phone:** 1-907-747-8096

801 Lincoln Street (just off Jeff Davis Street)

**hamescenter.org**

Tot's Gym and Parent Power Hour

## **Sitka Counseling**

**Phone:** 1-907-747-3636

113 Metlakatla St.

Sitka Counseling offers a range of services through their Family Center, including: Individual Counseling, Family Skills Development and an 8 week course called Active Parenting Now.

## **Sitka School District Early Support Program**

**Phone:** 1-907-966-1321

Contact: Jeanine Brooks, Coordinator and Counselor

305 Baranof Street

The goal of the early support program is to assist parents, teachers and community agencies with providing education, prevention, and intervention services for "at risk" students in grades K, 1 & 2. There are many circumstances that affect young people and possibly impair efforts to succeed in school. Some of these circumstances are: a child exposed to chronic illness or death of a loved one; a child in crisis due to such family transitions as separation, divorce, and/ or relocation; a child who is chronically

*Parenting cont'd...*

**Sitka Tribe of Alaska Social Services**

**Phone:** 1-907-747-722

Contact: Melonie Boord

456 Katlian Street

Offers family outreach and Indian Child Welfare Program, financial assistance for low-income families.

**Youth Advocates of Sitka**

**Phone:** 1-907-747-3687

805 Lincoln St.

Parenting with Love and Limits (PLL) is a highly recognized evidence-based treatment model, known for its classification as Best Practice. Treatment focuses on decreasing conflicts within the family structure.

## **Public and Social Services**

**Alaska Immigration Justice Project (AIJP)**

**Phone:** 1-907-789-1326

9085 Glacier Highway, Suite 204, Juneau

**akijp.org**

The Alaska Immigration Justice Project is a non-profit agency that provides low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for immigration victims of domestic violence, sexual assault, and human trafficking.

**Alaska Lawyer Referral Service**

alaskabar.org (under public services)

**Phone:** 1-907-272-7469

**Toll Free:** 1-800-770-9999

840 K Street, Suite 100 Anchorage 99501

This is a referral service only and may give you an opportunity to find a lawyer that will help in a specific area, or one that can help a person who is experiencing language or cultural barriers.

**Alaska Legal Services Corporation**

8800 Glacier Highway, Suite 228, Juneau, AK 99801

**Phone:** 1-907-586-6425

Toll Free: 1-800-789-6426

**email:** [juneau@alsc-law.org](mailto:juneau@alsc-law.org)

**alsc-law.org**

ALSC is a federally funded, statewide organization that provides free legal services to those 60 and older, and others that meet financial eligibility.

**Alaska Network on Domestic Violence & Sexual Assault**

130 Seward Street, Suite 214, Juneau, AK 99801

**Phone:** 1-907-586-3650

**Toll Free:** 1-888-520-2666

**andvsa.org**

ANDVSA is committed to eliminating violence against women. It is a non-profit membership corporation made up of 18 statewide programs that provide services to victims of domestic violence and sexual assault, offender services, and adult crisis intervention services.

**Alaska Raptor Rehabilitation Center**

Contact: Jennifer Cross, Executive Director

P.O. Box 2984

1000 Raptor Way

**email:** [jennifer.cross@alaskaraptor.org](mailto:jennifer.cross@alaskaraptor.org)

**Phone:** 1-907-747-8662

Toll Free: 1-800-643-9425

**alaskaraptor.org**

A volunteer operated, non-profit organization dedicated to the preservation of wild animals and birds (bald eagles being the predominant species) through emergency medical treatment, research, rehabilitative care, and public education.

**Alaska, State of, Department of Labor & Workforce Development**

304 Lake Street, Suite 101

**Phone:** 1-907-747-3423

The Sitka Job Center assists persons seeking employment with local as well as statewide employers through the Alaska Job Center Network. Access to the Unemployment Unit via telephone, internet, in addition to assistance in opening an ALEXsys (Alaska Labor Exchange System) account and resume preparation for UI benefit eligibility. Free use of computers, telephone, fax and copier for purposes of seeking employment or dealing with employment related issues. Free resources for employers to include posting of job vacancies as well as specialized employer services such as Fidelity Bonding, Work Opportunity Tax Credits and Rapid Response Team Services and Employer Apprenticeship certifications.

Career Guide services to the local Sitka school district and area employers to include surrounding communities of Kake, Hoonah, Angoon, Port Alexander, Haines and Skagway. Can also initiate claims for Wage & Hour disputes and discrimination complaints. May provide training money for federal or state administered training funds. Resume prep as well as interviews skills workshops available.

**Alaska, State of, Division of Juvenile Justice Sitka Probation Services**

**Contact: Jeanette Hit, Juvenile Probation Officer**

**Phone:** 1-907-747-8608

**email:** Jeanette.hit@alaska.gov

**dhss.alaska.gov**

210 Moller Ave #A

The Division of Juvenile Justice is the primary responder to juvenile delinquency referrals from state and local law enforcement which includes determining an appropriate course of action, which may include formal court prosecution, referrals for counseling, community work service, residential treatment and other diversion type programs. DJJ is also responsible for the provision of active probation supervision of juveniles as ordered by the Superior Court which includes monitoring juvenile offenders to ensure their adherence to court orders, including payment of restitution and performance of community work service. Southeast Juvenile Probation offices have placed a considerable effort on developing programs consistent with the principles of Balanced and Restorative Justice. Community efforts in Ketchikan, Sitka and Juneau have resulted in the development of Youth Court programs.

**Alaska, State of, Division of Probation & Parole**

**Phone:** 1-907-747-6641

Contact: Jonathan Simmelink

**email:** jonathan.simmelink@alaska.gov

304 Lake Street, Room 210

The Sitka Probation Office is responsible for probation and parole supervision of offenders in Sitka, Petersburg, Wrangell, as well as Prince of Wales Island. Referrals are received through the court system and the parole board.

**Alaska, State of, Division of Public Assistance**

**Phone:** 1-907-747-8234

201 Katlian Street, Suite 107

**Toll Free:** 1-800-478-8234

Provides programs such as Food Stamps; Alaska Temporary Assistance Program for families with children; Adult Public Assistance (aid to the elderly, blind and disabled); Medicaid; Denali KidCare; Emergency Assistance; General Relief Assistance; and CAMA (Chronic and Acute Medical Assistance). 8:00am-4:30pm

**Alaska, State of, Div. of Vocational Rehabilitation**

**Phone:** 1-907-747-4788

304 Lake Street, Room 101

**Toll Free:** 1-800-478-2726

The mission of DVH is to assist individuals with disabilities to obtain and maintain employment while honoring and respecting each individual's strengths, skills, choices, abilities and culture.

**Alaska, State of, Office of Children's Services (OCS)** **Phone:** 747-2802/747-5105

Report Child Abuse: 1-800-478-4444

**Toll Free:** 1-800-478-8605

208 Lake Street, Suite 2G

Alaska Parent Line: 1-800-643-KIDS (5437)

Child protective services, information & referral, foster care licensing, & foster care for children.

**Chamber of Commerce, Greater Sitka**

**\*SEE PAGE 10**

**City and Borough of Sitka**

**Phone:** 1-907-747-3294

100 Lincoln Street

**cityofsitka.com**

**Sitka Conservation Society**

**\*SEE PAGE 10**

**Sitka Convention and Visitors Bureau**

**Phone: 1-907-747-8604**

Contact: Sandy Lorrigan, Executive Director  
104 Lake St.

**sitka.org**

**email:** [info@visitsitka.org](mailto:info@visitsitka.org)

Provides travel planning and convention information/services as well as information about members' local services for tourists.

**Sitka Economic Development Assoc. (SEDA)**

**Phone: 1-907-747-2660**

Contact: Garry White, Executive Director  
329 Harbor Drive, Suite 212

**sitka.net**

**email:** [GARRYWHITE@GCI.NET](mailto:GARRYWHITE@GCI.NET)

The goal of SEDA is to strengthen Sitka's economy by supporting existing businesses, attracting and nurturing appropriate new business, and ensuring continued economic diversification by fostering a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life for Sitkans.

**Sitka Global Warming Group/Sustainable Sitka**

**Phone: 1-907-747-2708**

Contact: Michelle Putz  
131 Shelikof Way

**sitkaglobalwarming.org**

**email:** [info@sitkaglobalwarming.org](mailto:info@sitkaglobalwarming.org)

SGWG's mission is to help Sitkans reduce their carbon footprint and prepare for the effects of a changing climate through education and community action.

**Sitka Legislative Information Office**

**Phone: 1-907-747-6276**

201 Katlian Street, Suite 200A (second floor)

**legis.state.ak.us**

**email:** [Sitka\\_LIO@legis.state.ak.us](mailto:Sitka_LIO@legis.state.ak.us)

Information on State and federal legislation and programs, public teleconferences, free message service to State legislators during session (POMS or fax), voter registrar, on-line PFD service, and connection to other State, federal government or public offices.

### **Sitka Local Foods Network**

**sitkalocalfoodsnetwork.org**

Contact: Charles Bingham, board president

**email:** sitkalocalfoodsnetword@gmail.com

**email:** sitkafarmersmarket@gmail.com

408 D Marine St.

Sitka Farmers Market (summer only)

The Sitka Local Foods Network is a non-profit group dedicated to promoting the growing, harvesting and eating of local foods in Sitka. Focus areas include: operation of the Sitka Farmers Market; expansion of local community and family gardens; planning a community greenhouse and education center; providing educational opportunities; and promoting the use of subsistence foods.

### **Sitka Police Department**

Contact: Police Chief Robert Baty

304 Lake Street, Room 102

Non-Emergency Dispatch: 1-907-747-3349

**Emergency: 911**

**Phone: 1-907-747-3245**

**sitkapd.com**

Animal Shelter: 1-907-747-3567

**Crime Line: 1-907-747-8980**

### **Sitka Tribe of Alaska Social Services**

**Phone: 1-907-747-3207**

456 Katlian St.

#### **◆ General Assistance**

General Assistance program is a source of monthly financial assistance to Alaska Natives/American Indians working toward self-sufficiency. Funding is provided to cover basic needs – groceries, shelter cost, heating oil and utilities.

#### **◆ Community Service Block Grant (CSBG)**

Community Services Block Grant provides a one- time emergency relief source during a calendar year to low-income Tribal Citizens who have experienced some difficulties meeting their basic needs.

#### **◆ Child Care and Development Fund (CCDF)**

Child Care & Development Fund provides low-income Alaska Native/American Indian families with childcare assistance. CCDF payments are made once a month to a childcare service provider.

#### **◆ Burial Assistance**

The Burial Assistance Program is an income based program that provides financial assistance to Indigent Alaska Native and American Indians.

### **The Sitka Homeless Coalition [SHC]**

**Phone:** 1-907-747-7978

The Sitka Homeless Coalition [SHC] is a group of compassionate Sitkans who desire to give unsheltered people the option to sleep under cover during the wet and wintery months of October to mid-April. First formed in summer 2017, the group continues to search for a location from which to serve and, meanwhile, sponsors showers and laundry options at the Laundromat on HPR, as well as meeting the unsheltered wherever they are to assist with securing identification cards, cell phone, family contact, referral for clothing and one meal daily, job information and in-patient hospital support. At the time of publication SHC does not have resources to rent hotel or hostel accommodations.

### **Tlingit & Haida's Tribal Temporary Assistance to Needy Families (TTANF)**

Employment & Training Division

**Phone:** 1-907-747-3991

Contact: Barbara Borgen

**Toll free:** 1-866-747-3790

**email:** [bborgen@ccthita.org](mailto:bborgen@ccthita.org)

**ccthita.org**

Contact: George Jackson

**email:** [GJackson@ccthita.org](mailto:GJackson@ccthita.org)

201 Katlian Street, Suite 200B

(second floor of Totem Square Inn)

Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida's Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

## **Arts**

### **Alaska State Council on the Arts**

**Phone:** 1-888-278-7424

161 Klevin Street, Suite 102, Anchorage

See their web site for additional info - [arts.alaska.gov](http://arts.alaska.gov)

Arts cont'd...

**Greater Sitka Arts Council**

Contact: Jeff Budd, Director

P.O. Box 564

**Phone:** 1-907-747-2787

**sitkaartscounsel.org**

Vision --art is vital to a healthy vibrant community. Mission--to increase awareness of the value of arts in Sitka through education, advocacy and programming. Major projects--Sitka Arti Gras Music & Arts Festival, Sitka Wearable Art Show, Community Theater programs, Sitka Artisan Market, Sitka "State" Fair, Annual Family Craft Fair, Community Calendar event, providing art scholarships to students, and much more.

**Island Artists Gallery**

**SEE PAGE 10**

**Sheet' ka Kwa'an Naa Kahidi Community House**

200 Katlian Street

Native performances and gift shop featuring native art. Building available for rent for performances and other special events.

**Phone:** 1-907-747-7290

**sitkatribes.org**

**Sitka Cirque**

Contact: Frances Donohoe, Director

207 Smith St.

**email:** sitkacirque@gmail.com

"The crossroads of creativity, athleticism and performance. We have classes for kids age 3 and up as well as a thriving adult program. We have over two dozen adult students and I believe more than 50 youth students. We climb, flip, spin and fall in fun and creative ways on a variety of aerial equipment. It requires a lot of strength building for many of our students to get started but with Frances Donohoe's incredible knowledge of the body and teaching ability our students find themselves passing their limits very quickly."

**Phone:** 1-907-738-0721

**sitkacirque.com**

**Sitka Fine Arts Camp**

Contact: Roger Schmidt, Director

P.O. Box 3086

This annual camp offers intense, high-quality professional instruction in music, dance, theater, visual arts, creative writing, computer and video production, and native arts with a rich and varied art opportunity outside the traditional classroom setting.

**Phone:** 1-907-747-3085

**fineartscamp.org**

*Arts cont'd...*

### **Sitka Studio of Dance**

**Phone:** 1-907-966-2557

Contact: Melinda McAdams, Owner/Instructor

1310 Sawmill Creek Road / P.O. Box 6325

Teaching dance (ballet, jazz, modern, tap, creative movement) to Sitkans age 3 through adults.

### **Sitka Summer Music Festival**

**Phone:** 1-907-747-6774

PO Box 3333

**sitkamusicalfestival.org**

**email:** Info@sitkamusicalfestival.org

This acclaimed chamber music festival is held the first three weeks of June each year featuring world class musicians. Performances are held on Fridays and Tuesdays. Special events include a family concert, crab feed, cruise and boat party.

### **Sitka Ukulele 100**

**<https://www.facebook.com/TheSitkaHundred/>**

Find Sitka ukulele 100 on Facebook for the latest information on free beginner ukulele classes - learn to play familiar songs old and new in a friendly, relaxed atmosphere. Bring your own uke! (Sometimes there's a loaner you can use to try it out.)

## **Museums**

### **Sheldon Jackson Museum**

**Phone:** 1-907-747-8981

104 College Drive

**[www.museums.state.ak.us/sheldon\\_jackson/sjhome.html](http://www.museums.state.ak.us/sheldon_jackson/sjhome.html)**

An Alaska State Museum specializing in Alaska Native artifacts is the State's oldest museum. Major cultures represented include Aleut, Yup'ik, Inupiat, Athabaskan, Tlingit, Haida and Tsimpshian. Programs, lectures, video film series, children's activities, and special traveling exhibits offered during the year. Summer hours (May 15- September 15) open daily from 9 am - 5 pm. Closed on holidays. Winter hours 10 am - 4 pm Tuesday through Saturday.

### **Sitka Historical Museum**

**Phone:** 1-907-747-6455

Contact: Hal Spackman

**sitkahistory.org**

330 Harbor Drive

**email:** sitkahis@ptialaska.net

Local history museum presents and conserves historic artifacts, documents, and photos. Contact the museum for volunteer opportunities.

# Outdoor and General Recreation

## **Alaska State Parks**

**Phone:** 1-907-747-6249

Contact: James Bunting  
3803 Halibut Point Road

Manages three parks on the Sitka road system and three State Parks in the Sitka area. Volunteer opportunities include assistance with maintenance, cleanup, and facility repairs.

## **Baranof Ballers**

**Phone:** 1-907-738-5178

Contact: Tatiana Perkins

**baranofballers.org**

Youth basketball program here in Sitka for Kids PreK-8th Grade.

## **Baranof Barracuda Swim Club**

**Phone:** 1-907-738-4664

Contact: Kevin Knox, Head Coach

**bbsc.sitka@gmail.com**

Sitka's premiere swim team. BBSC offers high quality, professional coaching and technique instruction for all ages and abilities. BBSC is a registered member of USA Swimming. The goal of our swim team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor. We will achieve this by teaching swimmers to set goals, respect each other, and work hard. They will do all this while forging an unbreakable team bond. We are a competitive team and we want these athletes to enjoy a safe, healthy, and fun activity...swimming. BBSC offers programs for ages 5 and up with our age group swimming, and masters swimming programs.

## **Blatchley Pool**

**Pool info:** 1-907-747-5677

Contact: Rick Jarvill

## **Hames Athletic & Wellness Center**

**Phone:** 1-907-747-5080

121 John Brady Drive (located on the Sitka Fine Arts Campus) **hamescenter.org**

Hames Center is Sitka's non-profit community wellness and recreation center that includes a full basketball court, 2 racquetball courts, full cardio and weight rooms, 2 classrooms, infrared saunas and more. Hames Center is open 80 hours/week and offers a variety of fitness classes, educational programs and family events. Daily, Weekly, Monthly and Annual rates available with discounted rates for youth and seniors.

**Kenwa Kai Karate of Sitka**

Contact: Sensei Laurinda Marcello

P.O. Box 654

**email:** [sensei@sitkakarate.org](mailto:sensei@sitkakarate.org)

Kenwa Karate of Sitka's mission is to provide high-quality karate instruction to youth and adults in Sitka. We teach a traditional Japanese karate style called Shito-ryu. We are dedicated to helping each student achieve their personal goals in karate and beyond. Kenwa Karate of Sitka offers a variety of classes throughout the year for those ages four years old & up. New students are always welcome.

**Phone:** 1-907-738-2887

**[sitkakarate.org](http://sitkakarate.org)**

**National Park Service - Sitka National Historical Park**

Contact: Mary Miller Superintendent

103 Monastery Street

**email:** [SITK-interpretation@nps.gov](mailto:SITK-interpretation@nps.gov)

Offers exhibits and audiovisual programs at the Visitor Center, tours of Russian Bishop's House, recreational opportunities such as trails and picnic areas, and Southeast Alaska Indian Cultural Center where visitors may view artists actively working on their projects.

**Phone:** 1-907-747-0110

**Outdoor Recreation and Community Access (ORCA)**

Contact: Rick Petersen

514 Lake Street, Suite C

The recreation program of SAIL (see page 16) providing recreational activities for people with disabilities. However, all abilities are welcome. Call for details.

**Phone:** 1-907-747-6859

**Sitka Cycling Club**

Contact: Doug Osborne or Charles Bingham

A group promoting safe and healthy cycling opportunities in Sitka, Alaska's first recognized Bicycle Friendly Community, a program run by the League of American Bicyclists

**[sitkacycling.wordpress.com](http://sitkacycling.wordpress.com)**

**Sitka Fastpitch Softball Club**

1417 Davidoff St.

Sitka Fastpitch Softball Club offers softball opportunities to girls in the Sitka area ages 6-18 years old. Opportunities included off season practices, clinics, travel and competitive play. We work closely with Sitka Little League to build a strong multi organization softball program for our girls. Please visit our website for more information.

**Phone:** 1-907-738-8018

**[sitkafastpitchsoftball.org](http://sitkafastpitchsoftball.org)**

**Sitka Grind Fitness**

Contact: Jarred Rivera, Owner

207 Smith St.

Strength and conditioning classes for kids and adults.

**Phone:** 1-907-738-9083

**[riverajarred26@gmail.com](mailto:riverajarred26@gmail.com)**

**Sitka Gymnastics**

Contact : Trisha Bessert

207 Smith St.

Sitka's recreational and competitive gymnastics program. Home of Southeast Alaska's only Foam Pit and a 40 foot trampoline! We host classes for those 18 months - Adult, as well as Birthday Parties and Open Gyms.

**Phone:** 1-907-623-0333

**[sitkagymnastics.com](http://sitkagymnastics.com)**

**Sitka Outdoor Recreation Coalition (Get Out, Sitka!)**

Contact: Charles Bingham

A former Sitka Health Summit project that promotes outdoor recreation opportunities in Sitka, especially for families and kids.

**Phone:** 1-907-623-7660

**[getoutsitka.wordpress.com](http://getoutsitka.wordpress.com)**

**Sitka Softball Association**

Contact: Ashley Haskins, Kelly Boddy

**Phone:** 1-907-738-2278

**Sitka Sockeyes Rugby Club**

Contact: Chris Turner

We are open to all levels and no experience is necessary to come, although players should be 18 and older. We play both contact and touch rugby and participate in tournaments around the State.

**Phone:** 1-907-623-8018

**Sitka Sound Slayers**

**Phone:** 1-907-738-4868

Hotwheelz118@gmail.com

It's a sport... women's flat track Roller Derby we have referees and non-skating officials... open to anyone who wants to have fun! Great group of people that like to work hard together, and have fun together.

**Sitka Trail Works, Inc.**

**Phone:** 1-907-747-7244

Contact: Lynne Brandon, Executive Director

**sitkatrailworks.org**

801 Halibut Point Road

Originally formed to employ displaced timber workers. Today the mission statement aims to contribute to the overall health of the community through the development, maintenance, and promotion of a comprehensive trail system in the Sitka area.

**USDA Forest Service - Tongass National Forest**

**Phone:** 1-907-747-6671

Sitka Ranger District, 2108 Halibut Point Rd

**fs.fed.us**

The Sitka Ranger District (an administrative sub-unit of the Tongass National Forest, Chatham area) provides information on management of natural resources located on District lands, which include Baranof and Kruzof Islands, as well as the southern and western portions of Chichagof Island. The District provides Smokey Bear or Woodsy Owl visits and materials, Natural Resource Education, assistance to schools and organizations, information on educational use of National Forest land administered by the District (i.e. Starrigavan and Sawmill Creek Campgrounds, Harbor Mountain Recreation Area, numerous cabins and trails), and other National Forest related information.

**Walk Sitka**

**Phone:** 1-907-623-7660

Contact: Charles Bingham

**walksitka.wordpress.com**

A program to promote safe and healthy walking in Sitka, which was Alaska's first official Walk Friendly Communities designee by the Pedestrian and Bicycling Information Center.

# Senior Services

## Adult Protective Services

**Phone:** 1-800-478-9996

Report harm or neglect of vulnerable adults

## Alaska Legal Services Corporation

**Phone:** 1-907-586-6425

8800 Glacier Highway, Suite 228

**Toll Free:** 1-800-789-6426

**email:** [juneau@alsc-law.org](mailto:juneau@alsc-law.org)

**alsc-law.org**

Provides legal services to socially and economically needy and to those 60 and older and others who meet financial eligibility.

## Tama Beven, LMT

**Phone:** 1-907-738-0400

Offering geriatric massage and End of Life Doula services.

## Brave Heart Volunteers

**Phone:** 1-907-747-4600

120 Katlian Street (Manager's House on the Pioneers' Home Campus)

**braveheartvolunteers.org**

Brave Heart Volunteers Yee gu.aa yáx x'wán (be of brave heart), provides compassionate care, companionship, respite and education to those facing illness, isolation, end of life and grief. Program services include volunteer training, orientation, and coordination; family caregiver information and grief support groups; a library and resource room. All services are provided free of charge.

## CAREGIVER RESOURCES

Southeast Senior Services Senior Caregiver & Resource Center (Juneau Office).

**Phone:** 1-907-463-6177

Senior Caregiver Support Advocate & Information also available at the Swan Lake Senior Center, Sitka.

**Phone:** 1-907-747-8617

**Center For Community**

**Phone:** 1-907-747-6960

700 Katlian Street, Suite B

- ◆ Personal Care Services – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Tamara Walsh Sitka Regional Manager for Community Services, email: [twalsh@cfc.org](mailto:twalsh@cfc.org)
- ◆ Respite Care Services – Providing a needed break for caregivers and families of people with disabilities, Alzheimer's and other dementia, and frail seniors. Terra Parsly, email: [tparsly@cfc.org](mailto:tparsly@cfc.org)

**Harry Race Durable Medical Equipment Services**

**Phone:** (907) 966-2104

Contact: Tammy Thom, DME Specialist

117 Granite Creek Rd., Sitka, AK99835

**email:** [tammythom@whitesalaska.com](mailto:tammythom@whitesalaska.com)

Services available include: mobility equipment, hospital beds and accessories, bath safety equipment, vascular support, orthopedic support, personal care items, and diabetic supplies. Many items available to be billed through Medicare, Medicaid, or Private Insurance with proper documentation.

**Mature Alaskans Seeking Skills Training (MASST)**

**Phone:** 1-907-586-6806

**email:** [info@serrc.org](mailto:info@serrc.org)

**[www.serrc.org/educational-services/masst/](http://www.serrc.org/educational-services/masst/)**

This program is designed to assist seniors with developing marketing skills with the opportunity to earn extra income while receiving part-time job site or educational training.

**Older Persons Action Group, Inc. (OPAG)**

**Phone:** 1-907-276-1059

3340 Arctic Blvd., #106, Anchorage, AK 99503

Toll free: 1-800-478-1059

Contact: James Bailey, Executive Director

**[seniorvoicealaska.com](http://seniorvoicealaska.com)**

**email:** [info@seniorvoicealaska.com](mailto:info@seniorvoicealaska.com)

Advocacy for older Alaskans. Publishes Senior Voice, a statewide newspaper for seniors and their families and caregivers, with online version at [www.seniorvoicealaska.com](http://www.seniorvoicealaska.com). Also publishes the statewide Directory for Older Alaskans.

*Senior Services Cont'd...*

**Southeast Alaska Independent Living (SAIL)**

**Phone:** 1-907-747-6859

Contact: Rick Petersen

514 Lake Street, Suite C

**email:** sitka@sailinc.org

A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with aging and/or disability issues who live in the community so they can remain active, involved, productive, integrated individuals.

**Swan Lake Senior Center**

**Phone:** 1-907-747-8617

Contact: Sandi Koval

402 Lake Street

**Senior Nutrition & Transportation Programs:**

**Senior lunches:** (age 60 & older) served Monday through Friday at 11:30 am; suggested free-will donation for senior lunch is \$5.00. Guests of seniors are welcome; there is a \$15.00 charge per meal for non-seniors. Homebound seniors call for information about delivery.

**Afternoon activities:** include exercise classes & other group activities; call for details. The Senior Center building is open from 9 am to 3:30 pm Monday through Friday.

**Transportation:** Senior & Paratransit Care-A-Van is a pre-scheduled door-to-door service for seniors age 60 and above; and for folks of all ages who have a disability, which prevents them from using the regular bus fixed-route system. Scheduled vans are wheelchair accessible. Call 907-747-8617 for more information about paratransit eligibility & application process.

**Senior & Paratransit Care-A-Van Hours:** Monday through Friday from 6:30 am to 7:30 pm. Riders are encouraged to call at least one day in advance; and can call up to 7-days ahead to pre-schedule rides. Flexibility with times will also offer riders their best opportunities for successful scheduling.

**Ride scheduling, donations, & fares:** Care-A-Van Dispatch office is open from 8 am – 4:30 pm Monday through Friday; call 907-747-8617 to pre-schedule rides. Free-will donations (\$2 per trip) are accepted from seniors and much appreciated to help support services. Paratransit Riders (under 60 years old) must pay \$2.00 per one-way trip; Care-A-Van Drivers do not handle cash so exact change is necessary.

**Saturday & Sunday:** Care-A-Van Senior Rides available from 8:45 am to 2 pm. These rides should be pre-scheduled before 4:30 pm on Fridays.

If something comes up after regular dispatch hours the Care-A-Van weekend & evening cell phone: 907-738-1333.

**Sitka Long-Term Care**

**Phone:** 1-907-747-3241

209 Moller Ave

For those who need more care than can be delivered at home, Sitka Long-Term Care offers professional, skilled nursing services in a protected home-like environment.

**Sitka Pioneers' Home**

**Phone:** 1-907-747-3213

120 Katlian Street

The Sitka Pioneer Home is an Eden Alternative® Registered Home. The home is committed to providing compassionate care to residents, staff, family and community in a home that nurtures the human body, mind and spirit while preserving dignity and individuality.

**State Care Line**

**Phone:** 1-877-266-4357

## Transportation

**Swan Lake Senior Center Van (Paratransit & Senior rides)**

**Phone:** 1-907-747-8617

Contact: Sandi Koval

The Senior Center van service provides transportation for persons with disabilities and seniors including transportation to and from the Center. Suggested senior donation is \$2.00 each way; paratransit non-senior rides must pay \$2.00 each way. Pre-Scheduled paratransit rides are available Monday through Friday from 6:30 am-7:30 pm; senior rides available on weekends between 8:45 am to 2:00pm. Please call and make a reservation in advance as van availability cannot be guaranteed at the last minute. After hours call **738-1113**.

**No Smoking Taxi Services:**

**Baranof Taxi and Tours**

**Phone:** 1-907-738-4722

**Cummins Taxi**

**Phone:** 1-907-738-3079

**Hank's Cab**

**Phone:** 1-907-747-8888

**No Smoking Taxi Services:**

**Martin's Taxi and Tours**

**Phone:** 1-907-738-0619

**Sitka Tours (Ferry Transport)**

**Phone:** 1-907-747-8443

**Sunset Cab**

**Phone:** 1-907-623-0979

**Toad's Taxi Llc**

**Phone:** 1-907-738-9795

**Why Wait Taxi**

**Phone:** 1-907-738-8294

**the RIDE Public Bus System**

**Phone:** 1-907-747-7103

456 Katlian Street

**ridesitka.com**

Punch cards and monthly bus passes may be purchased on the bus, Seamart, Old Harbor Books, and 456 Katlian Street. the RIDE operates Monday through Friday, from 6:30am to 7:30pm.

## **Sitka Healing Arts Network**

**Acupuncture and Oriental Medicine**

**Phone:** 1-907-747-6915

Joyce Ellen Krohn

264 Katlian Street / P.O. Box 6403

The Acupuncture and Oriental Medicine Clinic uses the medical principles of the healing arts of traditional Chinese and Japanese medicine to provide energetic balancing. Such treatment is useful for many medical conditions as well as to promote and maintain good health and prevent disease. Imbalances revealed by oriental assessment are treated by a variety of therapies.

**Alternative-Complementary Healing**

**Phone:** 1-907-747-3145

Aleeta Bauder CHT

**email:** A.L.BAUDER@ATT.NET

Certified Vibrational Health Practitioner, specializing in Psychoenergetic Heart-centered Therapy, Chakra Balancing and Quantum Field Clearing, using energy based transformation through the following modalities: Alchemical Hypnotherapy, Acupressure, Healing Touch, Reiki, Body Centered Therapy, Aroma-therapy, Flower Essence Therapy, Vibrational Health Therapy, and Craniosacral Therapy. By appointment only -- no drop ins.

**Arctic Chiropractic**

**Phone:** 1-907-747-2726

Contact: Patrice Reinhardt

315 Lincoln St., Suite 207

"Life is Good, When You're Pain Free" Treating Headaches, neck pain, chiropractic adjustments, physical therapy and rehabilitation, and therapeutic massage.

**Anam Cara**

**Phone:** 1-907-747-5985

Lisa Sadleir-Hart

**email:** anamcara39@gmail.com

815 Charles Street

Anam Cara offers spiritual formation workshops in the contemplative tradition, facilitated spiritual journey groups and individual spiritual direction.

**Baranof Wellness & Chiropractic**

**Phone:** 1-907-747-8502

310 Erler Street

Jake Walden DC; Karen Zamzow, D.C; Stan Filler, Massage Therapist;

Catherine Reynolds, Massage Therapist

"We are here to help Sitkan's get their health back in their hands. We are an alternative approach to drugs, radiation, or surgery. We offer multiple chiropractic techniques, massage, diet/nutritional counseling, decompression and other therapeutic modalities. We take the time to work with your situation individually and not run you through the standard approach."

**Spinning Moon Apothecary**

**Phone:** 1-907-738-7444

Leah Murphy and Zak Schafer

**email:** spinningmoonapothecary@gmail.com

Sitka's source for herbs, tinctures, teas, and whole being health.

**Sufi Meditation Circle**

**Phone:** 1-907-747-3678

Contact: Auriella Hughes, Coordinator

**email:** auriella@alaska.com

Individuals gather to meditate together, study teachings from the Sufi tradition, & share.

## **Therapeutic Massage**

**Phone:** 1-907-747-7311

Mo McBride ▼ Tess Heyburn ▼ Cherie Creek

110 American Street

A group of certified massage practitioners trained in a variety of modalities including Swedish massage, deep tissue, manual lymph drainage, craniosacral, myofascial massage, Healing Touch, chair, and hot stone massage. Hours are by appointment only. Out call services available on request. Gift certificates available, credit cards accepted.

## **Yoga Union**

**Phone:** 1-907-623-7022

Andrea Thomas ▼ Corrie Bosman ▼ Lisa Sadleir-Hart ▼ Michele Friedman ▼  
Sue Conrad ▼ Amelia Budd ▼ Jasmine Shaw ▼ Kari Fish ▼ Austin Killien ▼

Lauren Kenny

Kellogg Building on the Sitka Fine Arts Camp campus

[yogaunionsitka.com](http://yogaunionsitka.com)

Offering various levels of yoga instruction: Yoga Basics, Gentle Yoga, Dynamic Yoga, and Vinyasa Flow.

# **Sitka Native Associations**

## **Alaska Native Brotherhood (ANB) Camp #1**

**Phone:** 1-907-500-4400

Contact: George Chappell, President

235 Katlian Street, Suite A

The Alaska Native Brotherhood is a non-profit, fraternal organization established in 1912. The ANB has served Alaska in many ways including assisting in the development of society and in the preservation of Native culture, and ensuring that all people are treated equally. The first charter for the ANB was formed in Sitka by a group of Founding Fathers.

**Alaska Native Sisterhood (ANS) Camp #4**

**Phone:** 1-907-227-9102

Contact: Nancy Furlow

235 Katlian Street

The ANS works as a volunteer organization to promote, enhance and initiate social, cultural, health, and wellness issues that face Alaskan Natives or American Indians that reside in Sitka. ANS Camp #4 meets on a regular basis at the ANB Hall with meeting notices published in the newspaper. The ANS is open to any citizen of Sitka who wishes to join. A small fee is required.

**Baranof Island Housing Authority**

**Phone:** 1-907-747-5088

Contact: David Goade, Executive Director

245 Katlian / P. O. Box 517

Using Housing and Urban Development funds and matching funds from Alaska Housing Finance Corporation, BIHA builds and manages homes for Native-occupant participants in a lease-to-purchase program. BIHA also builds and manages low-income rental units. Occupants' payments for both programs are based on income.

**Gájaa Héen Dancers**

**Phone:** 1-907-738-1045

Contact: Lakrisha Johnson

A 6-12 grade youth dance group. Part of the Sitka Native Education Program. An Alaskan Native dance group that performs over 40 traditional Tlingit dances. Performances available upon request.

**Noow Tlein Dancers**

**Phone:** 1-907-752-0867

Contact: Lillian Young

Perform traditional Tlingit dances. Adult dance group.

**Shee Atiká Incorporated**

**Phone:** 1-907-747-3534

**Sheeatika.com**

Toll free in Alaska: 1-800-478-3534

315 Lincoln Street, Suite 300

Contact: Karl Potts, President & CEO

**email:** info@sheeatika.com

SAI is an urban corporation organized pursuant to the Alaska Native Claims Settlement Act.

**Sheet' ka Kwaan Naa Kahidi Community House**

**Phone:** 1-907-747-7290

Contact: Tonia

200 Katlian Street

Native performances and native art gift shop. Available for rent for meetings and other events.

**Sitka Cultural Center**

**Phone:** 1-907-747-8061

Contact: Nancy Douglas, Manager

Artists Studio: 1-907-747-8122

106 Metlakatla Street, Suite C

**email:** Douglasn81@gmail.com

The Sitka Cultural Center (formerly Southeast Alaskan Indian Cultural Center) was established in 1969 and became a non-profit organization in 1993. The mission of the Cultural Center is to sustain and perpetuate the art and culture of Southeast Alaska Natives. It is comprised of three art studios; fiber arts, metals and wood. Resident artists provide demonstration, instruction and interpretation of cultural arts. The Cultural Center is housed at the Sitka National Historical Park.

**Sitka Tribe of Alaska**

**Phone:** 1-907-747-7380

Toll Free: 1-800-746-3207

Contact: Alicia Gassman, General Manager

**sitkatribes.org**

456 Katlian Street

Social Services

**Phone:** 1-907-747-7293

Contracts with federal agencies to provide adult vocational training; direct employment assistance; higher education assistance and grants; housing improvement; Johnson O'Malley; and social services that include Indian Child Welfare Act services for people that are enrolled or eligible to be enrolled. Also provides services for children, youth and families exposed to domestic violence. Provides activities for at risk or high-risk youth.

**Sitka Tribal Enterprises**

**Phone:** 1-907-747-7394

Contact: Camille Ferguson

**sitkatribes.org**

246 Katlian Street

Includes the transaction of all or any lawful public and private fundraising efforts as well as the development, support, and management of economic development activities which may include education, cultural, and business development projects in support of the Sitka Native community of Sitka, Alaska.

### **Tlingit & Haida's Tribal Temporary Assistance to Needy Families (TTANF) Employment & Training Division**

201 Katlian Street, Suite 200B  
(second floor of Totem Square Inn)

Contact: Barbara Borgen

**email:** [bborgen@ccthita.org](mailto:bborgen@ccthita.org)

Contact: George Jackson

**email:** [GJackson@ccthita.org](mailto:GJackson@ccthita.org)

**Phone:** 1-907-747-3991

**ccthita.org**

Toll free: 1-866-747-3790

Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida's Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

## **Youth Services and Recreation**

**Alaska, State of, Division of Juvenile Justice**

**(SEE PAGE 10)**

### **Babies and Books**

**Phone:** 1-907-747-4022

Contact: Maite Lorente (or ask at the Library)

c/o Sitka Public Library, 320 Harbor Dr.

Babies and Books promotes literacy in families with newborn to 3 year-old children. All parents of newborns receive a board book in the hospital and resource guide newsletters are sent out at regular intervals and yearly birthday parties are held at the library.

### **Baranof Barracudas Swim Club (BBSC)**

**Phone:** 1-907-738-4664

Contact: Kevin Knox, Head Coach

**email:** [bbsc.sitka@gmail.com](mailto:bbsc.sitka@gmail.com)

Established in 1974 as the Sitka Swim Club, this non-profit, parent-run organization continues to build swimmers of all ages with the tradition of producing competitive Alaskan swimmers. The BBSC is associated with the nationwide USA Swimming Organization. Call for more info.

**Baranof Barracudas Swim Club (BBSC)**

**Phone:** 1-907-738-4664

Contact: Kevin Knox, Head Coach

**email:** [bbsc.sitka@gmail.com](mailto:bbsc.sitka@gmail.com)

Established in 1974 as the Sitka Swim Club, this non-profit, parent-run organization continues to build swimmers of all ages with the tradition of producing competitive Alaskan swimmers. The BBSC is associated with the nationwide USA Swimming Organization. Call for more info.

**Girl Scouts of Alaska**

**Phone:** 1-907-966-2599

Contact: Rose MacIntyre, Sitka Girl Scout Community Coordinator

**girlscoutsalaska.org**

1907 Cascade Creek Road

**email:** [susitna@gsscak.org](mailto:susitna@gsscak.org)

The Girl Scout Leadership Experience provides girls with three keys to leadership:

- ♦ **Discover:** Girls understand themselves and their values and use their knowledge and skills to explore the world.
- ♦ **Connect:** Girls care about, inspire, and team with others locally and globally.
- ♦ **Take Action:** Girls act to make the world a better place.

**JO Girls Fast Pitch Softball**

**Phone:** 1-907-747-3924

Contact: Lesa Way

Registration starts in March, season runs April through June. Open to girls ages 8 and up.

**Kenwa Kai Karate of Sitka**

**Phone:** 738-2887

Contact: Sensei Laurinda Marcello

[sitkakarate.org](http://sitkakarate.org)

P.O. Box 654

**email:** [sensei@sitkakarate.org](mailto:sensei@sitkakarate.org)

Kenwa Karate of Sitka's mission is to provide high-quality karate instruction to youth and adults in Sitka. We teach a traditional Japanese karate style called Shito-ryu. We are dedicated to helping each student achieve their personal goals in karate and beyond. Kenwa Karate of Sitka offers a variety of classes throughout the year for those ages four years old & up. New students are always welcome.

**Hames Athletic & Wellness Center**

**Phone:** 1-907-747-8096

801 Lincoln Street (just off Jeff Davis Street)

Offering education and recreation opportunities for people of all ages including youth and adult sports.

**Sitka Fastpitch Softball Club**

**sitkafastpitchsoftball.org**

1417 Davidoff Street

**email:** sitkafastpitchsoftball@gmail.com  
Sitka, Alaska 99835

**Sitka Fine Arts Camp**

**Phone:** 1-907-747-3085

Contact: Roger Schmidt, Director

**fineartscamp.org**

P.O. Box 3086

This annual camp offers intense, high-quality professional instruction in music, dance, theater, visual arts, creative writing, computer and video production, and native arts with a rich and varied art opportunity outside the traditional classroom setting.

**Sitka Little League**

**Phone:** 1-907-738-6603

P.O. Box 2761

**tshq.bluesombrero.com**

**email:** sitkalittleleague@gmail.com

Little League Baseball program for Tee Ball through Big League – ages 5 to 18, male and female.

**Sitka Native Education Program (SNEP)**

**Phone:** 1-907-747-8561

235 Katlian Street / P.O. Box 6210

**snep99835.tripod.com**

SNEP is a non-profit organization dedicated to the education of the Native youth of Sitka, Alaska. Some of the services we provide are traditional Native education including; language, songs, dance, drumming and beading. We also provide tutoring services for students of all grade levels throughout all the schools in the Sitka/Mt. Edgecumbe area. We have transportation available for the students who would otherwise not be able to attend our classes and we also have limited preschool tuition assistance.

